

CU Health Plan – Kaiser

A guide to your benefits



Funded by the CU Health and Welfare Trust



Health Plan
Kaiser

Welcome

Thank you for selecting the CU Health Plan as your insurance provider. By choosing this plan, you're backed by a team dedicated to providing you with the best health coverage possible and helping you save money at a time when healthcare costs are rising. You're committed to your personal wellness, and so are we.

If you're reading this, you're probably looking for information on how your plan works. You have enrolled in a health benefit plan that, pursuant to the terms of this booklet, pays for many of your health care expenses, including most expenses for physician and outpatient care, emergency care and hospital inpatient care.

This plan is self-funded by the University of Colorado Health and Welfare Trust. That means all of the claims you make will be paid by the trust, which is funded by contributions from you and other subscribers at the University of Colorado, UHealth and CU Medicine. Kaiser Permanente provides administrative services only, including provider network contracting, member services, pharmacy benefits management, care management other administrative services.

This booklet is a guide to your plan. Please review this document to become familiar with your benefits, including their limitations and exclusions. Keep it in a convenient place for quick reference when you need it. By learning how your coverage works, you'll be able to make the best healthcare decisions possible and take advantage of all the great benefits available to you.

For questions about coverage or how benefits are administered, please visit BeColorado.org or call Kaiser's Member Services department. The toll-free Member Services department number is located on your Health Benefit ID Card.

Thank you for selecting the CU Health Plan for your healthcare needs. We wish you good health.



Tony DeCrosta
Chief Plan Administrator
University of Colorado Health and Welfare Trust

TABLE OF CONTENTS

TABLE OF CONTENTS	3
INTRODUCTION	7
CUSTOMER SERVICE PHONE NUMBERS	8
DEFINITIONS	9
ELIGIBILITY, ENROLLMENT AND EFFECTIVE DATE.....	16
Plan eligibility requirements	16
Service Area eligibility requirement.....	16
Participant.....	16
Dependents	16
Medicare-Eligible Members	18
Enrollment Process.....	18
Military Service	21
How to Change Coverage.....	21
Termination.....	21
HOW TO OBTAIN SERVICES	24
Routine Care.....	24
Urgent Care	24
Advice Nurses.....	24
Your Personal Network Physician.....	24
Telemedicine	25
Referrals	25
Self-Referrals.....	25
Prior Authorizations	26
Required Prior-Authorization List.....	27
Second Opinions	27
Your Identification Card	27
Receiving Care in Other Kaiser Permanente Regions.....	28
Moving Outside of the Service Area	28
Getting Assistance.....	28
Interpreter services	28
Network Facilities.....	29

Emergency, Post-Stabilization, and Out-of-Area Urgent Care You Receive from Non– Network Providers.....	30
Emergency Services	30
Post-Stabilization Care	31
Out-of-Area Urgent Care.....	31
Services Not Covered Under this "Emergency, Post-Stabilization, and Out-of-Area Urgent Care You Receive from Non–Network Providers" Section	33
Payment and Reimbursement	33
Cost Sharing.....	33
Out-of-Area Benefit Non-Urgent or Emergency Care (dependents only).....	33
 BENEFITS AND COST SHARING.....	 35
Medical necessity	35
Cost Sharing (Copayments and Coinsurance).....	35
Benefit Maximums and Benefit Limits	37
Plan year Out-Of-Pocket Maximums	37
Outpatient Services	37
Hospital Inpatient Services	38
Acupuncture Services	39
Allergy Services	39
Ambulance Services	39
Chiropractic Services	40
Clinical Trials	41
Dental Related Medical Care	43
Dialysis Care.....	43
Durable Medical Equipment (DME), External Prosthetics and Orthotics.....	44
Education and Training for Self-Management.....	45
Emergency Services	45
Fertility Services	46
Hearing Aids - Pediatric	46
Home Health Services	47
Home Infusion Services	48
Hospice.....	48
Maternity Services	49
Medical Foods	49
Mental Health Services	50
Outpatient Laboratory, X-ray, Imaging and Other Special Diagnostic Procedures	51
Outpatient Prescription Drugs.....	51
Preventive Exams and Services	55

Reconstructive Surgery..... 60

 Rehabilitative and Habilitative Services (Including Early Intervention Services for
Developmental Delays..... 60

Therapies for Congenital Defects and Birth Abnormalities..... 61

Early Intervention Services Provided Through CCB 62

Treatment for Pervasive Developmental Disorders 64

Skilled Nursing Facility Services 65

Substance Use Disorder Services 66

Transplant Services 66

Urgent Care Services..... 67

Vision Exams (routine)..... 68

 GENERAL EXCLUSIONS AND LIMITATIONS 69

General Exclusions 69

General Limitations 72

Coordination of Benefits..... 72

Order of Benefit Determination Rules 75

Reductions..... 82

 DISPUTE RESOLUTION 89

Grievances..... 89

 CLAIMS AND APPEALS 90

Timing of Claim Determinations..... 90

How to File a Claim..... 92

Restrictions Against Assignment of Benefits..... 93

If a Claim Is Denied 93

How to Appeal a Denied Claim 94

Deemed Exhaustion 101

Procedures on Appeal 101

Timing of Initial Appeal Determinations..... 102

Notice of Determination on Initial Appeal 102

How to File a Final Appeal 103

Timing of Final Appeal Determinations 103

Notice of Determination on Final Appeal..... 104

Next Steps 104

External Review 104

Preliminary Review Of External Review Request 105

Referral To Independent Review Organization 106

Reversal Of Plan's Decision	108
Expedited External Review	108
Request For Expedited External Review	108
Preliminary Review	108
Referral To Independent Review Organization	109
Notice Of Final External Review Decision.....	109
Your Claim After External Review.....	109
 BINDING ARBITRATION.....	 110
Arbitration Agreement for Participants and Dependents Assigned to the Kaiser Permanente Colorado Region	 110
 CONTINUATION OF COVERAGE	 111
USERRA Continuation Coverage	117
 MISCELLANEOUS PROVISIONS	 118
Overpayment Recovery	118
Qualified Medical Child Support Order.....	118
 NOTICES.....	 118
Newborn Baby and Mother Protection Act.....	118
Women's Health and Cancer Rights Act of 1998.....	118
 SERVICES AREAS.....	 119
Service Areas for Northern Colorado.....	119
Service Areas for Denver Boulder Colorado	119
Service Areas for Southern Colorado	120
Service Areas for Mountain Colorado	121
Pharmacy Claim Form	122
Non-Discrimination Notices.....	126
Consumer Assistance Tools	128
 SUMMARY CHART	 132

INTRODUCTION

This is not an insured benefit plan. Plan benefits are self-insured. The University of Colorado Health and Welfare Trust (the “Trust”) is responsible for payment of Plan Benefits. Kaiser Permanente Insurance Company provides only administrative services on behalf of the University of Colorado Health and Welfare Plan and Trust and does not insure the Plan benefits.

The Regents of the University of Colorado (the "Plan Sponsor") and the University of Colorado Health and Welfare Trust Committee are pleased to sponsor the **CU Health Plan- Kaiser** (known in this Benefits Booklet as the “Plan”) but which is a component benefit plan of the University of Colorado Health and Welfare Plan.

The Plan covers, and the Trust pays for the benefits described in this Benefits Booklet. Kaiser Permanente Insurance Company (KPIC) provides administrative services for the Plan but is not an insurer of the Plan or financially liable for Plan benefits. The Plan Sponsor self-insures the Plan. The Plan Sponsor retains exclusive and ultimate responsibility for administration of the Plan.

This Benefits Booklet describes the basic features of the Plan and contains only a summary of the key parts of the Plan and a brief description of your rights as a Participant. This Benefits Booklet is not the complete official Plan document. If there is a conflict between the Plan document and this Benefits Booklet, the Plan document will govern. A complete description of the Plan is on file at the office of the Plan Sponsor.

The Plan is an Exclusive Provider Organization plan (EPO). Therefore, you must receive all Covered Services from Network Providers, except that you can receive covered Emergency Services, Post-Stabilization Care, and Out-of-Area Urgent Care from non-Network Providers as described in the “Emergency Services and Non-Emergency, Non-Routine Care” section.

When you enroll in the Plan, your care will be provided in one of the following Kaiser Permanente Regions: Denver/Boulder, Southern Colorado or Northern Colorado. Each Kaiser Permanente Region has its own Service Area, but you can receive Covered Services in any Region’s Service Area.

Language Assistance

SPANISH (Español): Para obtener asistencia en Español, llame al 866-213-3062

TAGALOG (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 866-213-3062

CHINESE (中文): 如果需要中文的帮助, 请拨打这个号码 866-213-3062

NAVAJO (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 866-213-3062

Plan reserves the right to amend, reduce, suspend or terminate any of the terms of the plan or coverage with a Notice of Material Modifications to enrollees not later than 60 days prior to the date on which such modification will become effective.

CUSTOMER SERVICE PHONE NUMBERS

General Member Service

Colorado Region 877-883-6698

TTY 877-870-0283

Utilization Management for Out-of Network Emergency Services

Colorado Region 303-338-3800

Advice Nurses

Colorado Region 866-311-4464

Interpreter Services

Colorado Region 877-883-6698

Pharmacy Benefit Information

Colorado 866-427-7701

Claims Administrator:

KPIC Self-Funded Claims Administrator

P.O. Box 30547

Salt Lake City, UT 84130-0547

Payor ID # 94320

DEFINITIONS

In this Benefit Booklet, Participants and Dependents may be referred to as “You /you” or “Your / your.”

The following terms, when capitalized and used in any part of this Benefits Booklet mean:

Adverse Benefit Determination:

- A denial, reduction, or termination of a benefit by the Plan, or a failure of the Plan to provide or make payment (in whole or in part) for a benefit, including any denial, reduction, termination, or failure to provide or make payment that is based on a determination of your, or your beneficiary’s, eligibility to participate in the Plan.
- A denial, reduction, or termination of a benefit by the Plan, or a failure of the Plan to provide or make payment (in whole or in part) for a benefit resulting from the application of any utilization review; and a failure of the Plan to cover an item or service for which benefits are otherwise provided because such item or service is determined to be experimental or investigational or not Medically Necessary or appropriate.

Allowance: A dollar amount the Plan will pay for benefits for a service during a specified period. Amounts more than the Allowance are your responsibility to pay and do not apply toward your Out-of-Pocket Maximum.

Claims Administrator: Kaiser Permanente Insurance Company (KPIC) is the self-funded Claims Administrator. You can find the Claims Administrator’s address in the “Customer Service Phone Numbers” section and on your Kaiser Permanente ID card.

Clinically Stable: You are considered Clinically Stable when your treating physician believes, within a reasonable medical probability and in accord with recognized medical standards, that you are safe for discharge or transfer and that your condition is not expected to get materially worse during, or because of, the discharge or transfer.

COBRA: Consolidated Omnibus Budget Reconciliation Act of 1985. COBRA shall also refer to the generally parallel continuation requirements provided under the Public Health Service Act.

Coinsurance: A percentage of Eligible Charges that you must pay for certain Covered Services.

Community Pharmacy: A retail pharmacy under contract with Kaiser Permanente.

Copayment: A specified dollar amount that you must pay for certain Covered Services.

Cost Sharing: Copayments, Coinsurance and Deductibles.

Covered Service: Services that meet the requirements for coverage described in this Benefits Booklet.

Deductible: The amount you are required to pay for certain types of Covered Services during a plan year, before benefits will be paid.

Dental Services: Items and Services provided in connection with the care, treatment, filling or removal, or replacement of teeth or structures directly supporting the teeth. (Structures supporting the teeth mean the periodontium, which includes the gingivae, dentogingival junction, periodontal membrane, cementum of the teeth and alveolar process.)

Dependent: A person who is enrolled in the Plan if the person's relationship to the Participant meets the Employer's requirements for eligibility. A dependent includes a Spouse/Partner, as defined by the Employer. This Benefits Booklet sometimes refers to a Dependent or Participant as "you." Third generation dependents or dependents of a dependent are covered for the first 31 days of life. See Eligibility section for more information regarding Grandchildren.

Durable Medical Equipment (DME): Durable Medical Equipment (DME) is a device or instrument of a durable nature that meets all of the following requirements:

- It can withstand repeated use;
- It is primarily and customarily used to serve a medical purpose;
- It is generally not useful to a person in the absence of illness or injury; and
- It is appropriate for use in your home.

Eligible Charges:

- For Services provided by the Plan, the charge in the relevant Kaiser Foundation Health Plan's schedule of Kaiser Permanente charges for Services provided to participants.
- For Services that Network Providers (other than Kaiser Permanente) provide under a contract with Kaiser Permanente, the amount that the provider has agreed to accept as payment in full under that contract.
- For items obtained at a pharmacy owned and operated by Kaiser Permanente, the amount the pharmacy would charge you for the item if

your benefits did not cover the item (this amount is an estimate of: the cost of acquiring, storing, and dispensing drugs and other items, the direct and indirect costs of providing Kaiser Permanente pharmacy Services, and the pharmacy program's contribution to the net revenue requirements of the relevant Kaiser Foundation Health Plan).

- For all other Services, the amounts that the Plan pays for the Services or, if the Plan subtracts Cost Sharing from its payment, the amount the Plan would have paid if it did not subtract Cost Sharing.

Emergency Services: All the following with respect to an Emergency Medical Condition:

- A medical screening examination (as required under the Emergency Medical Treatment and Active Labor Act) that is within the capability of the emergency department of a hospital, including ancillary services routinely available to the emergency department to evaluate the Emergency Medical Condition.
- Within the capabilities of the staff and facilities available at the hospital, the further medical examination and treatment that the Emergency Medical Treatment and Active Labor Act requires to Stabilize the patient.

Emergency Medical Condition: A medical or psychiatric condition manifesting itself by acute symptoms of sufficient severity (including severe pain) such that a prudent layperson, who possesses an average knowledge of health and medicine, could reasonably expect the absence of immediate medical attention to result in any of the following:

- Placing the person's health (or, with respect to a pregnant woman, the health of the woman or her unborn child) in serious jeopardy
- Serious impairment to bodily functions; or
- Serious dysfunction of any bodily organ or part

Employer: University of Colorado, University of Colorado Hospital Authority and University of Colorado Medicine.

Family: A Participant and all of his or her Dependents.

Hearing Aid: An electronic device you wear for amplifying sound and assisting the physiologic process of hearing, including an ear mold if necessary.

HIPAA: Health Insurance Portability and Accountability Act of 1996, as amended.

Hospice: A specialized form of interdisciplinary health care designed to provide palliative care and to alleviate the physical, emotional, and spiritual discomforts you may experience during the last phases of life due to a terminal illness. It also provides support to your primary caregiver and your family.

Kaiser Permanente: A Network of Providers that operate through eight Regions, each of which has a Service Area. For each Kaiser Permanente Region, Kaiser Permanente consists of Kaiser Foundation Hospitals (a California nonprofit corporation) and the **Medical Group** for that Region:

- Kaiser Foundation Health Plan, Inc., for the Northern California Region, the Southern California Region, and the Hawaii Region
- Kaiser Foundation Health Plan of Colorado for the Colorado Region
- Kaiser Foundation Health Plan of Georgia, Inc., for the Georgia Region
- Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., for the Mid-Atlantic States Region
- Kaiser Foundation Health Plan of the Northwest for the Northwest Region
- Kaiser Foundation Health Plan of Washington for the Washington Region

KPIC: Kaiser Permanente Insurance Company, which provides claims administrative services for the Plan.

Medically Necessary: A Service is Medically Necessary if, in the judgment of the Plan, it meets all the following requirements:

- It is required for the prevention, diagnosis, or treatment of your medical condition;
- Omission of the Service would adversely affect your condition;
- It is provided in the least costly medically appropriate setting; and
- It is in accord with generally accepted professional standards of practice that is consistent with a standard of care in the medical community.

Medicare: A federal health insurance program for people age 65 and older, and certain people with disabilities or end-stage renal disease (ESRD).

Network Provider: A Network Hospital, Physician, Pharmacy, Skilled Nursing Facility, Medical Group, or any other health care provider under contract with Kaiser Permanente to provide Covered Services. Network Providers are subject to change at any time without notice. For current locations of Network facilities please call Customer Service at the number listed in the “CUSTOMER SERVICE PHONE NUMBERS” section. To find a Kaiser Pharmacy visit **kp.org/cuhealthplan** - select the *My Health Manager* tab, select Pharmacy center.

Network Facility: Any facility listed in the provider directory which can be found by visiting **kp.org/cuhealthplan**. Note: Facilities are subject to change at any time, for the current locations, call Customer Service.

Network Hospital: A licensed hospital owned and operated by Kaiser Foundation Hospitals or another hospital which contracts with Kaiser Foundation Hospitals to provide Covered Services.

Network Pharmacy: A pharmacy owned and operated by Kaiser Permanente, or another pharmacy that Kaiser Permanente designates.

Network Physician: A licensed physician who is a partner, shareholder, or employee of the Medical Group, or another licensed physician who contracts with the Medical Group to provide Covered Services.

Network Ancillary Providers: Non-MD providers such as Psychologists, MFCCs, LCSWs, Optometrists, Physical, Speech, and Occupational Therapy. Such providers will be subject to the primary care Costshare, however, verify referral requirements in the How to Obtain Services section.

Network Primary Care Provider: Family Practice, Internal Medicine, Pediatrics, and Obstetrics / Gynecology. Note: Physician Assistants and Nurse Practitioners may be treated as Primary Care Providers or Specialists based the supervising physicians' provider status.

Network Specialist: Medical Doctor with a specialty not considered primary care. Note: Physician Assistants and Nurse Practitioners may be treated as Primary Care Providers or Specialists based the supervising physicians' provider status.

Medical Group: The following medical groups for the following Kaiser Permanente Regions:

- The Permanente Medical Group for the Northern California Region
- The Southern California Permanente Medical Group for the Southern California Region
- Colorado Permanente Medical Group, P.C., for the Colorado Region
- The Southeast Permanente Medical Group, Inc., for the Georgia Region
- Hawaii Permanente Medical Group, Inc., for the Hawaii Region
- Mid-Atlantic Permanente Medical Group, P.C., for the Mid-Atlantic States Region
- Northwest Permanente, P.C., Physicians & Surgeons, for the Northwest Region
- Washington Permanente Medical Group, P.C.

Network Skilled Nursing Facility: A licensed facility that provides inpatient skilled nursing care, rehabilitation services, or other related health services that contracts with Kaiser Permanente to provide Covered Services. The facility's primary business is the provision of 24-hour-a-day skilled nursing care. The term

“Skilled Nursing Facility” does not include convalescent nursing homes, rest facilities, or facilities for the aged, if those facilities furnish primarily custodial care, including training in routines of daily living. A “Skilled Nursing Facility” may also be a unit or section within another facility if it continues to meet the definition.

Non-Network Provider or Out-of-Network Provider: Any provider that is not a Network Provider.

Out-of-Pocket Maximum: The maximum dollar amount you can be required to pay for certain Covered Services you receive during a plan year. This amount includes Cost Sharing amounts.

Participant: Participant means the person in whose name the membership is established. This Benefits Booklet sometimes refers to a Dependent or Participant as “you.”

Plan: The plan named in the “Introduction” section: CU Health Plan-Kaiser.

Plan Sponsor: The Regents of the University of Colorado.

Plan Year: The date span (Plan begin and end dates) July 1 to June 30.

Post-Stabilization Care: Medically Necessary Services related to your Emergency Medical Condition that you receive after your treating physician determines that your condition is Clinically Stable.

Primary Care: Care provided by a Network Provider who specializes in internal medicine, pediatrics or family practice Services.

Prior Authorization: Medical Necessity approval obtained in advance which is required for certain services to be Covered Services under the Plan. Authorization is not a guarantee of payment and will not result in payment for services that do not meet the conditions for payment by the Plan.

Prosthetics and Orthotics: An external prosthetic device is a device that is located outside of the body which replaces all or a portion of a body part or that replaces all or portion of the function of a permanently inoperative or malfunctioning body part. Internally implanted prosthetic devices are devices placed inside the body through a surgical incision which replaces all or a portion of a body part or that replaces all or portion of the function of a permanently inoperative or malfunctioning body part. Orthotics are rigid or semi-rigid external devices that are used for the purpose of supporting a weak or deformed body part, improving the function of moveable parts or for restricting or eliminating motion in a diseased or injured part of the body.

Reconstructive Surgery: Surgery to improve function and under certain conditions, to restore normal appearance after significant disfigurement.

Region: A geographic area serviced by Kaiser Permanente. See “Kaiser Permanente” in this “Definitions” section.

Services: Healthcare, including mental health care, services and items.

Service Area: A smaller geographic area of a Kaiser Permanente Region.

Specialty Care: Care provided by a Network Provider who provides Services other than Primary Care Services.

Spouse: Your legal spouse/partner, as defined by the Employer. Spouses are eligible for COBRA coverage. Partners and children of partners are eligible through the Employer for continuation of coverage under the same time conditions and time periods as COBRA.

Stabilize: To provide the medical treatment of the Emergency Medical Condition that is necessary to assure, within reasonable medical probability that no material deterioration of the condition is likely to result from or occur during the transfer of the person from the facility. With respect to a pregnant woman who is having contractions, when there is inadequate time to safely transfer her to another hospital before delivery (or the transfer may pose a threat to the health or safety of the woman or unborn child), “Stabilize” means to deliver (including the placenta).

Urgent Care: Medically Necessary Services for a condition that requires prompt medical attention but is not an Emergency Medical Condition. If you think you may need Urgent Care, call the Urgent Care or advice nurse telephone number (see the “Customer Service Phone Numbers” section or www.kp.org). Note: Urgent Care received in a Kaiser Permanente Service Area from a Non-Network provider or emergency department is not covered.

For information about Urgent Care outside the Service Area, please refer to the ["Emergency, Post-Stabilization, and Out-of-Area Urgent Care You Receive from Non-Network Providers"](#) section.

ELIGIBILITY, ENROLLMENT AND EFFECTIVE DATE

Plan eligibility requirements

You must meet the Plan's eligibility requirements listed below:

Service Area eligibility requirement

The Participant must live/work in a Kaiser Colorado Service Area at the time of enrollment. You cannot enroll or continue enrollment as a Participant or Dependent if you cease to live/work within a Kaiser Service Area as identified on kp.org.

Note: You may receive Urgent and Emergent care outside a Kaiser Service Area; see the Emergency, Post-Stabilization, and Out-of-Area Urgent Care You Receive from Non-Network Providers section for more information.

Participant

The Participant means in whose name the membership is established.

An eligible employee who has a regular work week, a Regent Board member, or special category retiree as specified in the University of Colorado Health and Welfare Plan Document is eligible to enroll for benefits as a Participant. The Participant must contact the Employer for the minimum number of hours that must be worked per week and other requirements to qualify for benefits.

Dependents

A Participant's Dependents may include the following:

- **Spouse/Partner, as defined by the Employer.**
- **Newborn child.** A newborn child born to the Participant or Participant's Spouse is covered under the Participant's membership for the first 31 days after birth. If the mother of the newborn child is a Dependent child of the Participant see the "**Grandchild**" heading in this section.

During the first 31-day period after birth, benefits for a newborn child shall consist of Medically Necessary care for injury and sickness, including well child care and treatment of medically diagnosed Congenital Defects and Birth Abnormalities, without regard to the limitations and exclusions applicable to other conditions or procedures or services covered under this Benefits Booklet. ***Services provided during the first 31 days of coverage may be subject to the Cost Sharing requirements and any benefit maximums applicable to other sicknesses, diseases and conditions otherwise covered.***

To continue the newborn child's participation in the coverage beyond the 31-day period after the newborn child's birth, the Participant must complete and submit a Benefits Enrollment/Change Form or online submission to the Employer to add the newborn child as a Dependent child to the Participant's plan. The Employer must receive the Benefits Enrollment/Change Form or online submission within 31 days after the birth of the child to continue coverage for the 32nd day and thereafter. For example: the newborn child is born on January 15th, you have 31 days from the birth to notify the Employer of the newborn's birth. If the current coverage is a single only plan and the child is to continue coverage beyond 31 days, the effective date of coverage for the newborn child is on the date of birth and the change in the premium payment is effective on February 1st.

- **Adopted child.** An unmarried child (who has not reached 18 years of age) adopted while the Participant or the Participant's Spouse is eligible for benefits will be covered for 31 days after the date of placement for adoption.

"Placement for adoption" means circumstances under which a Participant assumes or retains a legal obligation to partially or totally support a child in anticipation of the child's adoption. A placement terminates when the legal obligation for support terminates.

To continue the adopted child's eligibility in the Plan beyond the 31-day period after the adopted child's placement, the Participant must complete and submit a Benefits Enrollment/Change Form or online submission to the Employer to add the adopted child as a Dependent child to the Participant's benefit Plan. The Employer must receive the Benefits Enrollment/Change Form or online submission within 31 days after the placement of the child for adoption to continue coverage for the 32nd day and thereafter. For example: the placement of the adopted child is on January 15th, you have 31 days from the placement to notify the Employer of the adoption. If the current coverage is a single only plan and the child is to continue coverage beyond 31 days, the effective date of coverage for the adopted child is on the date of placement and the change in the premium payment is effective on February 1st.

- **Dependent child.** A Participant's son, daughter, stepson, stepdaughter or eligible foster child, including a legally adopted individual or an individual who is lawfully placed with the Participant for legal adoption, or a child for whom the Participant has established parental responsibility (as evidenced by court documents), may be covered under the terms of this Benefits Booklet through the end of the calendar month in which the child turns 27. There may be tax consequences to the Participant when enrolling his or her child through the calendar month in which the child turns age 27. There may also be tax consequences to the Participant when enrolling his or her partner's child. A Dependent child of a Participant who is no longer eligible for coverage may be eligible for continuation coverage. Information can be found under the

heading “**Continuation of Benefits**” in this section of this Benefits Booklet. The dependents (spouse or child) of a Dependent child are not eligible for coverage under this Benefits Booklet.

- **Disabled Dependent child.** An unmarried child who is 27 years of age or older, medically certified as disabled, and a Dependent of the parent may be covered under the terms of this Benefits Booklet. The Employer must receive notice of the disability for the disabled Dependent coverage to continue after the Dependent child turns age 27.
- **Grandchild.** After the first 31 days of life, a grandchild of a Participant or a Participant’s Spouse is not eligible for benefits unless the Participant or the Participant’s Spouse is the grandchild’s court-appointed permanent guardian or has adopted the grandchild. The Participant must submit a Benefits Enrollment/Change Form or online submission and evidence of court appointment as permanent guardian or documents evidencing a legal adoption to the Employer.

Medicare-Eligible Members

Before you become age 65, or if you qualify for Medicare benefits through other circumstances, you are responsible for contacting the local Social Security Administration office to establish Medicare eligibility. You should then contact your Employer to discuss your options.

For information on how the benefits will be coordinated with Medicare when coverage under this Benefits Booklet is continued, see the “Coordination of Benefits” section of this Benefits Booklet.

Enrollment Process

For eligible employees and their eligible Dependents to participate in the Plan, the Participant must follow the Employer’s enrollment process, which details who is eligible and what forms are required for enrollment. Eligibility for benefits under this Benefits Booklet begins as of the Effective Date as indicated in the Employer’s files. No services received before the date of coverage will be paid by the Plan.

You need to contact your Employer at the department below for details regarding required documentation for adding Spouses and Dependents.

- University of Colorado – Employee Services
- University of Colorado Medicine – Human Resources
- UCHHealth – Human Resources

Note: Submission of an Employer required Enrollment Change/Form or online submission to the Employer does not guarantee your enrollment.

Initial Enrollment

Eligible employees may apply for benefits for themselves and their eligible Dependents by submitting a Benefits Enrollment/Change Form or online submission. The Employer must receive the Benefits Enrollment/Change Form or online submission within 31 days after the date of hire or within 31 days of the expiration of the waiting period, as defined in the Employer's new hire policy. The Effective Date of eligibility for benefits will be determined in accordance with any established waiting period as determined by the Employer. The Employer will inform the employee of the length of the waiting period.

Open Enrollment

Any eligible employee may re-enroll during the Employer's annual Open Enrollment period, which is generally a 2-3-week period before the beginning of the Plan year. The Employer will provide the Open Enrollment period date to the eligible employee.

Newly Eligible Dependent Enrollment

A current Participant of this coverage may add a Dependent who becomes newly eligible due to a qualifying event. Qualifying events include marriage, partnership, birth, placement for adoption or issuance of a qualified medical child support court order. The Employer must receive a Benefits Enrollment/Change Form or online submission for the addition of the Dependent within 31 days after the date of the qualifying event. Eligibility for benefits will be effective on the first of the month following the qualifying event.

When the Participant or the Participant's Spouse is required by a qualified medical child support order to provide medical benefits, the eligible Dependent must be enrolled within 31 days of the issuance of such order. The Employer must receive a copy of the court or administrative order with the Benefits Enrollment/Change Form or online submission.

Special Enrollment for Eligible Employees and Eligible Dependents

Special enrollment is available for eligible employees and their eligible Dependents who currently are not enrolled in the Employer benefit plan. Special enrollment is allowed when a family status change occurs or when an involuntary loss of coverage occurs.

Family Status Change

Qualifying events for special enrollment due to a family status change include marriage, partnership, divorce, birth, placement for adoption or the issuance of a qualified medical child support order. Benefits under this Plan will be effective on the date of the qualifying event or the first of the month following the qualifying event, depending on the nature of the qualifying event. When the qualifying event is a birth, and the mother is not previously enrolled, any charges related to labor and delivery due to the birth are not covered. The Employer must receive

the completed Benefits Enrollment/Change Form or online submission within 31 days after the date of the qualifying event. Proof of the qualifying event may be required by the Employer.

Involuntary Loss of Coverage

For the eligible employee and/or eligible Dependent to qualify for special enrollment due to involuntary loss of the other group health insurance coverage, the loss of coverage must be due to termination of employment, reduction in the number of hours of employment, involuntary termination of creditable coverage, death of an employee, legal separation or divorce, cessation of dependent status, the other plan no longer offering any benefits to the class of individuals, or the termination of Employer contributions toward the coverage. If the employee is approved for special enrollment, coverage will be effective on the day following the loss of other coverage.

If the eligible employee and/or the eligible Dependents had health insurance coverage elsewhere and voluntarily canceled such coverage, the eligible employee and/or the eligible Dependents do not qualify for special enrollment. However, the eligible employee and/or the eligible Dependents will be allowed to enroll at the Employer's annual Open Enrollment period.

Status Change of State Medicaid Plan or State Child Health Insurance Program (SCHIP)

Loss of eligibility from a state Medicaid or SCHIP health plan is also a qualifying event for special enrollment for the eligible employee and/or eligible Dependents. The employee must properly file an application with the Employer within 60 days after coverage has ended. In addition, special enrollment is allowed for the employee who becomes eligible for premium assistance, with respect to coverage under the Employer's health coverage, under a state Medicaid or SCHIP health plan, including any waiver or demonstration project conducted under or in relation to these plans. Similarly, the employee must properly file an application with the Employer within 60 days after the eligibility date for assistance is determined.

Special enrollment due to court or administrative order.

Within 31 days after the date of a court or administrative order requiring a Participant to provide health care coverage for a Spouse or child who meets the eligibility requirements as a Dependent.

Your Employer will determine the effective date of an enrollment resulting from a court or administrative order, except that the effective date cannot be earlier than the date of the order and cannot be later than the first day of the month following the date of the order.

Special enrollment due to a Section 125 qualifying event.

You may enroll along with any eligible Dependents and existing Participants may add eligible Dependents, if you experience an event that your Employer designates as a special enrollment qualifying event.

Military Service

Employees going into or returning from military service may elect to continue Plan coverage as mandated by the Uniformed Services Employment and Reemployment Rights Act (USERRA) under the following circumstances. These rights apply only to employees and their Dependents covered under the Plan before the employee leaves for military service. Benefits under USERRA continuation of coverage shall end on the day after the date on which the person was required to apply for or return to a position of employment and fails to do so.

A person who elects to continue health plan coverage may be required to pay up to 102% of the full contribution under the Plan, except a person on active duty for 30 days or less cannot be required to pay more than the employee's share, if any, for the coverage.

An exclusion or waiting period may not be imposed in connection with the reinstatement of coverage upon reemployment if one would not have been imposed had coverage not been terminated because of service. However, an exclusion or waiting period may be imposed for coverage of any illness or injury determined by the Secretary of Veterans Affairs to have been incurred in, or aggravated during, the performance of uniformed service.

How to Change Coverage

If your Employer provides you with multiple health care options, eligible employees may switch coverage for themselves and/or their eligible Dependents to another benefit Plan offered by the University of Colorado Health and Welfare Plan during Open Enrollment.

Termination

Your benefits end on the first occurrence of one of the following events:

- On the date the Plan described in this Benefits Booklet is terminated.
- Upon the Participant's death.
- When the required benefit contribution or administrative fee have not been paid.
- When you commit fraud or intentional misrepresentation of material fact.
- When you are no longer eligible for benefits under the terms of this Benefits Booklet.
- When your Employer gives Kaiser Permanente notice that the Participant is no longer eligible for benefits. Benefits will be terminated as determined by your Employer. The Trust reserves the right to recoup any benefit payments made for dates of service after the termination date.

- When Kaiser Permanente receives notification to cancel coverage for any Participant, benefits will end at the end of the month following notification or at the end of the month of the qualifying event.
- When you move and therefore no longer reside within your service area, you must notify your Employer within 31 days of such a change in location. Coverage will end on the last day of the month in which the change of residence is reported; until that time, the only out-of-area services covered will be Emergency care and Urgent care.
- If you do not notify your Employer of a change of residence to an area outside the Denver/Boulder, Northern Colorado or Southern Colorado Service Areas, and Kaiser Permanente or Your Employer later becomes aware of the change, your benefits may be retroactively terminated to the date of the change of residence. You will be liable to the Trust and/or the Providers for payment for any services covered in error.

For Cause - Upon written notice to the Participant, the eligibility of the Participant and his or her Dependents may be immediately terminated if the Participant or Dependent(s):

- (1) Threaten(s) the safety of any person or property at a Network Provider office or Facility.
- (2) Commit(s) theft from a Network Provider or Network Facility.
- (3) Perform(s) an act that constitutes fraud or make(s) an intentional misrepresentation of material fact in procuring coverage, such as knowingly (1) misrepresenting participation status, (2) presenting an invalid prescription or physician order, or (3) misusing or letting someone else misuse a KPIC card or Medical Record Number to obtain care under false pretenses. Note: Any Participant's or Dependent's fraud will be reported to the authorities for prosecution and appropriate civil remedies will be pursued.

Termination will be effective on the date notice is sent. All rights cease as of the date of termination.

- When Kaiser Permanente ceases operations.

Dependent Coverage Termination

To remove a Dependent from the Plan, the Participant must complete a Benefits Enrollment/Change Form or online submission and submit it to the Employer. The change will be effective at the end of the month Kaiser Permanente is notified of the change. The Trust reserves the right to recoup any benefit payments made after the termination date.

Benefits for a Dependent end on the last day of the month for the following qualifying events:

- When the Employer notifies Kaiser Permanente to cancel benefits for a Dependent.

- When the Dependent child no longer qualifies as a Dependent by definition. Such a Dependent has the right to elect COBRA /continuation coverage.
- On the date of a final divorce decree or legal separation for a Dependent Spouse. Such a Dependent has the right to elect COBRA /continuation coverage.
- When legal custody of a child placed for adoption is terminated.
- Death of the Dependent.

What The Trust Will Pay for After Termination

The Trust will not authorize payment for any services provided after your benefits end even if Services were preauthorized, unless prohibited by law. Benefits cease on the date your participation ends as described above. You will be responsible for services provided after your benefits have been terminated.

The Trust does **not** cover services received after your date of termination even if:

- Kaiser Permanente preauthorized the Service; and/or
- The Services were made necessary by an accident, illness or other event that occurred while benefits were in effect.

HOW TO OBTAIN SERVICES

As a Participant, you must receive all Covered Services from Network Providers, except where specifically noted in the “Emergency, Post-Stabilization, and Out-of-Area Urgent Care You Receive from Non–Network Providers” section

The Kaiser Permanente medical care program gives you access to all the Covered Services you may need, such as routine care with your own personal Network Physician, hospital care, laboratory and pharmacy Services, Emergency Services, Urgent Care, and other benefits described in the "Benefits and Cost Sharing" section.

Routine Care

Routine appointments are for medical needs that are not urgent, such as routine preventive care. Try to make your routine care appointments as far in advance as possible.

Urgent Care

You may need Urgent Care if you have an illness or injury that requires prompt medical attention but is not an Emergency Medical Condition. If you think you may need Urgent Care, call the Urgent Care or advice nurse telephone number (see the “CUSTOMER SERVICE PHONE NUMBERS” section listed on the first page of this Benefits Booklet after the Table of Contents). Note: Urgent Care received in a Kaiser Permanente Region from a Non-Network emergency department is not covered.

For information about Urgent Care outside the Service Area, please refer to the “Emergency, Post-Stabilization, and Out-of-Area Urgent Care You Receive from Non–Network Providers” section.

Advice Nurses

Sometimes it's difficult to know what type of care you need. That's why Kaiser Permanente has telephone advice nurses available to assist you. These advice nurses can help assess medical symptoms and provide advice over the phone, when medically appropriate. They can often answer questions about a minor concern, tell you what to do if a Network Provider is closed, or advise you about what to do next, including making a same-day appointment for you if it's medically appropriate. To reach an advice nurse, please call the advice nurse phone number listed in the “CUSTOMER SERVICE PHONE NUMBERS” section this Benefits Booklet.

Your Personal Network Physician

Personal Network Physicians provide Primary Care and play an important role in coordinating care, including hospital stays and referrals to specialists. For the

current list of physicians who are available as Personal Network Physicians, and to find out how to select a Personal Network Physician, please call customer service at the number listed in the “CUSTOMER SERVICE PHONE NUMBERS” section of this Benefits Booklet or visit kp.org/cuhealthplan, by clicking on clinical staff directory under the “Get Started Now” heading, select your region, select HMO and then select Colorado Kaiser Permanente (CPMG) practitioners. You can change your Personal Network Physician for any reason. Every member of your family should have his or her own primary care Personal Network Physician (PCP).

Telemedicine

Interactive visits between you and your Personal Network Physician using phone, interactive video, internet messaging applications and email are intended to make it more convenient for you to receive medically appropriate Covered Services. When available, you may receive Covered Telemedicine Services listed under the Benefits and Cost Sharing section, subject to the “General Limitations, Coordination of Benefits, and Reductions” section. You are not required to use Telemedicine Services, but if you do, plan deductible may apply.

Referrals

You are required to obtain a referral from your Network physician prior to receiving specialty care services under the Plan. If you receive specialty care services for which you did not obtain a referral, you will be responsible for all the charges associated with those services.

A written or verbal recommendation by a Network Physician that you obtain non-covered Services (whether Medically Necessary or not) is not considered a referral and is not covered.

A referral is limited to a specific Service, treatment, series of treatments and period. All referral Services must be requested and approved in advance. You will receive a copy of the written referral when it is approved. The Trust will not pay for any care rendered or recommended by a non-Network Physician beyond the limits of the original referral unless the care is specifically authorized by your Network Physician and approved in advance.

Self-Referrals

You do not need a referral or prior authorization to receive care from any of the following:

- Your Personal Network Physician
- Generalists in internal medicine, pediatrics, and family practice
- Specialists in optometry, psychiatry, substance use disorders
- Obstetrical or gynecological care from a Plan Provider who specializes in obstetrics or gynecology
- Chiropractic and Acupuncture services

Although a referral or prior authorization is not required to receive care from these providers, the provider may have to get prior authorization for certain Services.

Additionally, some regions allow self-referral to certain specialties:

Colorado Region

- **Denver/Boulder Service Area**
You may self-refer for consultation (routine office) visits to specialty-care departments within Kaiser Permanente except for the anesthesia clinical pain department, laboratory, and radiology and for specialty procedures such as a CT scan, MRI, colonoscopy or surgery.
- **Northern and Southern Colorado Service Areas**
You may self-refer for consultation (routine office) visits to Network Physician specialty-care providers identified as eligible to receive direct referrals in the Provider Directory www.kp.org, click “Locate our services” then “Medical staff directory.” You can obtain a paper copy of the directory by calling Member Services toll-free at 1-888-681-7878 or TTY 1-800-521-4874.

A self-referral provides coverage for routine visits only. Authorization from Kaiser Permanente is required for: (i) Services in addition to those provided as part of the visit, such as surgery; and (ii) visits to Network Physician specialty-care providers not eligible to receive direct referrals; and (iii) non-Network Physicians. Medical Group physicians in the Denver/Boulder Service Area will not be eligible for self-referrals. Services other than routine office visits with a Network Physician specialty-care provider eligible to receive self-referrals will not be covered unless authorized by Kaiser Permanente before Services are rendered.

Prior Authorizations

Certain Services require Prior Authorization for the Plan to cover them. Your Network Physician will request Prior Authorization when it is required, except that you must request Prior Authorization in order to receive covered Post-Stabilization Care from Non-Network Providers.

Prior Authorization is required for Services provided by: (i) non-Network Providers or non-Network Facilities and (ii) Services provided by any provider outside your Service Area. Authorization may be required for Services performed in any facility other than the physician’s office. A referral for these Services will be submitted by the Network Physician. You will be notified of the determination regarding Authorization for coverage.

The provider to whom you are referred will receive a notice of Authorization by fax. You will receive a written notice of the Authorization in the mail. This notice will tell you the physician's name, address and phone number. It will also tell you the time for which the referral is valid and the Services Authorized.

Required Prior-Authorization List

- All inpatient and outpatient facility services (excluding emergencies)
- Office based habilitative /rehabilitative care: Occupational, Speech, and Physical therapies
- All services provided outside a KP facility
- All services provided by non-network providers
- Drugs and Durable Medical Equipment not contained on the KP formulary

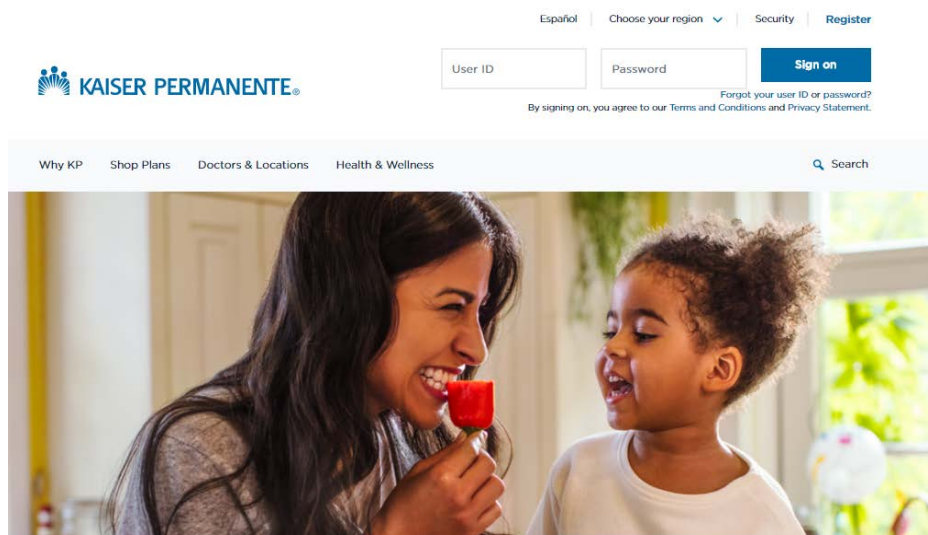
Second Opinions

Upon request and subject to payment of any applicable Copayments or Coinsurance, you may obtain a second opinion from:

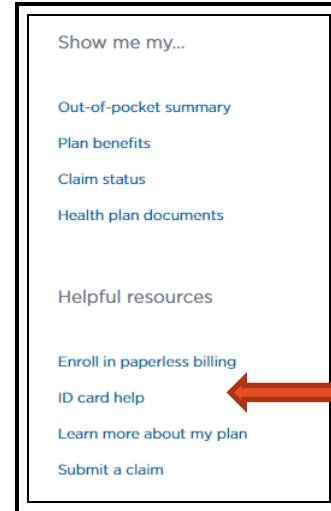
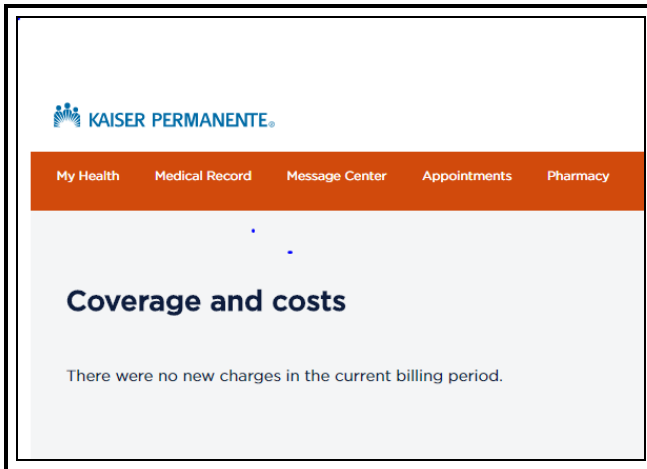
- A Network Physician about any proposed Covered Services or
- A Non-Network Provider with Prior Authorization.

Your Identification Card

Your Kaiser Permanente identification card (ID card) has a medical or health record number on it, which you will need when you call for advice, make an appointment, or go to a provider for Covered Services. When you get care, please bring your Kaiser Permanente ID card and a photo ID. Your medical or health record number is used to identify your medical records and coverage information.



To print a temporary card or replace your Kaiser Permanente ID card, log onto kp.org, select the *Coverage and Costs* menu. Then select the *Coverage and Costs* menu and the ID Card help option.



Your ID card is for identification only. For the Plan to cover Services, you must be a current Participant or Dependent on the date you receive the Services. Anyone who is not a Participant or Dependent will be billed for any Services he or she receives, and the amount billed may be different from the Eligible Charges for the Services.

Receiving Care in Other Kaiser Permanente Regions

You will probably receive most Covered Services in the Service Area of the Kaiser Permanente Region where you live or work. However, if you are visiting in the Service Area of another Kaiser Permanente Region, you will also be able to receive Services from Network Providers in that Region. Referrals or Prior Authorization may differ among Regions. For information about Network Providers in other Kaiser Permanente Regions, please call customer service.

Moving Outside of the Service Area

If you move to an area not within a Colorado Kaiser Permanente Service Area, you will be required to change your health plan to one that serves your area. Please contact your Employer for instruction.

Getting Assistance

Kaiser Permanente wants you to be satisfied with the health care you receive. If you have any questions or concerns about the care you are receiving, please discuss them with your Personal Network Physician or with any other Network Providers who are treating you. They want to help you with your questions. You may also call customer service at the number listed in the “Customer Service Phone Numbers” section.

Interpreter services

If you need interpreter services when you call or when you get Covered Services, please let Kaiser Permanente know. Interpreter services are available 24 hours a day, seven days a week, at no cost to you, at Network Facilities. For more

information, please call customer service at the number listed in the “Customer Service Phone Numbers” section.

Network Facilities

At most Network Facilities, you can usually receive all the Covered Services you need, including specialty care, pharmacy, and lab work. You are not restricted to a particular Network Facility within your selected sub region, and you are encouraged to use the Network Facility that will be most convenient for you:

- All Network Hospitals provide inpatient Services and are open 24 hours a day, seven days a week.
- Emergency Services are available from Network Hospital Emergency Departments (please refer to **kp.org/cuhealthplan** for Emergency Department locations in your area).
- Same-day appointments are available at many locations (please refer to **kp.org/cuhealthplan** for Urgent Care locations in your area).
- Many Network Facilities have evening and weekend appointments.
- Many Network Facilities have a customer services department (refer to **kp.org/cuhealthplan** for locations in your area).

Network Facilities for your area are listed in greater detail on kp.org, which details the types of Covered Services that are available from each Network Facility in your area because some Network Facilities provide only specific types of Covered Services. It explains how to make appointments, lists hours of operation, and includes a detailed telephone directory for appointments and advice.

Emergency, Post-Stabilization, and Out-of-Area Urgent Care You Receive from Non–Network Providers

This section explains how to obtain covered emergency, post-stabilization, and out of area Urgent Care from non–Network Providers. The Non–Network Provider care discussed in this section is not covered unless it meets both following requirements:

- This "[Emergency, Post-Stabilization, and Out-of-Area Urgent Care You Receive from Non–Network Providers](#)" section says the care is covered; and
- The care would be covered if you received the care from a Network Provider.

For example, non-Network Skilled Nursing Facility care is not covered as part of authorized Post-Stabilization Care unless both of the following are true:

- Kaiser Permanente authorizes the care and the care meets the definition of "[Post-Stabilization Care](#)"; and
- The care would be covered if you received the care from a Network Skilled Nursing Facility inside the Service Area.

You do not need to get Prior Authorization from Kaiser Permanente to get Emergency Services or Urgent Care outside the Service Area from non–Network Providers. However, you (or someone on your behalf) must get Prior Authorization from Kaiser Permanente to get covered Post-Stabilization Care from Non–Network Providers.

Emergency Services

If you have an Emergency Medical Condition, call 911 (where available) or go to the nearest hospital emergency department. You do not need prior authorization for Emergency Services. When you have an Emergency Medical Condition, we cover Emergency Services you receive from Network Providers or Non-Network Providers anywhere in the world, as long as the Services would have been covered under the "[Benefits and Cost Sharing](#)" section (subject to the "[General Exclusions and Limitations](#)" section) if you had received them from Network Providers.

Emergency Services are available from Hospital emergency departments 24 hours a day, seven days a week.

For ease and continuity of care, you are encouraged to go to a Network Hospital emergency department if you are inside the Service Area, but only if it is reasonable to do so, considering your condition or symptoms. If you have been admitted to a Non-Network hospital, your stay will be covered if Kaiser Permanente is notified within 24 hours or as soon as reasonably possible of stabilization of your condition.

Post-Stabilization Care

Post-Stabilization Care is Medically Necessary Services related to your Emergency Medical Condition that you receive after your treating physician determines that your Emergency Medical Condition is Clinically Stable. Post-Stabilization Care also includes Medically Necessary Covered Durable Medical Equipment after discharged from a hospital and related to the same Emergency Medical Condition. For information on covered Durable Medical Equipment see [Durable Medical Equipment \(DME\), External Prosthetics and Orthotics](#). Post-Stabilization Care received from a Non–Network Provider, including inpatient care at a non–Network Hospital, is covered only if Kaiser Permanente provides Prior Authorization for the care.

To request prior authorization to receive Post-Stabilization Care from a Non–Network Provider, you (or someone on your behalf) must call Kaiser Permanente toll free at the telephone number on your Kaiser Permanente ID card before you receive the care if it is reasonably possible to do so (otherwise, call as soon as reasonably possible). A Kaiser Permanente representative will then discuss your condition with the Non–Network Provider. If Kaiser Permanente decides that you require Post-Stabilization Care and that this care would be covered if you received it from a Network Provider, they will authorize your care from the Non–Network Provider or arrange to have a Network Provider (or other designated provider) provide the care. If Kaiser Permanente decides to have a Network Hospital, Network Skilled Nursing Facility, or designated Non–Network Provider provide your care, they may authorize special transportation services that are medically required to get you to the provider. If this occurs, then those special transportation services will be covered even if they would not normally be covered (under [Ambulance Services](#) in the [Benefits and Cost Sharing](#) section) had a Network Provider provided them.

Be sure to ask the Non–Network Provider to tell you what care (including any transportation) Kaiser Permanente has authorized, because unauthorized Post-Stabilization Care or related transportation provided by Non–Network Providers is not covered.

Sometimes extraordinary circumstances can delay your ability to call Kaiser Permanente to request authorization for Post-Stabilization Care from a Non–Network Provider (for example, if you are unconscious, or if you are a young child without a parent or guardian present). In these cases, you (or someone on your behalf) must call Kaiser Permanente as soon as reasonably possible.

Out-of-Area Urgent Care

If you need prompt medical care due to an unforeseen illness, unforeseen injury, or unforeseen complication of an existing condition (including pregnancy), your Plan covers Medically Necessary Services that you receive from a Non–Network Provider outside the Service Area to prevent serious deterioration of your (or your unborn child's) health if all the following are true:

- You receive the Services from Non–Network Providers while you are temporarily outside the Service Area;
- You reasonably believed that your (or your unborn child's) health would seriously deteriorate if you delayed treatment until you returned to the Service Area; and
- The care cannot be delayed until you return to our Service Area.

Follow-up care from a Non-Network urgent care provider is not covered, except prior authorized Durable Medical Equipment related to Urgent care you received outside the Service Area.

Note: Urgent Care received in a Kaiser Permanente Service Area from a Non-Network provider or emergency department is not covered.

NEW! Network Urgent Care is also available outside a state where Kaiser Permanente facilities are located (CA WA, OR GA, VA, MD & DC) from CVS Minute Clinics™. To check availability and location log onto kp.org or call the KP [Advice Nurses](#).

The image shows a screenshot of a website navigation menu on the left and a pop-up window on the right. The navigation menu is titled "How to get care" and lists several options: "Appointments and advice", "Routine care", "Urgent care", "Emergency care", "Specialty care", "Mental health and wellness", "Timely access to care", "Care while traveling", and "Interpreter services". A red arrow points to "Care while traveling". The pop-up window is titled "Connect for care advice" and features a circular icon with a camera. It contains the text "Get advice Available 24/7" and a warning: "Important: if you think you're having a medical or psychiatric emergency, call 911 or go to the nearest hospital. Do not attempt to access emergency care through this website." Below the warning is a link that says "Get phone numbers".

Services Not Covered Under this "Emergency, Post-Stabilization, and Out-of-Area Urgent Care You Receive from Non–Network Providers" Section

The following Services are not covered under this "Emergency, Post-Stabilization, and Out-of-Area Urgent Care You Receive from Non–Network Providers" section (instead, refer to the "[Benefits and Cost Sharing Section](#)":

- Services that are not Emergency Services, Post-Stabilization Care, or Urgent Care that you receive outside the Service Area, even if those Services are related to your Emergency Medical Condition.
- Emergency Services, Post-Stabilization Care, and Urgent Care you receive from Network Providers.

Payment and Reimbursement

If you receive Emergency Services, Post-Stabilization Care, or Urgent Care outside the Service Area from a Non–Network Provider, you must pay the provider and file a claim for reimbursement unless the provider agrees to bill us. To request payment or reimbursement, you must file a claim as described in the "Claims and Appeals" section.

Cost Sharing

The Cost Sharing for Emergency Services, Post-Stabilization Care, and Urgent Care outside the Service Area that you receive from a Non–Network Provider is the Cost Sharing required for the same Services provided by a Network Provider as described in the "[Summary Chart](#)" section. Your required Cost Sharing will be subtracted from any payment made to you or the Non–Network Provider.

- If you receive Emergency Services in the Emergency Department of a Non-Network Hospital you pay the CostShare for an Emergency Department visit.
- If you were given prior authorization for inpatient Post-Stabilization Care in a Non-Network Hospital, you pay the Cost Share for hospital inpatient care.
- If you were given prior authorization for Durable Medical Equipment necessary for discharge from a Non-Network Hospital, you pay the Cost Share for Durable Medical Equipment.

Out-of-Area Benefit Non-Urgent or Emergency Care (dependents only)

A limited benefit is available to Dependents who are outside the Denver/Boulder, Northern Colorado or Southern Colorado Service Area. The out-of-area benefit applies to Services listed in the Summary Chart. The Plan will pay a percentage of Charges for eligible Services, and the Participant is responsible for paying the remaining amount.

Exclusions and Limitations:

1. Services received outside the United States are not covered.
2. Transplant Services are not covered.

3. Services covered outside the Service Area under another section of this Benefits Booklet (e.g., Emergency or Urgent Services) are not covered under this benefit.

BENEFITS AND COST SHARING

The only Services that are covered under this Plan are those that this “Benefits and Cost Sharing” section says that are covered, subject to exclusions and limitations described in this “Benefits and Cost Sharing” section and to all provisions in the “General Exclusions and Limitations” section. Exclusions and limitations that apply only to a benefit are described in this “Benefits and Cost Sharing” section. Exclusions, limitations, coordination of benefits, and reductions that apply to all benefits are described in the “General Exclusions and Limitations” section.

The Services described in this “Benefits and Cost Sharing” section are covered only if all the following conditions are satisfied:

- You are a Participant or Dependent on the date that you receive the Services;
- A Network Physician determines that the Services are Medically Necessary;
- The Services are provided, prescribed, Authorized, or directed by a Network Physician except where specifically noted to the contrary in the “Emergency Services and Non-Emergency, Non-Routine Care” section; and
- You receive the Services from Network Providers inside the Service Area except where specifically noted to the contrary in the following sections for the following Services:
 - Authorized referrals as described under “Getting a Referral” section in the “How To Obtain Services” section”;
 - Emergency Services, Post-Stabilization Care, and Out-of-Area Urgent Care as described in the “Emergency Services and Non-Emergency, Non-Routine Care” section; or
 - Emergency ambulance Service as described under “Emergency Services and Non-Emergency, Non-Routine Care” section.

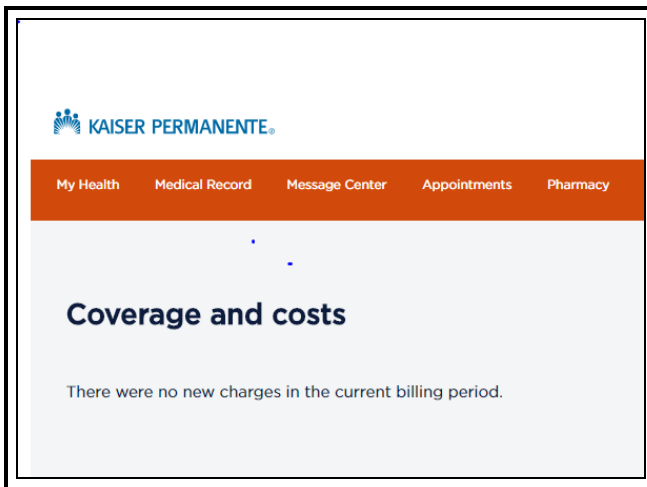
Medical necessity

A Kaiser Permanente health professional will determine if services are medically necessary for each member. A service is considered medically necessary if it’s medically required to prevent, diagnose, or treat a member’s condition or clinical symptoms and it’s consistent with generally accepted professional standards of care in the medical community.

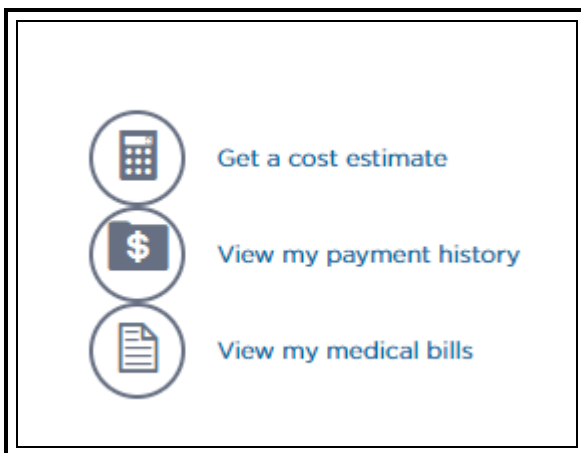
Cost Sharing (Copayments and Coinsurance)

The “Summary Chart” describes the Cost Sharing you must pay for Covered Services. Cost Sharing is due at the time you receive the Services. For items ordered in advance, you pay the Cost Sharing in effect on the order date (although the item will not be covered unless you still have coverage for it on the

date you receive it). Unless specified otherwise, when services can be provided in different settings, the Cost Sharing is applied according to the place of service in which the care is delivered and according to the type of provider providing the service. For example: if the service is provided during a hospital admission, the Inpatient Hospital Services Cost Sharing is applied. If the same service is performed in an office setting by a specialist, the specialty care office visit Cost Sharing is applied. If services are provided in a hospital clinic setting, separate cost shares may apply to the hospital clinic charges and the physician charges; both hospital clinic and physician charges will be subject to applicable deductibles and cost share.



To estimate your cost sharing and plan your medical expenses go to www.Kp.org then select *Coverage and costs*.



Then select *Get a cost estimate*. From this page, you will be taken to an external estimation tool and logged out of Kp.org.

Benefit Maximums and Benefit Limits

The “Summary Chart” describes dollar limits, Benefit or Plan Maximum Benefit Allowances and any day, visit or quantity limits applicable to Covered Services.

Plan year Out-Of-Pocket Maximums

There are limits to the total amount of Cost Sharing you must pay in a plan year for certain Covered Services that you receive in the same plan year. Those limits can be found in the “Summary Chart”.

If you are part of a Family that includes at least two people (counting the Participant and any Dependents), you reach the plan year out-of-pocket maximum when you meet the maximum per Participant or Dependent, or when your Family meets the maximum for a Family (whichever happens first).

After you reach the plan year out-of-pocket maximum, you do not have to pay any more Cost Sharing for Service subject to the plan year out-of-pocket maximum through the end of the plan year. You will continue to pay Cost Sharing for Covered Services that do not apply to the plan year out-of-pocket maximum.

For the plan year out-of-pocket maximum by benefit, please refer to the “Summary Chart” in this Benefits Booklet.

Outpatient Services

The following outpatient care is covered for Services to diagnose or treat an injury or disease:

- Primary care visits: Services from family medicine, internal medicine, and pediatrics
- Specialty care visits: Services from providers that are not primary care, as defined above
- Acupuncture
- Allergy Services
- Ambulance
- Bariatric Surgery - you must meet the certain criteria to be eligible for coverage
- Biofeedback
- Blood and blood products and their administration
- Chemotherapy
- Chiropractic care
- Dental Services for, Dental Radiation, Dental Anesthesia
- Diagnostic x-rays and lab test and other diagnostic tests such as EEGs / EKGs performed during an office visit
- Dialysis Services

- Drugs that require administration or observation by medical personnel. Consultations with clinical pharmacists (at Kaiser Permanente Pharmacies Only)
- Durable Medical Equipment
- Habilitative and Rehabilitative Services
- Health Education
- Hearing Exam and Hearing Aids / Services – minor children
- House calls by a Network Physician when care can best be provided in your home
- Infusion Services provided in an outpatient setting
- Injections (except preventive immunizations)
- Medical supplies used during an outpatient visit
- Medically necessary surgical or non-surgical treatment of temporomandibular joint (TMJ) dysfunction. Dental treatment of TMJ is not covered
- Maternity - Pre-natal and post-partum visits
- Outpatient surgery - including FDA approved internally implanted prosthetic devices such as breast implants following a covered mastectomy
- Physical, Occupation & Speech Therapies
- Preventive care Services (see “Preventive Care Services” in this “Benefits and Cost Sharing” section for more details)
- Prosthetics and Orthotics
- Radiation therapy
- Respiratory therapy
- Surgical procedure performed in the office
- Ultraviolet light treatments

Note: See “Preventive Exams and Services” for information on covered preventive Services.

Hospital Inpatient Services

The following inpatient Services are covered:

- Acute inpatient rehabilitation (including physical, occupational, and speech therapy)
- Anesthesia
- Bariatric surgery when you meet certain medical criteria
- Blood and blood products and their administration
- Diagnostic x-rays and lab tests, and other diagnostic tests such as EEGs EKGs and endoscopic procedures
- Dialysis

- Dressings and medical supplies used or applied during an inpatient hospital admission
- Drugs that require administration or observation by medical personnel
- Network Physician Services (including consultation and treatment by specialists)
- General nursing care and private duty nursing care, if Medically Necessary
- Medical social Services
- Medically necessary surgical or non-surgical treatment of TMJ (Dental treatment of TMJ dysfunction is not covered)
- Maternity care and delivery (including cesarean section and newborn care) *
- Operating and recovery room (including FDA approved internally implanted Prosthetic devices such as pacemakers or artificial hips)
- Respiratory therapy
- Room and board (including a private room, if Medically Necessary)
- Specialized care and critical care units

Notes: *

1) If you are discharged within 48 hours after delivery (or within 96 hours if delivery is by cesarean section), your physician may order a follow-up visit for you and your newborn to take place within 48 hours after discharge.

2) Circumcision is covered for eligible newborns during the first 31 days of life regardless of Medical Necessity and thereafter only when Medically Necessary.

3) Well newborn charges billed as part of the mother's bill will be attributed to the mother's Cost Sharing requirements. Eligible sick newborns are subject to all Plan provisions including his/her own Cost Sharing requirements.

Acupuncture Services

Acupuncture and Acupressure services for pain relief and normalization of physiologic functions are covered. Services include passing long, thin needles through the skin to specific points and application of pressure at acupuncture sites.

To Locate a Network Provider Contact:

Colorado Region (no acupuncture network—utilize any willing provider)

Allergy Services

Specialty or Primary Cost Share is based on the rendering provider. Services include allergy testing, serum and injections.

Ambulance Services

Emergency

Emergency Services provided by ground or air licensed ambulance is covered when you have an Emergency Medical Condition and are transported to an

emergency facility. If provided through the 911 emergency response system, ambulance services are covered if you reasonably believed that a medical emergency existed even if you are not transported to a hospital.

Scheduled

Non-emergency, scheduled ambulance trips are covered when a Network Physician determines that your condition requires the use of Services that only a licensed ambulance (or psychiatric transport van) can provide and that the use of other means of transportation would endanger your health. These Services are covered only when the vehicle transports you to or from Covered Services. Any applicable Cost Sharing is waived when you are transferred transfer from a Non-Network Facility to a Network facility for care.

The following destinations are covered when medically necessary:

- Home to hospital and return
- Home to skilled nursing facility
- Hospital to skilled nursing facility
- Skilled nursing facility to hospital
- Skilled nursing facility to home
- Home to doctor's office
- Hospital to hospital
- Skilled nursing facility to dialysis center and return

Exclusion:

Transportation by car, taxi, bus, gurney van, wheelchair van, minivan, and any other type of transportation (other than a licensed ambulance or psychiatric transport van) is not covered, even if it is the only way to travel to a facility.

Chiropractic Services

Chiropractic services for the treatment of neuro musculoskeletal disorders are covered. Services include plain x-rays and adjunctive therapy associated with spinal, muscle or joint manipulation.

To Locate a Network Provider Contact:

Colorado Region Kaiser Centers for Complementary Medicine
1-844-800-0788 or kpccm.org.

Centers for Complementary Medicine locations

Highlands Ranch Medical Offices
9285 Hepburn St.
Highlands Ranch, CO 80129

Lakewood Medical Offices
8383 W. Alameda Ave.
Lakewood, CO 80226

Midtown Medical Office Building

1960 N. Ogden St., Suite 100
Denver, CO 80218

Smoky Hill Medical Offices

16290 E. Quincy Ave.
Aurora, CO 80015

Westminster Medical Offices

11245 Huron St.
Westminster, CO 80234
[Acupuncture and massage only.](#)

Baseline Medical Offices

580 Mohawk Drive

Boulder, CO 80303

[Chiropractic services only.](#)

Briargate Medical Offices

4105 Briargate Parkway, Suite 125
Colorado Springs, CO 80920

Greeley Medical Offices

2429 35th Ave.
Greeley, CO 80634

Loveland Medical Offices

4901 Thompson Parkway
Loveland, CO 80534

Exclusions:

The following services are not covered:

- Chiropractic services for conditions other than Neuromusculoskeletal Disorders
- Behavior training and sleep therapy
- Thermography
- Any radiologic exam, other than plain film studies, such as magnetic resonance imaging (MRI), computed tomography (CT), positron emission tomography (PET), bone scans and nuclear radiology
- Non-medical self-care or self-help, any self-help physical exercise training, and any related diagnostic testing
- Services for vocational rehabilitation
- Air conditioners, air purifiers, therapeutic mattresses; chiropractic appliances, supplies and devices
- Hospital Services, anesthesia, manipulation under anesthesia, and related Services
- Adjunctive therapy not associated with spinal, muscle, or joint manipulations, Vitamins, minerals, nutritional supplements, and similar products

Clinical Trials

In-Network and referred Non-Network Services for an Approved Clinical Trial are covered for Qualified Individuals to the extent services identified in the "Summary Chart" are covered outside an Approved Clinical Trial.

"Qualified Individual" means an enrollee who is eligible to participate in an Approved Clinical Trial per the trial protocol with respect to treatment of cancer or other life-threatening condition (a condition from which the likelihood of death is probable unless the course of the condition is interrupted), as determined in one of the following ways:

- The referring provider is a Network provider who has made this determination; or
- The patient provides medical and scientific information establishing this determination.

“Approved Clinical Trial” means a phase I, phase II, phase III, or phase IV clinical trial that is conducted in relation to the prevention, detection, or treatment of cancer or other life-threatening condition and that meets one of the following requirements:

- The study or investigation is approved or funded (which may include funding through in-kind contributions) by at least one of the following:
 - The National Institutes of Health
 - The Centers for Disease Control and Prevention
 - The Agency for Health Care Research and Quality
 - The Centers for Medicare & Medicaid Services
 - A cooperative group or center of any of the above entities or of the Department of Defense or the Department of Veterans Affairs
 - A qualified non-governmental research entity identified in the guidelines issued by the National Institutes of Health for center support grants
 - The Department of Veterans Affairs or the Department of Defense or the Department of Energy, but only if the study or investigation has been reviewed and approved through a system of peer review that the HHS Secretary determines meets all the following requirements:
 - i. It is comparable to the National Institutes of Health system of peer review of studies and investigations; and
 - ii. It assures unbiased review of the highest scientific standards by qualified people who have no interest in the outcome of the review.
- The study or investigation is conducted under an investigational new drug application reviewed by the Food and Drug Administration
- The study or investigation is a drug trial that is exempt from having an investigational new drug application

Exclusions:

- Non-Approved Clinical Trials
- Investigational items or services
- Items and services that are provided solely for data collection and analysis and that are not used in the direct clinical management of the patient
- Services which are clearly inconsistent with widely accepted and established standards of care for the patient’s diagnosis

Dental Related Medical Care

Dental Services for radiation treatment

Dental evaluation, X-rays, and extractions necessary to prepare your jaw for radiation therapy of cancer in your head or neck are covered.

Dental anesthesia

For dental procedures, general anesthesia in a Network Hospital or ambulatory surgery center and the Services associated with the anesthesia are covered if any of the following are true:

- You are under age 7;
- You are developmentally disabled;
- You are not able to have dental care under local anesthesia due to a neurological or medically compromising condition; or
- You have sustained extensive facial or dental trauma.

Any other Service related to the dental procedure, such as the dentist's Services is not covered.

Exclusions:

- Accidental injury to teeth – the repair of sound natural teeth, related to an accidental injury.
- Dental coverage will not be provided for extractions, treatment of cavities, care of the gums or structures directly supporting the teeth, treatment of periodontal abscess, removal of impacted teeth, orthodontia (including braces), false teeth, or any other dental Services or supplies, except as listed above. Structures supporting the teeth mean the periodontium, which includes the gingivae, dentogingival junction, periodontal membrane, cementum of the teeth, and alveolar process.
- Dental procedures and appliances to correct disorders of the temporomandibular (jaw) joint (also known as TMD or TMJ disorders). This exclusion does not include medical Services to correct TMJ disorders.

Dialysis Care

The Plan covers dialysis Services related to acute renal failure and end-stage renal disease if the following criteria are met:

- 1) The Services are provided inside our Service Area;
- 2) You satisfy all medical criteria;
- 3) The facility is certified by Medicare and is a Network Facility; and
- 4) A Network Physician provides a written referral for care at the facility.

After the referral to a dialysis facility, the Plan covers equipment, training and medical supplies required for home dialysis. Home dialysis includes home hemodialysis, intermittent peritoneal dialysis, and home continuous ambulatory peritoneal dialysis.

Durable Medical Equipment (DME), External Prosthetics and Orthotics

DME

DME must be on Kaiser Permanente's DME, External Prosthetic and Orthotic formulary to be covered. A formulary is a list of DME, external prosthetics and orthotics covered by Kaiser Permanente. Examples of covered items include wheelchairs, hospital beds and oxygen. Medical supplies of an expendable nature, such as oxygen tubing, are covered if they are required for the effective use of the DME. Drugs purchased at the pharmacy for use in DME equipment are covered under the "Outpatient Prescription Drugs" benefit and not this benefit. To have coverage you must meet Kaiser Permanente's criteria for use of any equipment and obtain items from a Network Provider. Coverage is limited to the standard item of equipment that adequately meets your medical needs. Kaiser Permanente will decide whether to rent or purchase the covered equipment for your use. You will have to pay for non-covered equipment. Coverage includes fitting and adjustment. When the item continues to be Medically Necessary, coverage includes repair and replacement of the standard item in cases of loss, irreparable damage, wear or replacement required because of a change in your medical condition. You must return the equipment or pay the fair market price of the equipment when it is no longer covered.

The formulary guidelines allow you to obtain non-formulary DME (those not listed on the formulary for your condition) if they would otherwise be covered if KP criteria are met. To request a formulary exception contact Customer Service.

Internally implanted devices

Prosthetic and orthotic devices such as pacemakers, intraocular lenses, cochlear implants, osseointegrated hearing devices, and hip joints, must be implanted during an approved surgery covered under another section of this "Benefits and Cost Sharing" section.

External Prosthetics

External Prosthetics must be on Kaiser Permanente's DME, External Prosthetic and Orthotic formulary to be covered. Examples of external Prosthetic covered items include:

- Artificial arms and legs
- Ostomy and urological supplies
- Feeding tubes and enteral nutrition that is administered via a feeding tube
- Contact lenses following cataract surgery and glasses and contacts when the intraocular lens is absent and cannot be replaced such as in aphakia or when all or part of the iris is missing as in aniridia

Orthotics

Orthotics must be on Kaiser Permanente's DME, External Prosthetic and Orthotic formulary to be covered.

Services to determine the need for an external Prosthetic or an Orthotic and any subsequent fittings and adjustments are covered under the heading "[Outpatient Services](#)".

Exclusions:

- Comfort, convenience and luxury items and features
- Replacement of lost items
- Repair necessitated by misuse
- Exercise or hygiene equipment
- Shipping and handling, or restocking charges associated with obtaining DME, Prosthetics and Orthotics
- Spare or back up equipment
- Batteries or replacement batteries, except those specialized batteries used in covered DME equipment

Education and Training for Self-Management

Health education and training for self-management is covered when provided by a Network Physician or a qualified Network non-physician using a standardized curriculum to teach you how to self-manage your disease or condition.

Education and training may be provided in group or individual sessions. Where available, sample conditions include:

- Asthma
- Diabetes
- Coronary artery disease
- Obesity
- Weight management
- Pain management

Note: You will be responsible for any charges for education and training beyond the covered conditions listed above.

Emergency Services

Emergency Services include professional, facility and ancillary services such as laboratory, x-ray or imaging services necessary to diagnose and stabilize your condition in an Emergency Department. See the "[Emergency, Post-Stabilization, and Out-of-Area Urgent Care You Receive from Non-Network Providers](#)" section for more information. Any applicable Cost Shares for emergency Services are waived when you are directly admitted to the hospital from the Emergency Department.

Fertility Services

Inpatient and outpatient fertility Services include any necessary procedures, laboratory and radiology Services and drugs administered by medical personnel. Fertility Services include correcting underlying medical conditions causing infertility and artificial insemination. Services to rule out the underlying medical causes of Infertility are part of the medical benefit.

Note: Drugs, supplies and supplements are not covered under this section (see “Drugs, Supplies and Supplements” to find out if any drugs for the treatment of infertility are covered).

Exclusions:

- Donor semen or eggs, and Services related to their procurement and storage, including long term cryopreservation
- Advanced reproductive technologies such as in vitro fertilization (IVF); zygote intrafallopian transfer (ZIFT) and variations of these procedures
- Services to reverse voluntary, surgically induced infertility (for example, because of a vasectomy or tubal ligation)
- Any experimental, investigational or unproven procedures or therapies
- Fertility services when infertility is caused by or related to voluntary sterilization

Hearing Aids - Pediatric

The following Services are covered up to the benefit limit listed in the “Summary Chart”:

- Tests to determine the appropriate Hearing Aid model;
- Tests to determine the efficacy of the prescribed Hearing Aid;
- Visits for fitting, counseling, adjustment, cleaning and inspection after the warranty is exhausted; and
- Two Hearing Aids (each ear) every 60 months (unless alterations to existing hearing aid cannot adequately meet the needs of the child).

You do not need to purchase aids for both ears at the same time. The replacement time limit begins at the initial point of sale for each ear and is tracked separately for each ear. Hearing Aids on both ears are covered only when both are required to provide significant improvement that is not achievable with only one Hearing Aid as determined by a Network Provider.

Exclusions:

- Hearing Aids prescribed or ordered prior to enrollment or after termination of coverage
- Coverage for any Hearing Aid if payment has been made for an aid for the same ear within the benefit time limit
- Replacement parts for Hearing Aids

- Replacement of lost or broken Hearing Aids
- Replacement batteries
- Repair of Hearing Aids beyond the warranty
- Directly implanted Hearing Aids and associated surgery
- Persons aged 18 and over.

Home Health Services

Skilled, part-time or intermittent home health Services are covered when you are confined to your home. Skilled home health Services are those Services provided by nurses, medical social workers, and physical, occupational and speech therapists. Medical supplies used during a covered home health visit are also covered. The Services are covered only if a Network Physician determines that you require skilled care and it is feasible to maintain effective supervision and control of your care in your home. Home health aide Services are covered only when you are also getting covered home health care from one of the licensed providers mentioned previously.

Part-time or intermittent home health care visits are defined as follows:

- Up to two hours per visit for visits by a nurse and then each additional increment of two hours counts as a separate visit.
- Up to four hours per visit for visits by a home health aide is covered. Each additional increment of four hours counts as a separate visit.
- If billed a Home Health Agency, a visit by other providers such as a medical social worker, or physical, occupational, or speech therapist counts as 1 visit and counts toward the applicable visit limits regardless of the number of hours present.

The following types of Services and supplies are covered only as described under these headings in this [“Benefits and Cost Sharing”](#) section:

- Durable Medical Equipment (DME), External Prosthetics and Orthotics
- Home Infusion Services
- Outpatient Laboratory, X-ray, Imaging and Other Special Diagnostic Procedures
- Outpatient Prescription Drugs

Exclusions:

- Custodial care (For example: care an unlicensed family member or other layperson could provide safely and effectively in the home setting after receiving appropriate training). This care is excluded even if the care would be covered if it were provided by a qualified medical professional in a hospital or a skilled nursing facility.
- Full time nursing care in the home
- Homemaker services and supplies, including meals delivered to your home

- Home health care a Network Physician determines may be more appropriately provided for you in a Network Facility, Network Hospital or a Network Skilled Nursing Facility

Home Infusion Services

Home infusion therapy is the administration of drugs in your home using intravenous, subcutaneous, and epidural routes (into the bloodstream, under the skin, and into the membranes surrounding the spinal cord). Home infusion includes intravenous delivery of parenteral nutrition when nutritional needs cannot be met by the oral or enteral route as determined by a Network Physician. The infusion therapy must be delivered by a licensed pharmacy. Home Services are also provided to ensure proper patient education and training and to monitor the care of the patient in the home. These Services may be provided directly by infusion pharmacy nursing staff or by a qualified home health agency. You do not need to be confined to your home to receive home infusion Services. The following are covered home infusion Services:

- Administration
- Professional pharmacy Services
- Care coordination
- All necessary supplies and equipment, including delivery and removal of supplies and equipment
- Drugs and Biologicals
- Nursing visits related to infusion

Hospice

If a Network Physician diagnoses you with a terminal illness and determines that your life expectancy is twelve (12) months or less, you may choose home-based hospice care instead of traditional Services that you would otherwise receive for your illness. If you choose hospice care, you are choosing to receive care to reduce or relieve pain and other symptoms associated with the terminal illness, but not to receive care to try to cure the terminal illness. You may continue to receive Covered Services for conditions other than the terminal illness. You may change your decision to receive hospice care at any time.

The following Services and supplies are covered on a 24-hour basis:

- Network Physician and nursing care
- Counseling and bereavement Services
- Physical, occupational, speech or respiratory therapy for purposes of symptom control or to enable you to maintain activities of daily living
- Medical social Services
- Home health aide and homemaker Services
- Durable Medical Equipment and Medical supplies
- Palliative drugs, in accordance with Kaiser Permanente's drug formulary guidelines

- Short-term (no more than 5 days at a time) inpatient care, limited to respite care and care for pain control, and acute and chronic symptom management
- Dietary counseling

Maternity Services

See the Preventive Services section for information on Prenatal Services covered at zero cost share.

The Plan covers physician charges for maternity care, delivery and postnatal care. Also covered are hospital services (including network birthing centers) and newborn care.

Notes:

1) If you are discharged within 48 hours after delivery (or within 96 hours if delivery is by cesarean section), your physician may order a follow-up visit for you and your newborn to take place within 48 hours after discharge.

2) Circumcision is covered for eligible newborns during the first 31 days of life regardless of Medical Necessity and thereafter only when Medically Necessary.

3) **Newborn child.** A Participant's or a Participant Spouse's newborn child born to the Participant or Participant's Spouse is covered under the Participant's membership for the first 31 days after birth. If the mother of the newborn child is a Dependent child of the Participant, the newborn is not eligible for benefits.

4) During the first 31-day period after birth, benefits for an eligible newborn child shall consist of Medically Necessary care for injury and sickness, including well child care and treatment of medically diagnosed Congenital Defects and Birth Abnormalities. ***Services provided during the first 31 days of coverage may be subject to the Cost Sharing requirements and any benefit maximums applicable to other sicknesses, diseases and conditions otherwise covered.***

5) To continue the newborn's participation in the Plan beyond the 31-day period after the newborn child's birth, contact your Employer. Your Employer must receive the Benefits Enrollment/Change Form or online submission within 31 days after the birth of the child to continue coverage for the 32nd day and thereafter. For example: the newborn child is born on January 15th, you have 31 days from the birth to notify the Employer of the newborn's birth.

Medical Foods

Special oral foods are foods that are prescribed by a Network Provider and used in the treatment of certain medical conditions, such as phenylketonuria (PKU) and other inherited diseases of amino acids and organic acids caused by genetic

defects that can lead to life threatening abnormalities in body chemistry. Special oral foods are not foods that are generally available in retail grocery stores. Special oral foods are not used with feeding tubes. For coverage of nutritional formulas delivered via a feeding tube see the Durable Medical Equipment, External Prosthetics and Orthotics heading in this "[Benefits and Cost Sharing](#)" section.

Mental Health Services

Evaluation, crisis intervention, and treatment are covered for mental health conditions.

Inpatient

Inpatient psychiatric care (including residential treatment centers) is covered in a Network Hospital or licensed residential treatment facility. Coverage includes room and board, drugs, Services of Network Physicians, and Services of other Network Providers who are mental health professionals.

Outpatient Therapy

The following outpatient mental health care is covered:

- Partial Hospitalization, sometimes known as day-night treatment programs
- Intensive outpatient programs
- Individual and group visits for diagnostic evaluation and psychiatric treatment
- Other Services:
 - Psychological testing
 - Biofeedback and electroconvulsive therapy (ECT)
 - Visits for monitoring drug therapy

Mental Health Services Exclusions:

- Evaluations for any purpose other than mental health treatment, such as child custody evaluations, disability evaluations or fitness for duty/return to work evaluations, unless a Network Physician determines such evaluation to be Medically Necessary.
- Special education, counseling, therapy or care for learning deficiencies or behavioral problems, whether or not associated with a manifest mental disorder, retardation or other disturbance, including but not limited to attention deficit disorder and autism.
- Mental Health Services on court order, to be used in a court proceeding, or as a condition of parole or probation, unless a Network Physician determines such therapy to be Medically Necessary.
- Court-ordered testing and testing for ability, aptitude, intelligence or interest.
- Services which are custodial.

Outpatient Laboratory, X-ray, Imaging and Other Special Diagnostic Procedures

Outpatient laboratory, radiology, and diagnostic Services are covered when provided in an urgent care, free standing laboratory, radiology or imaging center, or Hospital outpatient department for the diagnosis of an illness or injury. Such services include

- Laboratory tests, including tests for specific genetic disorders for which genetic counseling is available
- X-rays and diagnostic imaging, including magnetic resonance imaging (MRI), computed tomography (CT) and positron emission tomography (PET) and nuclear medicine exams
- Special procedures such as electrocardiograms and electroencephalograms are included in your office visit cost share

Outpatient laboratory, radiology, and diagnostic Services performed during an office visit are considered part of the office visit.

Note: See “Preventive Exams and Services” for information on covered preventive laboratory, x-ray, imaging and diagnostic procedures.

Outpatient Prescription Drugs

Outpatient drugs, supplies, and supplements are covered when ALL requirements below (1-5) are met:

1. The item is prescribed by a Network Provider authorized to prescribe drugs or by one of the following Non-Network Providers:
 - A dentist;
 - A Non-Network Provider to whom you have been referred by a Network Physician;
 - A Non-Network Provider (if you got the prescription in conjunction with covered Out-of-Area Urgent Care or Emergency Services);
 - A Community Pharmacy (in a Service Area outside of California; or
 - A first refill of prescription originally filled prior to enrollment in the Plan).
2. The item is prescribed in accordance with **Kaiser Permanente drug formulary guidelines**.
3. Items provided to eligible newborns during the first 31 days of life and or prior to enrollment of a newborn, require prepayment and claims submission for reimbursement.
4. You get the item from a **Network Pharmacy** or the Kaiser Permanente mail order Service, **except** that you can get the item from a **Non-Network Pharmacy if you obtain the prescription in conjunction with covered Urgent Care or Emergency Service outside the Service Area and it is not possible for you to get the item from a Network Pharmacy**. Please refer to www.kp.org for the locations of Network Pharmacies in your area.

5. The item is one of the following:
- Drugs that require a prescription by law including.
 - Contraceptive drugs (including the emergency contraceptive pill and devices, such as diaphragms and cervical caps and over the counter contraceptives when prescribed by a Network physician);
 - Growth hormone; or
 - Smoking Cessation products.
 - Drugs that don't require a prescription but are listed on Kaiser Permanente's drug formulary.
 - Diabetic supplies such as insulin, syringes, pen delivery devices, blood glucose monitors, test strips and tablets. Other diabetic supplies may be covered under Durable Medical Equipment.
 - Specialty drugs – high cost drugs contained on the KP specialty drug list. To obtain a list of specialty drugs on the KP formulary, or to find out if a non-formulary drug is on the specialty drug list, please call Customer Service.

Kaiser Permanente uses a formulary. A formulary is a list of drugs that have been approved for coverage by the Pharmacy and Therapeutics Committee. The drug formulary guidelines allow you to obtain non-formulary prescription drugs (those not listed on the drug formulary for your condition) if they would otherwise be covered if pharmacy criteria are met. To request a formulary exception contact Customer Service. Prescriptions written by dentists are not eligible for non-formulary exceptions.

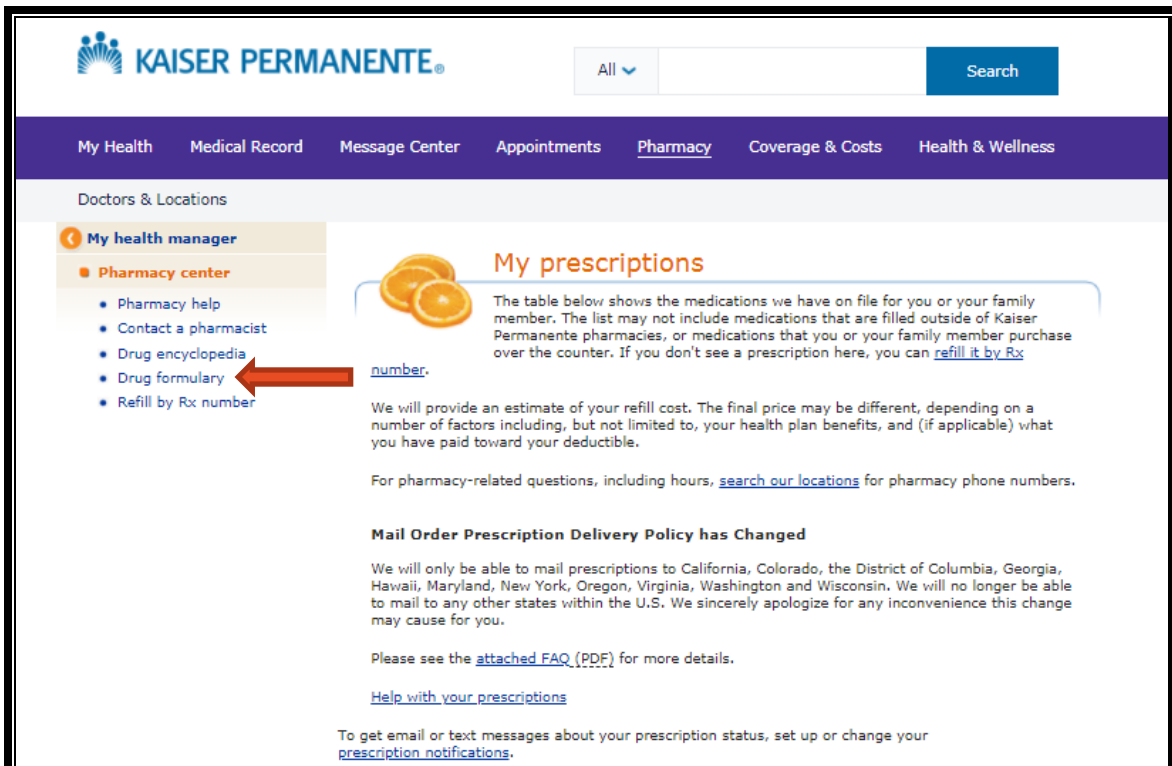
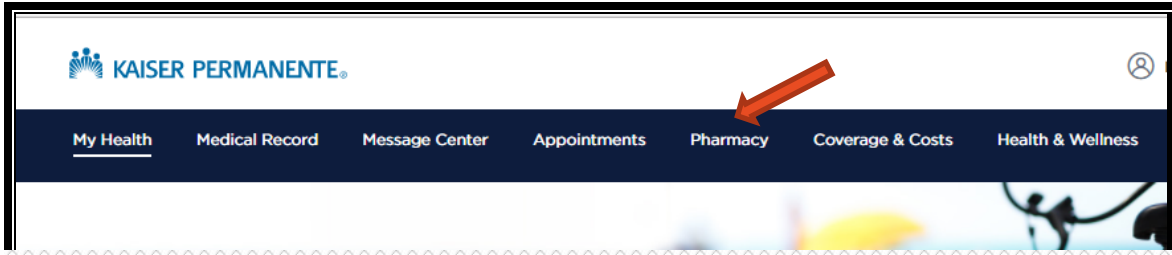
The prescribing physician or dentist determines how much of a drug, supply, or supplement to prescribe. For purposes of day supply coverage limits, the formulary includes a pre-determined amount of an item that constitutes a Medically Necessary day's supply. The pharmacy may reduce the day supply dispensed to a 30-day supply in any 30-day period if the pharmacy determines that the item is in limited supply in the market or for specific drugs (the Pharmacy can tell you if a drug you take is one of these drugs). Note: episodic drugs prescribed for the treatment of sexual dysfunction disorders may be limited by number of doses within a 30-day period.


Mail Order Service, subject to any Limitations and Copayments, is available. Not all drugs are available through the mail order service. Examples of drugs that cannot be mailed include:

- Controlled substances as determined by state and/or federal regulations;
- Medications that require special handling; and
- Medications affected by temperature.

Refills may be ordered from Kaiser Pharmacies, the mail-order program, or online at kp.org. A Kaiser Pharmacy can provide more information about obtaining refills.

To locate a Network Pharmacy, view the formulary, learn more about mail order or print a claim form, sign on to *kp.org* or call OptumRx at 1-866-427-7701.




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Doctors & Locations

◀ **Drugs and natural medicines**
● **Formulary (covered drugs)**

What is a formulary?


 Our formulary is a list of drugs that have been approved for members by our Kaiser Permanente Pharmacy and Therapeutics Committee.
 Printer friendly

About our formulary

- Covered drugs in your area
- Medicare Part D formulary, 2018

Your doctor and other clinicians use the formulary to help determine the safest, most effective drugs to prescribe for you.

[Find out what drugs are covered in your area.](#)

Reviewed by: Mark Groshek, MD, and David McWaters, PharmD, JD, May 2014
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Explore our drug formulary

- » drugs covered in your area
- » about generic drugs
- » how our formulary works
- » exceptions for non-covered drugs

Prescriptions made easy

[Refill your prescriptions online](#) and have them mailed to you.

Clinical trials

Learn about [new treatments](#) being studied at Kaiser Permanente and other research centers.

◀ **Drugs and natural medicines**
● **Formulary (covered drugs)**

Formulary (covered drugs)

Southern California

Our Formulary


Printer friendly

[Search our online drug formulary](#) (courtesy of Lexi-Comp). You'll find each medication's brand name, generic name (if available), and dosage form.

California Marketplace Formulary

Please Read: This formulary document contains information about the drugs we cover when you participate in a Qualified Health Plan (QHP) offered by Kaiser Permanente, and includes the health insurance marketplace (in California, marketplace is known as Covered California).

[2018 California Marketplace Formulary \(PDF\)](#)
[2018 California Marketplace Formulary \(Spanish\) \(PDF\)](#)
[2018 California Marketplace Formulary \(Chinese\) \(PDF\)](#)

Exclusions:

- If a Service is not covered under this Plan, any drugs or supplies needed relating to that Service are not covered
- Compounded products unless the drug is listed on the drug formulary or one of the ingredients requires a prescription by law
- Drugs used to enhance athletic performance
- Drugs used in the treatment of weight control
- Experimental or Investigational Drugs
- Drugs prescribed for cosmetic purposes
- Replacement of lost, damaged or stolen drugs
- Drugs that shorten the duration of the common cold
- Special packaging (Packaging of prescription medications is limited to Kaiser Permanente standard packaging)
- Drugs which are available over the counter and prescriptions for which drug strength may be realized by the over the counter product (Exception: those items listed in the Schedule of Benefits and the Preventive Exams and Services section below)
- Drugs or devices for which there is an over the counter equivalent
- Drugs used in the fertility treatment
- Drugs used in the treatment of Sexual Dysfunction

Preventive Exams and Services

Preventive care refers to measures taken to prevent diseases rather than curing them or treating their symptoms. Preventive care:

1. protects against disease such as in the use of immunizations;
2. promotes health, such as counseling on healthy lifestyles; and
3. detects disease in its earliest stages before noticeable symptoms develop such as screening for breast cancer.

The following preventive services are covered as required by the Patient Protection Affordable Care Act (PPACA) and are not subject to Copayments or Coinsurance. Consult with your physician to determine what preventive services are appropriate for you.

Preventive services may change according to federal guidelines and your benefits will be updated to include these changes as they are made throughout the Plan year. You will be notified at least sixty (60) days in advance, if any item or service is removed from the list of covered services.

For a complete list of current preventive services required under the Patient Protection Affordable Care Act for which cost share does not apply, please call: the customer service number on the back of your ID card or visit: www.healthcare.gov/center/regulations/prevention.html.

- Recommendations in effect for less than one year may not be applicable to your plan.

- Preventive Services will be applied based on the member’s medical status regardless of stated gender.

*KPIC complies with applicable federal civil rights laws and does not discriminate based on race, color, national origin, age, disability or sex. Age, Sex and Frequency guidelines will be determined by KP providers.
Preventive Services for adults
Age-appropriate preventive medical examination
Discussion with Primary Care Provider regarding alcohol misuse
Discussion with Primary Care Provider regarding obesity and weight management
Abdominal aortic aneurysm—one-time screening by ultrasonography in men age 65 to 75 who have ever smoked *
Blood pressure screening for all adults.
Cholesterol screening for adults at higher risk of cardiovascular disease
Colon cancer screening for adults age 50 to 75, includes anesthesia and bowel preparation medications or supplies necessary for procedure.
FIT-DNA test for colorectal cancer screening
Prostate cancer screening in men age 50 to 75 *
Depression screening for adults
Type 2 diabetes screening for adults with high blood pressure
Hepatitis C virus screening for persons at high risk of infection and one-time screening for adults born between 1945 and 1965 *
Discussion with Primary Care Provider regarding aspirin for adults at higher risk of cardiovascular disease
Discussion with Primary Care Provider regarding diet counseling for adults at higher risk for chronic disease
Latent Tuberculosis Infection Screening
Immunizations for adults (doses, recommended ages, and recommended populations vary):
Hepatitis A
Hepatitis B
Herpes zoster
Human papillomavirus
Influenza
Measles, mumps, rubella
Meningococcal
Pneumococcal
Tetanus, diphtheria, pertussis
Varicella
Screening for all adults at higher risk for sexually transmitted infections and counseling for prevention of sexually transmitted infections, including:
HIV
Gonorrhea
Syphilis
Chlamydia
Discussion with Primary Care Provider regarding tobacco cessation
Physical therapy to prevent falls in community-dwelling adults age 65 and older who are at increased risk of falling *
Over-the-counter drugs when prescribed by a physician for preventive purposes, including:
Aspirin to reduce the risk of heart attack or preeclampsia in pregnant women *
Aspirin to prevent cardiovascular disease and colorectal cancer

Oral fluoride for children to reduce the risk of tooth decay
Folic acid for women to reduce the risk of birth defects
Iron supplements for children to reduce the risk of anemia
Female contraceptives that are approved by the Food and Drug Administration (FDA) and are generally available over the counter
Vitamin D supplements for adults to prevent falls
Lung cancer counseling and screening including CT scan of the thorax when ordered for smokers age 55 to 80 years of age
Screening for hepatitis B virus infection in adults and adolescents at high risk for infection
Statins in adults age 40 to 75
Syphilis Infection Screening in Nonpregnant adults and adolescents
Screening and Counseling for Interpersonal and Domestic violence
Preventive Services for women, including pregnant women *
Age-appropriate preventive medical examination
Discussion with Primary Care Provider regarding chemoprevention in women at higher risk for breast cancer
Discussion with Primary Care Provider regarding inherited susceptibility to breast and/or ovarian cancer
Mammography screening for breast cancer for women age 40 to 74 *
Mammography screening for breast cancer in other age groups
Anti-Breast Cancer Drug
Cervical cancer screening in women age 21 to 65 *
Diabetes Mellitus screening for women after pregnancy
Urinary incontinence screening
Osteoporosis screening for women age 65 or older and women at higher risk *
Discussion with Primary Care Provider regarding tobacco cessation
Chlamydia infection screening for sexually active women (and men) at higher risk
Gonorrhea screening for all women at higher risk
Syphilis screening for all pregnant women and other women at higher risk
Anemia screening for pregnant women
Urinary tract or other infection screening for pregnant women
Hepatitis B screening for pregnant women at their first prenatal visit
Discussion with Primary Care Provider about folic acid supplements for women who may become pregnant
Rh incompatibility screening for pregnant women and follow-up testing for women at higher risk
Routine prenatal care visits
Discussion with Primary Care Provider regarding preconception care
Discussion with Primary Care Provider about interventions to promote and support breastfeeding and comprehensive lactation support and counseling
Provision of breastfeeding equipment
Gestational diabetes screening for pregnant women between 24 and 28 weeks of gestation and for pregnant women identified to be at high risk for diabetes
Discussion with Primary Care Provider about interpersonal and domestic violence
Female sterilizations includes anesthesia
Prescribed, FDA-approved, contraceptive devices and contraceptive drugs: discussion with Primary Care Provider about contraceptive methods and contraceptive device removal
Over-the-counter folic acid for women to reduce the risk of birth defects when prescribed by a physician for preventive services

For women who have family members with breast, ovarian, tubal, or peritoneal cancer, screening for family history that may be associated with an increased risk for potentially harmful mutations in breast cancer susceptibility genes (BRCA1 or BRCA2)
Genetic counseling for women with positive screening results
BRCA genetic testing when clinically indicated after genetic counseling.
Breast Cancer Chemoprevention - Consultation and medications prescribed for risk reduction of primary breast cancer in high-risk women over 35 years of age *
Preventive Services for children
Age-appropriate preventive medical examination
Medical history for all children throughout development
Height, weight, and body mass index measurements for children
Behavioral assessments for children of all ages by Primary Care Provider
Developmental screening for children under 3 years and surveillance throughout childhood by Primary Care Provider
Discussion with Primary Care Provider regarding alcohol and drug use assessments for adolescents
Autism screening for children at age 18 months and 24 months by Primary Care Provider *
Cervical dysplasia screening for sexually active females *
Congenital hypothyroidism screening for newborns
Phenylketonuria (PKU) screening in newborns
Dyslipidemia screening for children at higher risk of lipid disorders
Oral health risk assessment for young children by Primary Care Provider
Lead screening for children at risk of exposure
Discussion with Primary Care Provider regarding obesity screening and counseling
Gonorrhea prevention medication for the eyes of all newborns
Hearing screening for all newborns
Vision screening for all children
Hematocrit or hemoglobin screening for children
Hemoglobinopathies or sickle cell screening for newborns
Tuberculin testing for children at higher risk of tuberculosis
HIV screening
Sexually transmitted infection (STI) prevention counseling
Discussion with Primary Care Provider regarding fluoride supplements for children who have no fluoride in their water source
Application of fluoride varnish to the primary teeth of all infants and children starting at the age of primary tooth eruption through age 5 years *
Discussion with Primary Care Provider regarding iron supplements for children age 6 months to 12 months who are at risk for anemia *
Over-the-counter drugs when prescribed by a physician for preventive purposes:
Iron supplements for children to reduce the risk of anemia
Oral fluoride for children to reduce the risk of tooth decay
Immunizations for children from birth to 18 years (doses, recommended ages, and recommended populations vary):
Diphtheria, tetanus, pertussis
Haemophilus influenzae type B
Hepatitis A
Hepatitis B
Human papillomavirus
Inactivated poliovirus

Influenza
Measles, mumps, rubella
Meningococcal
Pneumococcal
Rotavirus
State- or region-mandated services (Colorado)
Breast cancer screenings for all at-risk individuals regardless of age
Colorectal cancer screenings for all at-risk individuals regardless of age
Additional information about preventive Services
Preventive and other Services provided during the same visit
There are some additional things to keep in mind about coverage for mandated preventive Services that are provided along with other Services during the same visit. The following Cost Share rules apply when a mandated preventive Service is provided during an office visit: If the preventive Service is billed separately (or is tracked as individual encounter data separately) from the office visit, then cost sharing may apply to the office visit. If the preventive Service is not billed separately (or is not tracked as individual encounter data separately) from the office visit, then:
<ul style="list-style-type: none"> • If the primary purpose of the office visit is the delivery of the preventive service, then no cost sharing may apply to the office visit. • If the primary purpose of the office visit is not the delivery of the preventive service, then cost sharing may apply to the office visit.
Note: The Preventive List is subject to changes based on new Federal recommendations (and clinical interpretations) issued after the date of this document

Exclusions for Preventive Care

- Personal and convenience supplies associated with breast-feeding equipment such as pads, bottles, and carrier cases
- Upgrades of breast-feeding equipment, unless determined to be medically necessary and prescribed by your physician.
- Physical therapy services administered under the home health or hospice benefit, or in a hospital or skilled nursing facility. Passive modalities and/or treatment services associated with physical therapy (e.g. electrical stimulation)
- Travel immunizations.

Note: The following Services are not included under the Preventive Exams and Services benefit but may be Covered Services elsewhere in this Benefits Booklet:

- Lab, Imaging and other ancillary services associated with prenatal care not inclusive to routine prenatal care
- Non-routine prenatal care visits
- Non-preventive services performed in conjunction with a sterilization
- Lab, Imaging, and other ancillary services associated with sterilizations
- Treatment for complications that arise after a sterilization procedure

Reconstructive Surgery

Coverage is provided for inpatient and outpatient reconstructive Services that:

- Will result in significant improvement in physical function for conditions because of injuries illness, congenital defects or Medically Necessary surgery.
- Will correct significant disfigurement resulting from an injury, illness or congenital defects or Medically Necessary surgery.
- Following Medically Necessary removal of all or part of a breast, reconstruction of the breast as well as surgery and reconstruction of the other breast to produce a symmetrical appearance is covered.
- Correction of congenital hemangioma (known as port wine stain) is limited to hemangiomas of the face and neck for children aged 18 years and younger.

Exclusions:

- Plastic surgery or other cosmetic Services and supplies intended primarily to change your appearance, including cosmetic surgery related to bariatric surgery.

Rehabilitative and Habilitative Services (Including Early Intervention Services for Developmental Delays)

Rehabilitation is a treatment or treatments designed to facilitate the process of recovery from injury, illness, or disease to as normal a condition as possible. Habilitative services are therapeutic services that are provided to children with congenital conditions (present from birth), and developmental delays to enhance the child's ability to function and advance. Habilitative services are like rehabilitative services that are provided to adults or children who acquire a condition later in life. Rehabilitative services are geared toward reacquiring a skill that has been lost or impaired, while habilitative services are provided to help acquire a skill in the first place, such as walking or talking. Habilitative services include, but are not limited to, physical therapy, occupational therapy and speech therapy for the treatment of a child with a congenital or genetic birth defect or developmental delays.

The following rehabilitative and Habilitative Services are covered as described in the "Benefits and Cost Sharing" section:

- Inpatient and Outpatient Multidisciplinary Rehabilitation in an approved organized multidisciplinary program or facility;
- Outpatient Physical, Occupational, and Speech Therapy (not billed by a Home Health Agency);
- Outpatient Cardiac Rehabilitation; or
- Outpatient Pulmonary Rehabilitation.

Exclusions:

- Maintenance therapy; or treatment when the Participant has no restorative potential;
- Treatment for congenital learning or neurological disability/disorder;
- Treatment is for communication training, educational training or vocational training;
- Therapy primarily indicated for vocational training or re-training purposes, including sports physical therapy;
- Speech therapy that is not Medically Necessary, such as:
 - Therapy for educational placement or other educational purposes;
 - Training or therapy to improve articulation in the absence of injury, illness or medical condition affecting articulation; or
 - Therapy for tongue thrust in the absence of swallowing problems.

Therapies for Congenital Defects and Birth Abnormalities

After the first 31 days of life, the limitations and exclusions applicable to this EOC apply, except that Medically Necessary physical, occupational, and speech therapy for the care and treatment of congenital defects and birth abnormalities for covered children from age three (3) to age six (6) shall be provided. The benefit level shall be the greater of the number of such visits provided under this health benefit plan or 20 therapy visits per Accumulation Period for each physical, occupational, and speech therapy. Such visits shall be distributed as Medically Necessary throughout the Accumulation Period without regard to whether the condition is acute or chronic and without regard to whether the purpose of the therapy is to maintain or improve functional capacity. See the "Summary of Benefits."

Note 1: This benefit is also available for eligible children under the age of three (3) who are not participating in Early Intervention Services.

Note 2: The visit limit for therapy to treat congenital defects and birth abnormalities is not applicable if such therapy is Medically Necessary to treat autism spectrum disorders.

Early Childhood Intervention Services

Covered children, from birth up to age three (3), who have significant delays in development or have a diagnosed physical or mental condition that has a high probability of resulting in significant delays in development are covered for Early Intervention Services (EIS) up to the maximum amount permitted by State law. EIS are not subject to any Copayments or Coinsurance; or to any plan year Out-of-Pocket Maximum or Lifetime Maximum.

Note: You may be billed as a non-Participant for any EIS received after the maximum amount permitted is satisfied.

This Service is in addition to the Autism Service as stated in this Benefits Booklet.

Limitations:

The maximum amount of coverage does not apply to:

- a. Rehabilitation or therapeutic Services that are necessary as a result of an acute medical condition; or
- b. Services provided to a child that is not participating in the Early Intervention program for infants and toddlers under Part C of the federal "Individuals with Disabilities Education Act".

Early Childhood Intervention Services Exclusions:

- Respite care;
- Non-emergency medical transportation;
- Service coordination;
- Assistive technology, not to include durable medical equipment that is otherwise covered under the Plan;
- Services that are not provided pursuant to an Individualized Family Service Plan developed pursuant to 20 U.S.C. Sec. 1436 and 34 C.F.R. 303.340, as amended; and
- Services that are not provided pursuant to Services that are not provided pursuant to C.R.S. § 10-16-104 (1.3)(a)(II).

Early Intervention Services Provided Through CCB

A. Definition

1. In 2007, Colorado Senate Bill 004 was passed which mandates insurers to provide coverage for Early Intervention Services (EIS) for qualifying children up to an annually adjusted maximum.
2. Examples of EIS are: occupational, speech and physical therapy which are documented in an Individualized Family Service Plan (IFSP) and developed by a Community Centered Board (CCB) or another entity designated by the State as an EIS broker.
3. In addition, EIS may incorporate other services such as social services, educational services and nutritional services as determined by the CCB.
4. Coverage is for children from birth up to their third birthday, who have significant delays in development or have a diagnosed physical or mental condition that has a high probability of resulting in significant delays in development.

B. Coverage

1. EIS is not subject to any Copayments, Coinsurance, Deductibles or Out-of-Pocket Maximums.
2. Members are liable for any EIS received after the maximum amount permitted by State law is satisfied.
3. If a member's need for therapy meets the language in their contract (subject to significant improvement through relatively short-term therapy) then the member is entitled to their contractual benefit in addition to any EIS or state mandated services

C. Operational Process

1. Parents must contact a CCB. An IFSP will be developed by a team of people including health care providers and parents that will document a child's eligibility for the services he or she needs.
2. The CCB must provide the IFSP to the Kaiser Permanente IFSP Coordinator so payment can be issued to the State.
3. To locate a CCB, parents can call the Colorado Department of Human Services at 303-866-5700 or access their web site.

D. Limitations

The maximum amount of coverage permitted by State law does not apply to:

1. Rehabilitation or therapeutic Services that are necessary as a result of an acute medical condition; or
2. Services provided to a child that is not participating in the Early Intervention program for infants and toddlers under Part C of the federal "Individuals with Disabilities Act"; or
3. Services that are not provided in an Individualized Family Service Plan developed pursuant to 20 U.S.C. Sec. 1436 and 34 C.F.R. 303.340, as amended (although standard benefit limitations do apply).

E. Exclusions

EIS does not cover the following:

1. Non-emergency transport
2. Respite care
3. Service coordination (as defined by State and Federal law)
4. Assistive technology (except for durable medical equipment otherwise covered under the member's Evidence of Coverage)

The Following Additional Habilitative Services are Covered

Treatment for Pervasive Developmental Disorders

Covered Services for pervasive developmental disorder or autism include:

- Medically Necessary Inpatient, Skilled Nursing Home and Outpatient care;
- Behavioral health treatment;
- Applied behavior analysis and evidence-based behavior intervention programs that develops or restores, to the maximum extent practicable, the functioning of a person with pervasive developmental disorder or autism and that meet all the following criteria:
 - The treatment is referred by KPIC and administered by a Network Provider. Reminder certain services require preauthorization:

Required Prior-Authorization List

- All inpatient and outpatient facility services (excluding emergencies);
 - Office based habilitative / rehabilitative care: ABA, Occupational; Speech, and Physical therapies;
 - All services provided outside a KP facility;
 - All services provided by non-network providers; and
 - Drugs and Durable Medical Equipment not contained on the KP formulary.
- The treatment plan has measurable goals over a specific timeline that is developed and approved by the Network Qualified Autism Service Provider;
 - The treatment plan is reviewed no less than once every six months by the Qualified Autism Service Provider and modified whenever appropriate and the treatment plan includes:
 - the behavioral health impairments to be treated;
 - an intervention plan that includes the service type, number of hours, and parent participation needed to achieve the plan's goal and objectives, and the frequency at which the progress is evaluated and reported;
 - utilizes evidence-based practices, with demonstrated clinical efficacy in treating pervasive developmental disorder or autism; and
 - discontinues intensive behavioral intervention Services when the treatment goals and objectives are achieved or no longer appropriate.
 - The treatment plan is not used for either of the following:

- for purposes of providing (or for the reimbursement of) respite care, day care, or educational services; or
- to reimburse a parent for participating in the treatment program.

Exclusions:

- Services not identified in an approved treatment plan;
- Teaching manners and etiquette;
- Teaching and support services to develop planning skills such as daily activity planning and project or task planning;
- Items and services for the purpose of increasing academic knowledge or skills;
- Teaching and support services to increase intelligence;
- Academic coaching or tutoring for skills such as grammar, math, and time management;
- Teaching you how to read, if you have dyslexia;
- Educational testing;
- Teaching skills for employment or vocational purposes;
- Professional growth courses; and
- Training for a specific job or employment counseling.

Skilled Nursing Facility Services

Skilled inpatient Services and supplies must be Services customarily provided by a Skilled Nursing Facility and must be above the level of custodial or intermediate care. The following Services and supplies are covered:

- Network Physician and nursing Services.
- Room and board.
- Medical social Services.
- Prescribed drugs.
- Respiratory therapy.
- Physical, occupational, and speech therapy.
- Medical equipment ordinarily furnished by the Skilled Nursing Facility.
- Medical supplies.
- Imaging and laboratory Services ordinarily provided by SNFs.
- Blood, blood products and their administration.

Exclusion:

- Custodial Care, as defined in the “Exclusions” subsection of the “Exclusions and Limitations” section below.

Substance Use Disorder Services

Inpatient

Hospitalization (including Residential Treatment) is covered for medical management of withdrawal symptoms, including room and board, Network Physician Services, drugs that require administration or observation by medical personnel, dependency recovery Services, and counseling. Substance Use Disorder Rehabilitation Services in a licensed residential treatment Network Facility are also covered.

Outpatient

The following Services for treatment of Substance Use Disorders are covered:

- Partial hospitalization, sometimes known as day-night treatment programs;
- Intensive outpatient programs;
- Individual and group counseling visits; and
- Visits for medical treatment for withdrawal symptoms.

Transplant Services

Inpatient and outpatient Services for transplants of organs or tissues are covered – *for example*:

- Bone Marrow transplant/stem cell rescue
- Cornea
- Heart
- Heart & lung
- Liver
- Lung
- Kidney; Simultaneous kidney & pancreas
- Pancreas; Pancreas after kidney alone
- Small bowel; Small bowel & liver

The Services are covered if:

- KPIC has determined that you meet certain medical criteria for patients needing transplants; and
- KPIC provides a written referral to an approved transplant facility. The facility may be located outside the Service Area. Transplants are covered only at a facility approved by KPIC, even if another facility within the Service Area could perform the transplant.

Covered Services include:

- Reasonable transportation and lodging expenses outside of the Service Area when approved in advance by Kaiser Permanente. Coverage will include the transplant recipient plus, one parent or guardian if the transplant recipient is a minor or one other person if the transplant recipient is an adult.
- Reasonable medical and hospital expenses of an organ/tissue donor which are directly related to a covered transplant are covered only if such expenses are incurred for Services within the United States or Canada. Coverage of expenses for these Services is subject to Living Donor Guidelines on KP.org.

Exclusions:

- Kaiser Permanente does not assume responsibility for providing or assuring the availability of a donor or donor tissue/organs.
- Organ/tissue transplants which are experimental or investigational are not covered.

Urgent Care Services

Urgent Care Services are sometimes referred to as afterhours care.

In the Service Area

Urgent Care Services are covered and may be provided in your doctor's office after office hours or a Network urgent care facility. If you think you may need urgent care, call the advice nurse telephone number for help. (See the "Customer Service Phone Numbers" section or kp.org). Note: Urgent Care received in a Kaiser Permanente Service Area from a Non-Network provider or emergency department is not covered.

Exclusions:

- Except as noted below, Urgent Care Services from Non-Network Providers are not covered.

Outside of the Service Area

Urgent Care Services are also covered when you are temporarily away from the Service Area. Urgent Care Services are covered when they are Medically Necessary, and it is not reasonable given the circumstances to obtain the Service through Network Providers. See the "Emergency, Post-Stabilization, and Out-of-Area Urgent Care You Receive from Non-Network Providers" section for more information. Note you may be required to pay the bill in full and submit a claim for reimbursement.

Outside a Kaiser Permanente State.

You may seek network urgent care at CVS Minute Clinics in states or where Kaiser Permanente is located (CA, CO, GA, MD, OR, VA, WA and DC). As a network provider, Minute Clinic will request only your cost share for urgent care services.

Vision Exams (routine)

Routine eye exams (eye refractions) provided by Network optometrists or ophthalmologists to determine the need for vision correction and to provide a prescription for eyeglasses or contact lenses are covered.

Exclusions:

- Corrective lenses, eyeglasses, frames, and contact lenses (including the fitting of contact lenses) except as notated in vision hardware, are not covered except that this exclusion does not apply to Services covered under “Durable Medical Equipment (DME), External Prosthetics and Orthotics” in the “Benefits and Cost Sharing” section
- All Services related to eye surgery for correcting refractive defects such as nearsightedness, farsightedness or astigmatism (for example, radial keratotomy and photo-refractive keratectomy)
- Orthoptic therapy, a technique of eye exercises designed to correct the visual axes of eyes not properly coordinated for binocular vision
- Visual training
- Low vision aids and Services

GENERAL EXCLUSIONS AND LIMITATIONS

General Exclusions

The Services listed below are excluded from coverage. These exclusions apply to all Services that would otherwise be covered under this Plan. Additional exclusions that apply only to a particular Service are listed in the description of that Service in the “Benefits and Cost Sharing” section.

<p>Alternative Medical Services. Naturopathy Services, Massage therapy.</p>
<p>Certain Exams and Services. Physical examinations and other Services, and related reports and paperwork, about third-party requests or requirements, such as those for: Employment; Participation in employee programs; Insurance; Disability; Licensing; Or on court order or for parole or probation.</p>
<p>Cosmetic Services. Services that are intended: primarily to change or maintain your appearance; and that will not result in major improvement in physical function. This includes cosmetic surgery related to bariatric surgery. Exception: Services covered under the “Reconstructive Surgery” section of the Summary Plan Description.</p>
<p>Custodial Care. Assistance with activities of daily living or care that can be performed safely and effectively by people who, to provide the care, do not require medical licenses or certificates or the presence of a supervising licensed nurse. Assistance with activities of daily living include: walking; getting in and out of bed; bathing; dressing; feeding; toileting; and taking medicine.</p>
<p>Dental Services. Dental Services and dental X-rays, including dental Services following injury to teeth; dental appliances; implants; orthodontia; TMJ; and dental Services as a result of and following medical treatment such as radiation treatment. This exclusion does not apply to: (a) Medically Necessary Services for the treatment of cleft lip or cleft palate when prescribed by a Network Provider, unless the Participant is covered for these Services under a dental insurance policy or contract, or (b) hospitalization and general anesthesia for dental Services, prescribed or directed by a Network Provider for Dependent children who: (i) have a physical, mental, or medically compromising condition; or (ii) have dental needs for which local anesthesia is ineffective because of acute infection, anatomic variations, or allergy; or (iii) are extremely uncooperative, unmanageable, anxious, or uncommunicative with dental needs deemed sufficiently important that dental care cannot be deferred; or (iv) have sustained extensive orofacial and dental trauma and, unless otherwise specified herein, (a) and (b) received at a Plan Hospital, Plan Facility or Skilled Nursing Facility.</p> <p>The following Services for TMJ may be covered if a Network Provider determines they are Medically Necessary: diagnostic X-rays, laboratory testing, physical therapy and surgery.</p>
<p>Directed blood donations.</p>
<p>Disposable supplies for home use such as: a. Bandages; b. Gauze; c. Tape; d. Antiseptics; e. Dressings; f. Ace-type bandages; and g. Any other supplies, dressings, appliances or devices not specifically listed as covered.</p>

Drugs, Supplies and Supplements Exclusions:

- a. Drugs for which a prescription is not required by law.
- b. Disposable supplies for home use such as bandages, gauze, tape, antiseptics, dressing and ace-type bandages.
- c. Drugs or injections for treatment of sexual dysfunction
- d. Any packaging except the dispensing pharmacy's standard packaging.
- e. Replacement of prescription drugs for any reason. This includes spilled, lost, damaged or stolen prescriptions.
- f. Drugs or injections for the treatment of infertility
- g. Drugs to shorten the length of the common cold.
- h. Drugs to enhance athletic performance.
- i. Drugs for the treatment of weight control.
- j. Drugs available over the counter except where noted in your Schedule of Benefits and by prescription for the same strength
- k. Unless approved by the Plan, drugs:
 - i. Not approved by the FDA; and
 - ii. Not in general use as of March 1 of the year prior to your effective date or last renewal.
- l. Non-preferred drugs, except those prescribed and authorized through the non-preferred drug process. (Denver/Boulder Members only).
- m. Prescription drugs necessary for Services excluded under the Plan.

Elective Abortions.

Excluded Providers: Services, supplies, equipment or prescriptions provided by OIG (Office of the Inspector General) excluded providers.

Employer or Government Responsibility. Financial responsibility for Services that an Employer or government agency is required by law to provide.

Experimental or Investigational Services. (Exception: KP Approved and Referred)

- a. A Service is experimental or investigational for a Participant's condition if any of the following statements apply at the time the Service is or will be provided to the Participant. The Service:
 - i has not been approved or granted by the U.S. Food and Drug Administration (FDA); or
 - ii. is the subject of a current new drug or new device application on file with the FDA; or
 - iii. is provided as part of a Phase I or Phase II clinical trial, as the experimental or research arm of a Phase III clinical trial or in any other manner that is intended to determine the safety, toxicity or efficacy of the Service; or
 - iv. is provided pursuant to a written protocol or other document that lists an evaluation of the Service's safety, toxicity or efficacy as among its objectives; or
 - v. is subject to the approval or review of an Institutional Review Board (IRB) or other body that approves or reviews research on the safety, toxicity or efficacy of Services; or
 - vi. the Service has not been recommended for coverage by the Regional New Technology and Benefit Interpretation Committee, the Interregional New Technology Committee or the Medical Technology Assessment Unit based on analysis of clinical studies and literature for safety and appropriateness, unless otherwise covered by the Plan; or,
 - vii. is provided pursuant to informed consent documents that describe the Service as experimental or investigational or in other terms that indicate that the Service is being looked at for its safety, toxicity or efficacy; or
 - viii. is part of a prevailing opinion among experts as expressed in the published authoritative medical or scientific literature that (A) use of the Service should be substantially confined to research settings or (B) further research is needed to determine the safety, toxicity or efficacy of the Service.

<p>b. In determining whether a Service is experimental or investigational, the following sources of information will be solely relied upon:</p> <ul style="list-style-type: none"> i. The Participant's medical records; and ii. The written protocol(s) or other document(s) under which the Service has been or will be provided; and iii. Any consent document(s) the Participant or the Participant's representative has executed or will be asked to execute to receive the Service; and iv. The files and records of the IRB or similar body that approves or reviews research at the institution where the Service has been or will be provided, and other information concerning the authority or actions of the IRB or similar body; and v. The published authoritative medical or scientific literature on the Service as applied to the Participant's illness or injury; and vi. Regulations, records, applications and other documents or actions issued by, filed with, or taken by the FDA, or other agencies within the U.S. Department of Health and Human Services, or any state agency performing similar functions. <p>c. If two (2) or more Services are part of the same plan of treatment or diagnosis, all of the Services are excluded if one of the Services is experimental or investigational.</p> <p>d. The Plan consults Kaiser Permanente and then uses the criteria described above to decide if a particular Service is experimental or investigational.</p>
<p>Genetic Testing. Genetic testing unless determined to be Medically Necessary and meets criteria established by Medical Group.</p>
<p>Fertility Services: In vitro fertilization (IVF), gamete intrafallopian transfer (GIFT), zygote intrafallopian transfer (ZIFT) and variations of these procedures; reversal of male and female voluntary sterilization; fertility services when the infertility is caused by or related to voluntary sterilization; donor semen or eggs, and Services related to their procurement and storage, including cryopreservation; and any experimental, investigational or unproven fertility procedures or therapies.</p>
<p>Intermediate Care. Care in an intermediate care facility.</p>
<p>Routine Foot Care Services. Routine foot care Services that are not Medically Necessary.</p>
<p>Services for Members in the Custody of Law Enforcement Officers. Non-Network Provider Services provided or arranged by criminal justice institutions for Participants in the custody of law enforcement officers, unless the Services are covered as out-of-Plan Emergency Services or out-of-Plan non-emergency, non-routine care.</p>
<p>Services Not Available in our Service Area. Services not generally and customarily available in our Service Area except when it is a generally accepted medical practice in our Service Area to refer patients outside our Service Area for the Service.</p>
<p>Services Related to a Non-Covered Service. When a Service is not covered, all Services related to the non-Covered Service are excluded. This does not include Services the Plan would otherwise cover to treat complications as a result of the non-Covered Service.</p>
<p>Third Generation Dependents. Services related to third generation dependents, unless enrolled as a dependent.</p>
<p>Transgender Surgery:</p> <ul style="list-style-type: none"> a. Non-Genital Surgery - Male to Female rhinoplasty, lipoplasty of the waist, facial bone reduction, face lifts, blepharoplasty, voice modification surgery or Female to Male (liposuction and cosmetic chest reconstruction) b. Non-Genital Surgery - Female to Male (liposuction to reduce fat in hips, thighs and buttocks; cosmetic chest reduction) c. Cosmetic Surgery - Male to Female or Female to Male d. Electrolysis or laser hair removal, except for facial hair removal or when used to prepare the perineum for SRS (Sexual Reassignment Surgery) and pharmaceuticals such as Vaniqa e. Voice therapy lessons f. Sperm procurement and storage in anticipation of future infertility, Gamete preservation and storage in anticipation of future infertility, Cryopreservation of fertilized embryos in anticipation of future infertility g. Surgery or other Services that are intended primarily to change or maintain your appearance, voice or other characteristics. h. Referrals outside US

Travel and Lodging Expenses. Travel and lodging expenses are excluded. The Plan may pay certain expenses we preauthorize in accord with our internal travel and lodging guidelines in some situations, when Kaiser Permanente or a Network Provider refers you to a non-Network Provider outside our Service Area for transplant Services. Travel and lodging expenses are not covered for Participants who are referred to a non-Network Facility for non-transplant medical care. For information specific to your situation, please call your assigned Transplant Coordinator; or the Transplant Administrative Offices.

Unclassified Medical Technology Devices and Services. Medical technology devices and Services which have not been classified as durable medical equipment or laboratory by a National Coverage Determination (NCD) issued by the Centers for Medicare & Medicaid Services (CMS), unless otherwise covered by the Plan.

Vision Services

- a. Eyeglass lenses and frames
- b. Cosmetic or specialty options such as tints, trifocals, mirror coating, polarization and progressive lenses
- c. Contact lenses
- d. Daily contact lenses
- e. Professional exams for fittings and dispensing of contact lenses except when Medically Necessary as described above
- f. All services related to eye surgery for the purpose of correcting refractive defects such as myopia, hyperopia or astigmatism (for example, radial keratotomy, photo-refractive keratectomy and similar procedures)
- g. Orthoptic (eye training) therapy

Weight Management Facilities. Services received in a weight management facility.

Workers' Compensation or Employer's Liability. Financial responsibility for Services for any illness, injury, or condition, to the extent a payment or any other benefit, including any amount received as a settlement (collectively referred to as "Financial Benefit"), is provided under any workers' compensation or Employer's liability law. The Plan will provide Services even if it is unclear whether you are entitled to a Financial Benefit, but the Plan may recover Charges for any such Services from the following sources:

- a. Any source providing a Financial Benefit or from whom a Financial Benefit is due.
- b. You, to the extent that a Financial Benefit is provided or payable or would have been provided or payable or would have been required to be provided or payable if you had diligently sought to establish your rights to the Financial Benefit under any workers' compensation or Employer's liability law.

General Limitations

Network Providers will try to provide or arrange for the provision of Covered Services in the event of unusual circumstances that delay or render impractical the provision of Services, such as major disaster, epidemic, war, riot, civil insurrection, disability of a large share of personnel at a Network Provider's facility, complete or partial destruction of facilities, or labor disputes. Neither the Plan, KPIC, nor any Network Providers shall have any liability for delaying or failing to provide Services in the event of this type of unusual circumstance.

Coordination of Benefits

This "Coordination of Benefits" (COB) section describes how payment of claims for Services under the Plan will be coordinated with those of any other plan under which you are entitled to have claims for Services paid.

When Coordination of Benefits Applies

This "Coordination of Benefits" section applies when a Participant or a Dependent has health care coverage under more than one benefit plan under which claims for Services are to be paid.

The order of benefit determination rules described in this "Coordination of Benefits" section govern the order in which each Coverage Plan will pay as the Primary Coverage Plan. The Primary Coverage Plan, the one that must pay first, pays in accordance with its terms without regard to the possibility that another Coverage Plan may cover some expenses. A Secondary Coverage Plan pays after the Primary Coverage Plan and may reduce the payments it makes so that payments from all plans do not exceed 100% of the total Allowable Expenses.

Definitions

For purposes of this "Coordination of Benefits" section only, terms are defined as follows:

"Coverage Plan" is any of the following that provides payment or Services for medical or dental care or treatment. If separate contracts are used to provide coordinated coverage for members of a group, the separate contracts are considered parts of the same Coverage Plan and there is no COB among those separate contracts.

- Coverage Plan includes: group and non-group insurance, health maintenance organization (HMO) contracts, closed panel or other forms of group or group type coverage (whether insured or uninsured); medical care components of long term care contracts, such as skilled nursing care; medical benefits under group or individual automobile contracts; and Medicare or any other federal governmental plan, as permitted by law.
- Coverage Plan does not include: hospital indemnity coverage or other fixed indemnity coverage; accident only coverage; specified disease or specified accident coverage; limited health benefit coverage, as defined by state law; school accident type coverage; benefits for non-medical components of group long-term care policies; Medicare supplement policies, Medicaid policies, and coverage under other federal governmental plans, unless permitted by law.

Each contract for coverage is a separate Coverage Plan. If a Coverage Plan has two parts and COB rules apply only to one of the two, each of the parts is treated as a separate Coverage Plan.

"This Coverage Plan" means the part of the contract providing the health care benefits to which the COB provision applies, and which may be reduced because of the benefits of other plans. Any other part of the contract providing health care benefits is separate from This Coverage Plan. A contract may apply one COB provision to certain benefits, such as dental benefits, coordinating only with similar benefits, and may apply another COB provision to coordinate other benefits.

"Primary Coverage Plan" or **"Secondary Coverage Plan."** Order of benefit determination rules determine whether This Coverage Plan is a Primary Coverage Plan or Secondary Coverage Plan when compared to another

Coverage Plan covering the person. When This Coverage Plan is primary, it determines payment of claims for Services first before those of any other Coverage Plan and without considering any other Coverage Plan's benefits. When This Coverage Plan is secondary, it determines payment of claims for Services after those of another Coverage Plan and may reduce its payments so that all payments and benefits of all Coverage Plans do not exceed 100% of the total Allowable Expense.

"Allowable Expense" means a health care expense, including deductibles, Coinsurance, and Copayments, that is covered at least in part by any of the Coverage Plans covering the person. When a Coverage Plan provides benefits in the form of Services (for example an HMO), the reasonable cash value of each Service will be considered an Allowable Expense and a benefit paid. An expense or an expense for a Service that is not covered by any of the Coverage Plans is not an Allowable Expense. In addition, any expense that a provider by law or in accordance with a contractual agreement is prohibited from charging a covered person is not an Allowable Expense. The following are additional examples of expenses or Services that are not Allowable Expenses:

- If a covered person is confined in a private hospital room, the difference between the cost of a semi-private hospital room and the private room (unless the patient's stay in a private hospital room is medically necessary in terms of generally accepted medical practice, or one of the Coverage Plans routinely provides coverage for hospital private rooms) is not an Allowable Expense.
- If a person is covered by two or more Coverage Plans that compute their benefit payments based on usual and customary fees or relative value schedule reimbursement methodology or other similar reimbursement methodology, any amount more than the highest of the usual and customary fees (or other reimbursement amount) for a specific benefit is not an Allowable Expense.
- If a person is covered by two or more Coverage Plans that provide benefits or Services based on negotiated fees, an amount more than the highest of the negotiated fees is not an Allowable Expense.
- If a person is covered by one Coverage Plan that calculates its benefits or Services based on usual and customary fees and another Coverage Plan that provides its benefits or Services based on negotiated fees, the Primary Coverage Plan's payment arrangements shall be the Allowable Expense for all Coverage Plans. However, if the provider has contracted with the Secondary Coverage Plan to provide the benefit or Service for a payment arrangement and if the provider's contract permits, the negotiated fee or payment shall be the Allowable Expense used by the Secondary Coverage Plan to determine its benefits.
- The amount a benefit is reduced by the Primary Coverage Plan because a covered person does not comply with the Coverage Plan provisions is not an Allowable Expense. Examples of these provisions are second surgical

opinions, precertification of admissions, and preferred provider arrangements.

“Claim Determination Period” means a plan year.

"Closed Panel Plan" is a Coverage Plan that provides health care benefits to covered persons primarily in the form of Services through a panel of providers that have contracted with or are employed by the Coverage Plan, and that excludes coverage for Services provided by other providers, except in cases of emergency or referral by a panel member.

"Custodial Parent" means a parent awarded custody by a court decree. In the absence of a court decree, it is the parent with whom the child resides more than one half of the calendar year without regard to any temporary visitation.

Order of Benefit Determination Rules

When a person is covered by two or more Coverage Plans which pay benefits, the rules for determining the order of payment are as follows:

A. The Primary Coverage Plan pays or provides its benefits per its terms of coverage and without regard to the benefits of any other Coverage Plan(s).

B. A Coverage Plan that does not contain a coordination of benefits provision that is consistent with this provision is always primary unless the provisions of both Coverage Plans state that the complying plan is primary; provided, however, coverage that is obtained by virtue of membership in a group that is designed to supplement a part of a basic package of benefits may provide that the supplementary coverage shall be in excess to any other parts of the Coverage Plan provided by the contract holder. Examples of these types of situations are major medical coverages that are superimposed over base Coverage Plan hospital and surgical benefits, and insurance type coverages that are written about a closed panel Coverage Plan to provide non-network benefits.

C. A Coverage Plan may consider the benefits paid or provided by another Coverage Plan in determining its benefits only when it is secondary to that other Coverage Plan.

D. Each Coverage Plan determines its order of benefits using the first of the following rules that applies:

1. Non-Dependent or Dependent. The Coverage Plan that covers the person other than as a Dependent, for example as an employee, member, subscriber, or retiree, is primary and the Coverage Plan that covers the person as a Dependent is secondary. However, if the person is a Medicare beneficiary and, because of federal law, Medicare is secondary to the Coverage

Plan covering the person as a Dependent; and primary to the Coverage Plan covering the person as other than a Dependent (for example a retired employee), then the order of benefits between the two Coverage Plans is reversed so that the Coverage Plan covering the person as an employee, member, subscriber, or retiree is secondary and the other Coverage Plan is primary.

2. Dependent Child Covered Under More Than One Coverage Plan. Unless there is a court decree stating otherwise, when a dependent child is covered by more than one Coverage Plan, the order of benefits is determined as follows:

a. For a dependent child whose parents are married or are living together:

(i) The Coverage Plan of the parent whose birthday falls earlier in the calendar year is primary

(ii) If both parents have the same birthday, the Coverage Plan that has covered the parent the longest is primary.

b. For a dependent child whose parents are divorced or separated or are not living together:

(i) If a court decree states that one of the parents is responsible for the child's health care expenses or health care coverage and the Coverage Plan of that parent has actual knowledge of those terms, that Coverage Plan is primary. This rule applies to claim determination periods or plan years commencing after the Coverage Plan is given notice of the court decree.

(ii) If a court decree states that both parents are responsible for the dependent child's health care expenses or health care coverage, the provisions of subparagraph (a) above shall determine the order of benefits; or

(iii) If a court decree states that the parents have joint custody without specifying that one parent has responsibility for the health care expenses or health care coverage of the dependent child, the provisions of subparagraph (a) above shall determine the order of benefits; or

(iv) If there is no court decree allocating responsibility for the dependent child's health care expenses or health care coverage, the order of benefits for the dependent child are as follows:

- The Coverage Plan of the custodial parent
- The Coverage Plan of the spouse of the custodial parent
- The Coverage Plan of the non-custodial parent, and then
- The Coverage Plan of the spouse of the non-custodial parent

c. For a dependent child covered under more than one Coverage Plan of individuals who are the parents of the child, the provisions of subparagraph (a) or (b) above shall determine the order of benefits as if those individuals were the parents of the child.

3. Active or inactive (retired or laid-off) employee. The Coverage Plan that covers a person as an employee who is neither laid off nor retired is primary. The Coverage Plan covering that same person as a retired or laid-off employee is the Secondary Coverage Plan. The same would hold true if a person is a Dependent of an active employee and that same person is a dependent of a retiree or laid-off employee. If the other Coverage Plan does not have this rule, and thus, the Coverage Plans do not agree on the order of benefits, this rule is ignored. This rule does not apply if the rule labeled D (1) can determine the order of benefits.

4. Continuation coverage. If a person whose coverage is provided under a right of continuation provided by federal or state law is also covered under another Coverage Plan, the Coverage Plan covering the person as an employee, member, subscriber, or retiree (or as that person's Dependent) is primary, and the continuation coverage is secondary. If the other Coverage Plan does not have this rule, and thus, the Coverage Plans do not agree on the order of benefits, this rule is ignored. This rule does not apply if the rule labeled D (1) can determine the order of benefits.

5. Longer or shorter length of coverage. The Coverage Plan that covered the person as an employee, member, subscriber, or retiree longer is primary and the Coverage Plan that covered the person the shorter period is the Secondary Coverage Plan.

6. 6. If the preceding rules do not determine the Primary Coverage Plan, the Allowable Expenses shall be shared equally between the Coverage Plans meeting the definition of Coverage Plan under this “Coordination of Benefits” section. In addition, This Coverage Plan will not pay more than it would have paid had it been the Primary Coverage Plan.

Effect on the Benefits of this Plan

When This Coverage Plan is secondary, it may reduce its benefits so that the total amount of benefits paid or provided by all Coverage Plans are not more than the total Allowable Expenses. In determining the amount to be paid for any claim, the Secondary Coverage Plan will calculate the benefits it would have paid in the absence of other health care coverage and apply that calculated amount to any Allowable Expense under the Secondary Coverage Plan that is unpaid by the Primary Coverage Plan. The Secondary Coverage Plan may then reduce its payment by the amount so that when combined with the amount paid by the Primary Coverage Plan, the total benefits paid or provided by all Coverage Plans for the claim do not exceed the total Allowable Expense for that claim. In addition, the Secondary Coverage Plan shall credit to its plan deductible, if any, the amounts that it would have credited to its deductible in the absence of other health care coverage.

If a Covered Person is enrolled in two or more Closed Panel Plans and if, for any reason, including the provision of Service by a non-participating provider, benefits are not payable by one Closed Panel Plan; COB shall not apply between that Coverage Plan and other closed panel Coverage Plans.

This Coverage Plan complies with the Medicare Secondary Payer regulations. If a Covered Person is also receiving benefits under Medicare, including Medical Prescription Drug Coverage, federal law may require this Plan to be primary. When This Coverage Plan is not primary, the Plan will coordinate benefits with Medicare. This Coverage Plan reduces its Benefits as described below for covered persons who are eligible for Medicare when Medicare would be the Primary Coverage Plan.

When Medicare would be primary, Medicare benefits are determined as if the full amount that would have been payable under Medicare was paid under Medicare, even if:

- The person is eligible for, but not enrolled in, Medicare. Medicare Benefits are determined as if the person were covered under Medicare Parts A and B. To determine when Medicare is primary see the excerpt from <https://www.medicare.gov/Pubs/pdf/02179.pdf> below:

If you	Situation	Pays first	Pays second
Are covered by Medicare and Medicaid	Entitled to Medicare and Medicaid	Medicare	Medicaid, but only after other coverage (like employer group health plans) has paid
Are 65 or older and covered by a group health plan because you or your spouse is still working	Entitled to Medicare The employer has 20 or more employees	Group health plan	Medicare
	The employer has less than 20 employees*	Medicare	Group health plan
Have an employer group health plan through your own former employer after you retire and are 65 or older	Entitled to Medicare	Medicare	Retiree coverage
Are disabled and covered by a large group health plan from your work, or from a family member (like spouse, domestic partner, son, daughter or grandchild) who is working	Entitled to Medicare The employer has 100 or more employees	Large group health plan	Medicare
	The employer has less than 100 employees	Medicare	Group health plan
**Have End-Stage Renal Disease (ESRD) (permanent kidney failure requiring dialysis or a kidney transplant) and group health plan coverage (including a retirement plan)	First 30 months of eligibility or entitlement to Medicare	Group health plan	Medicare
	After 30 months of eligibility or entitlement to Medicare	Medicare	Group health plan
Have ESRD and COBRA coverage	First 30 months of eligibility or entitlement to Medicare on the basis of ESRD	COBRA	Medicare
	After 30 months	Medicare	COBRA

If you	Situation	Pays first	Pays second
Are 65 or over OR disabled and covered by Medicare and COBRA coverage	Entitled to Medicare	Medicare	COBRA
Have been in an accident where no-fault or liability insurance is involved	Entitled to Medicare	No-fault or liability insurance for services related to accident claim	Medicare
Are covered under workers' compensation because of a job-related illness or injury	Entitled to Medicare	Workers' compensation for services related to workers' compensation claim	Usually doesn't apply. However, Medicare may make a conditional payment (a payment that must be repaid to Medicare when a settlement, judgment, award, or other payment is made.)
Are a Veteran and have Veterans' benefits	Entitled to Medicare and Veterans' benefits	Medicare pays for Medicare- covered services. Veterans' Affairs pays for VA-authorized services. Note: Generally, Medicare and VA can't pay for the same service.	Usually doesn't apply
Are covered under TRICARE	Entitled to Medicare and TRICARE	Medicare pays for Medicare- covered services. TRICARE pays for services from a military hospital or any other federal provider.	TRICARE may pay second.
Have black lung disease and are covered under the Federal Black Lung Benefits Program	Entitled to Medicare and the Federal Black Lung Benefits Program	The Federal Black Lung Benefits Program for services related to black lung.	Medicare

* If your employer participates in a plan that's sponsored by 2 or more employers, the rules are slightly different.

** If you originally got Medicare due to your age or a disability other than ESRD, and Medicare was your primary payer, it still pays first when you become eligible due to ESRD.

- The person is enrolled in a Medicare Advantage plan and receives non-Covered Services because the person did not follow all rules of that plan. Medicare benefits are determined as if the Services were covered under Medicare Parts A and B.
- The person receives Services from a provider who has elected to opt-out of Medicare. Medicare benefits are determined as if the Services were covered under Medicare Parts A and B and the provider had agreed to limit charges to the amount of charges allowed under Medicare rules.
- The Services are provided in any facility that is not eligible for Medicare reimbursements, including a Veterans Administration facility, facility of the Uniformed Services, or other facility of the federal government. Medicare benefits are determined as if the Services were provided by a facility that is eligible for reimbursement under Medicare.
- The person is enrolled under a plan with a Medicare Medical Savings Account. Medicare Benefits are determined as if the person were covered under Medicare Parts A and B.

Right to Receive and Release Needed Information

Certain facts about health care coverage and Services are needed to apply these COB rules and to determine benefits payable under This Coverage Plan and other Coverage Plans. The Plan has the right to release or obtain any information and make or recover any payments considered necessary to administer this "Coordination of Benefits" section. This shall include getting the facts needed from, or giving them to, other organizations or persons for applying these rules and determining benefits payable under This Coverage Plan and other Coverage Plans covering the person claiming benefits. The Plan need not tell, or get the consent of, any person to do this. Each person claiming benefits under This Coverage Plan must provide any facts needed to apply those rules and determine benefits payable. If you do not provide the information needed to apply these rules and determine the benefits payable, your claim for benefits will be denied.

Payments Made

A payment made under another Plan may include an amount that should have been paid under this Plan. If it does, reimbursement to that Plan of that amount will be made to the Plan that made the payment. That amount will then be treated as though it was a benefit paid under This Plan and that amount will not be paid again. The term "payment made" includes providing benefits in the form of Services, in which case "payment made" means the reasonable cash value of the benefits provided in the form of Services.

Right of Recovery

If the amount of the payments made by the Plan is more than it should have paid under this "Coordination of Benefits" section, it may receive the excess from one or more of the persons it has paid or for whom it has paid; or any other person or

organization that may be responsible for the benefits or Services provided for the covered person. The “amount of the payments made” includes the reasonable cash value of any benefits provided in the form of Services.

Reductions

Subrogation and Reimbursement

The Plan has a right to subrogation and reimbursement. References to “you” or “your” in this Subrogation and Reimbursement section shall include you, your Estate and your heirs and beneficiaries unless otherwise stated.

Subrogation applies when the Trust has paid Benefits on your behalf for a Sickness or Injury for which any third party is allegedly responsible. The right to subrogation means the Trust is substituted to and shall succeed to any and all legal claims that you may be entitled to pursue against any third party for the Benefits The Trust has paid that are related to the Sickness or Injury for which a third party is considered responsible.

The right to reimbursement means that if it is alleged that any third party caused or is responsible for a Sickness or Injury for which you receive a settlement, judgment, or other recovery from any third party, you must use those proceeds to fully return to the Trust 100% of any Benefits you received for that Sickness or Injury. The right of reimbursement shall apply to any benefits received at any time until the rights are extinguished, resolved or waived in writing.

The following persons and entities are considered third parties:

- A person or entity alleged to have caused you to suffer a Sickness, Injury or damages, or who is legally responsible for the Sickness, Injury or damages.
- Any insurer or other indemnifier of any person or entity alleged to have caused or who caused the Sickness, Injury or damages.
- The Plan Sponsor in a workers’ compensation case or other matter alleging liability.
- Any person or entity who is or may be obligated to provide benefits or payments to you, including benefits or payments for underinsured or uninsured motorist protection, no-fault or traditional auto insurance, medical payment coverage (auto, homeowners or otherwise), workers’ compensation coverage, other insurance carriers or third-party administrators.
- Any person or entity against whom you may have any claim for professional and/or legal malpractice arising out of or connected to a Sickness or Injury you allege or could have alleged were the responsibility of any third party.
- Any person or entity that is liable for payment to you on any equitable or legal liability theory.

You agree as follows:

- You will cooperate with KPIC in protecting our legal and equitable rights to subrogation and reimbursement in a timely manner, including, but not limited to:
- Notifying KPIC, in writing, of any potential legal claim(s) you may have against any third party for acts which caused Benefits to be paid or become payable.
- Providing any relevant information requested by KPIC.
- Signing and/or delivering such documents as The Plan or our agents reasonably request to secure the subrogation and reimbursement claim.
- Responding to requests for information about any accident or injuries.
- Making court appearances.
- Obtaining our consent or our agents' consent before releasing any party from liability or payment of medical expenses.
- Complying with the terms of this section.

Your failure to cooperate with KPIC is considered a breach of contract. As such, The Plan has the right to terminate your Benefits, deny future Benefits, take legal action against you, and/or set off from any future Benefits the value of Benefits we have paid relating to any Sickness or Injury alleged to have been caused or caused by any third party to the extent not recovered by the Plan due to you or your representative not cooperating with The Plan or our agents. If the Plan incurs attorneys' fees and costs to collect third party settlement funds held by you or your representative, the Plan has the right to recover those fees and costs from you. You will also be required to pay interest on any amounts you hold which should have been returned to the Plan.

- The Plan has a first priority right to receive payment on any claim against a third party before you receive payment from that third party. Further, this first priority right to payment is superior to any and all claims, debts or liens asserted by any medical providers, including but not limited to hospitals or emergency treatment facilities, that assert a right to payment from funds payable from or recovered from an allegedly responsible third party and/or insurance carrier.
- The Plan's subrogation and reimbursement rights apply to full and partial settlements, judgments, or other recoveries paid or payable to you or your representative, your Estate, your heirs and beneficiaries, no matter how those proceeds are captioned or characterized. Payments include, but are not limited to, economic, non-economic, pecuniary, consortium and punitive damages. The Plan is not required to help you to pursue your claim for damages or personal injuries and no amount of associated costs,

including attorneys' fees, shall be deducted from the Plan's recovery without the Plan's express written consent. No so-called "Fund Doctrine" or "Common Fund Doctrine" or "Attorney's Fund Doctrine" shall defeat this right.

- Regardless of whether you have been fully compensated or made whole, the Plan may collect from you the proceeds of any full or partial recovery that you or your legal representative obtain, whether in the form of a settlement (either before or after any determination of liability) or judgment, no matter how those proceeds are captioned or characterized. Proceeds from which the Plan may collect include, but are not limited to, economic, non-economic, and punitive damages. No "collateral source" rule, any "Made-Whole Doctrine" or "Make-Whole Doctrine," claim of unjust enrichment, nor any other equitable limitation shall limit the Plan's subrogation and reimbursement rights.
- Benefits paid by the Plan may also be benefits advanced.
- If you receive any payment from any party because of Sickness or Injury, and the Plan alleges some or all of those funds are due and owed to The Trust, you and /or your representative shall hold those funds in trust, either in a separate bank account in your name or in your representative's trust account.
- The Plan's rights to recovery will not be reduced due to your own negligence.
- By participating in and accepting benefits from the Plan, you agree to assign to the Plan any benefits, claims or rights of recovery you have under any automobile policy – including no-fault benefits, PIP benefits and/or medical payment benefits – other coverage or against any third party, to the full extent of the Benefits the Plan has paid for the Sickness or Injury. By agreeing to provide this assignment in exchange for participating in and accepting benefits, you acknowledge and recognize the Plan's right to assert, pursue and recover on any such claim, whether or not you choose to pursue the claim, and you agree to this assignment voluntarily.
- The Plan may, at its' option, take necessary and appropriate action to preserve its' rights under these provisions, including but not limited to, providing or exchanging medical payment information with an insurer, the insurer's legal representative or other third party; filing an ERISA reimbursement lawsuit to recover the full amount of medical benefits you receive for the Sickness or Injury out of any settlement, judgment or other recovery from any third party considered responsible; and filing suit in your name or your Estate's name, which does not obligate us in any way to pay you part of any recovery The Plan might obtain. Any ERISA reimbursement lawsuit stemming from a refusal to refund benefits as

required under the terms of the Plan is governed by a six-year statute of limitations.

- You may not accept any settlement that does not fully reimburse the Trust, without its' written approval.
- The Plan has the authority and discretion to resolve all disputes regarding the interpretation of the language stated herein.
- In the case of your death, giving rise to any wrongful death or survival claim, the provisions of this section apply to your estate, the personal representative of your estate, and your heirs or beneficiaries. In the case of your death the Plan's right of reimbursement and right of subrogation shall apply if a claim can be brought on behalf of you or your estate that can include a claim for past medical expenses or damages. The obligation to reimburse the Plan is not extinguished by a release of claims or settlement agreement of any kind.
- No allocation of damages, settlement funds or any other recovery, by you, your estate, the personal representative of your estate, your heirs, your beneficiaries or any other person or party, shall be valid if it does not reimburse the Trust for 100% of its interest unless the Plan provides written consent to the allocation.
- The provisions of this section apply to the parents, guardian, or other representative of a Dependent child who incurs a Sickness or Injury caused by any third party. If a parent or guardian may bring a claim for damages arising out of a minor's Sickness or Injury, the terms of this subrogation and reimbursement clause shall apply to that claim.
- If any third party causes or is alleged to have caused you to suffer a Sickness or Injury while you are covered under this Plan, the provisions of this section continue to apply, even after you are no longer covered.
- If you do not abide by the terms of the Plan pertaining to reimbursement, the Plan may terminate Benefits to you, your dependents or the subscriber, deny future Benefits, take legal action against you, and/or set off from any future Benefits the value of Benefits we have paid relating to any Sickness or Injury alleged to have been caused or caused by any third party to the extent not recovered by the Plan due to your failure to abide by the terms of the Plan. If we incur attorneys' fees and costs to collect third party settlement funds held by you or your representative, we have the right to recover those fees and costs from you. You will also be required to pay interest on any amounts you hold which should have been returned to the Plan.
- The Plan and all Administrators administering the terms and conditions of the Plan's subrogation and reimbursement rights have such powers and duties as are necessary to discharge its duties and functions, including the

exercise of its discretionary authority to (1) construe and enforce the terms of the Plan's subrogation and reimbursement rights and (2) make determinations with respect to the subrogation amounts and reimbursements owed to the Plan.

Within 30 days after submitting or filing a claim or legal action against a third party, you must send written notice of the claim or legal action to:

Harrington Health
3701 Boardman-Canfield Rd., Bldg. B
Canfield, OH 44406-7005

For the Plan to determine the existence of any rights the Plan may have and to satisfy those rights, you must complete and send all consents, releases, authorizations, assignments, and other documents, including lien forms directing your attorney, the third party, and the third party's liability insurer to pay the Trust directly. You may not agree to waive, release, or reduce the Plan's rights under this provision without the Plan's prior written consent.

If your estate, parent, guardian, or conservator asserts a claim against a third party based on your injury or illness, your estate, parent, guardian, or conservator and any settlement or judgment recovered by the estate, parent, guardian, or conservator shall be subject to the Plan's liens and other rights to the same extent as if You had asserted the claim against the third party. The Plan may assign its rights to enforce liens and other rights.

If you are entitled to Medicare, Medicare law may apply with respect to Services covered by Medicare.

Surrogacy arrangements

If you enter into a Surrogacy Arrangement, you must pay us Charges for covered Services you receive related to conception, pregnancy, delivery, or postpartum care relating to that arrangement ("Surrogacy Health Services"), except that the amount you must pay will not exceed the payments or other compensation you and any other payee are entitled to receive under the Surrogacy Arrangement. A Surrogacy Arrangement is one in which a woman agrees to become pregnant and to surrender the baby (or babies) to another person or persons who intend to raise the child (or children), whether or not the woman receives payment for being a surrogate. Note: This "Surrogacy arrangements" section does not affect your obligation to pay Copayments and or Coinsurance for these Services; you will be credited any such payments toward the amount you must reimburse the Trust under this paragraph. After you surrender a baby to the legal parents, you are not obligated to pay for any Services that the baby receives (the legal parents are financially responsible for any Services that the baby receives).

By accepting Surrogacy Health Services, you automatically assign to the Plan your right to receive payments that are payable to you or any other payee under

the Surrogacy Arrangement, regardless of whether those payments are characterized as being for medical expenses. To secure the Plan's rights, we will also have an equitable lien on those payments and on any escrow account, trust, or any other account that holds those payments. Those payments (and amounts in any escrow account, trust, or other account that holds those payments) shall first be applied to satisfy our lien. The assignment and our lien will not exceed the total amount of your obligation to us under the preceding paragraph.

Within 30 days after entering a Surrogacy Arrangement, you must send written notice of the arrangement to the address listed below, including all of the following information:

- Names, addresses, and telephone numbers of the other parties to the arrangement
- Names, addresses, and telephone numbers of any escrow agent or trustee
- Names, addresses, and telephone numbers of the intended parents and any other parties who are financially responsible for Services the baby (or babies) receive, including names, addresses, and telephone numbers for any health insurance that will cover Services that the baby (or babies) receive
- A signed copy of any contracts and other documents explaining the arrangement and
- Any other information we request in order to satisfy our rights

Harrington Health
3701 Boardman-Canfield Rd., Bldg. B
Canfield, OH 44406-7005

You must complete and send all consents, releases, authorizations, lien forms, and other documents that are reasonably necessary to determine the existence of any rights the Plan may have under this "Surrogacy arrangements" section and to satisfy those rights. you may not agree to waive, release, or reduce the Plan's rights under this "Surrogacy arrangements" section without the Plan's prior, written consent.

If your estate, parent, guardian, or conservator asserts a claim against a third party based on the surrogacy arrangement, your estate, parent, guardian, or conservator and any settlement or judgment recovered by the estate, parent, guardian, or conservator shall be subject to our liens and other rights to the same extent as if you had asserted the claim against the third party. The Plan may assign our rights to enforce our liens and other rights.

U.S. Department of Veterans Affairs

For any Services for conditions arising from military service that the law requires the Department of Veterans Affairs to provide, the Plan will not pay the

Department of Veterans Affairs, and when the Plan covers any such Services the Plan may recover the value of the Services from the Department of Veterans Affairs.

Workers' compensation or Employer's liability benefits

You may be eligible for payments or other benefits, including amounts received as a settlement (collectively referred to as "Financial Benefit"), under workers' compensation or Employer's liability law. The Plan will provide covered Services even if it is unclear whether you are entitled to a Financial Benefit, but the Plan may recover the value of any covered Services from the following sources:

- From any source providing a Financial Benefit or from whom a Financial Benefit is due
- From you, to the extent that a Financial Benefit is provided or payable or would have been required to be provided or payable if you had diligently sought to establish your rights to the Financial Benefit under any workers' compensation or Employer's liability law

DISPUTE RESOLUTION

Grievances

Kaiser Permanente (KP) is committed to providing you with quality care and with a timely response to your concerns. You can discuss your concerns with our Member Services representatives at most Network Facilities, or you can call Member Services at the number on your KPIC ID card.

You can file a grievance for any issue. Here are some examples of reasons you might file a grievance:

- You are not satisfied with the quality of care you received.
- You are dissatisfied with how long it took to get Services, including getting an appointment, in the waiting room, or in the exam room.
- You want to report unsatisfactory behavior by providers or staff, or dissatisfaction with the condition of a facility.

Your grievance must explain your issue, such as the reasons why you are dissatisfied about Services you received. You must submit your grievance orally or in writing within 180 days of the date of the incident that caused your dissatisfaction.

Grievances may be submitted in one of the following ways:

- at a KP Facility (please refer to kp.org for addresses)
- by calling Customer Service at the number on the back of your ID card; or
- through our Web site at **kp.org/cuhealthplan**.

KP will send you a confirmation letter within five days after we receive your grievance. KP will send you our written decision within 30 days after we receive your grievance.

Note: If your issue is resolved to your satisfaction by the end of the next business day after your grievance is received orally, by fax, or through our website, and a Member Services representative notifies you orally about our decision, we will not send you a confirmation letter or a written notification.

CLAIMS AND APPEALS

To obtain payment from the Plan for Services you have paid for or to obtain review of a claims payment decision, you must follow the procedures outlined in this “CLAIMS AND APPEALS” section. You may appoint an authorized representative to help you file your claim or appeal. A written authorization must be received from you before any information will be communicated to your representative.

If you miss a deadline for filing a claim or appeal, review may be declined. Before you can file a civil action, you must meet any deadlines and exhaust the claims and appeals procedures set forth in this “CLAIMS AND APPEALS” section. The Plan does not charge you for claims or appeals, but you must bear the cost of anyone you hire to represent or help you.

Timing of Claim Determinations

The Plan adheres to certain time limits when processing claims for benefits. If you do not follow the proper procedures for submitting a claim, KPIC will notify you of the proper procedures within the time frames shown in the chart below. If additional information is needed to process your claim, KPIC will notify you within the time frames shown in the chart below, and you shall be provided additional time within which to provide the requested information as indicated in the chart below in this “Timing of Claim Determinations” section.

Determination on your claim within the time frames indicated below based upon the type of claim: Urgent Claim, Pre-Service Claim, Post-Service Claim, or Concurrent Care Claim.

An “Urgent Care Claim” is any claim for a Service with respect to which the application of the time periods for making non-urgent care determinations either (a) could seriously jeopardize your life, health, or ability to regain maximum function, or (b) would, in the opinion of a physician with knowledge of your medical condition, subject you to severe pain that cannot be adequately managed without the Services that are the subject of the claim.

A “Pre-Service Claim” is any claim for a Service with respect to which the terms of the Plan condition receipt of the Service, in whole or in part, on approval by the Plan of the Service in advance.

A “Post-Service Claim” is any claim for a Service that is not a Pre-Service Claim or an Urgent Care Claim.

A “Concurrent Care Claim” is any claim for Services that are part of an on-going course of treatment that was previously approved by the Plan for a specific period or number of treatments.

Type of Notice or Claim Event	Urgent Care Claim	Pre-Service Care Claim	Post-Service Care Claim
Plan Notice of Failure to Follow the Proper Procedure to File a Claim	Not later than 24 hours after receiving the improper claim.	Not later than 5 days after receiving the improper claim.	Not applicable.
Plan Notice of Initial Claim Decision	<p>If the claim when initially filed is proper and complete, a decision will be made as soon as possible, considering the medical exigencies, but not later than 72 hours after receiving the initial claim.</p> <p>If the claim is not complete, the Plan shall notify you as soon as possible, but not later than 24 hours of receipt of the claim. You shall have 48 hours to provide the information necessary to complete the claim. A decision will be made not later than 48 hours after the administrator receives the requested information, or within 48 hours after the expiration of the 48-hour deadline for submitting additional information, whichever is earlier.</p>	<p>If the claim when initially filed is proper and complete, a decision will be made within a reasonable period of time appropriate to the medical circumstances, but not later than 15 days after the initial claim is received, unless an extension, of up to 15 days, is necessary due to matters beyond the control of the Plan. You shall be notified within the initial 15 days if an extension will be needed by the Plan. The notice shall state the reason for the extension.</p> <p>A decision will be made not later than 15 days after the initial claim is received, unless additional information is required from you. You will be notified during the initial 15-day period, and shall have 45 days to provide the additional information requested. A decision will be made within 15 days after receiving the additional information, or within 15 days after the expiration of the 45-day deadline for submitting additional information, whichever is earlier.</p>	<p>A decision will be made within a reasonable amount of time, but not later than 30 days after the initial claim is received, unless an extension, of up to 15 days, is necessary due to matters beyond the control of the Plan. You shall be notified within the initial 30 days if an extension will be needed by the Plan. The notice shall state the reason for the extension.</p> <p>A decision will be made not later than 30 days after the initial claim is received, unless additional information is required from you. You will be notified during the initial 30-day period, and shall have 45 days to provide the additional information requested. A decision will be made within 15 days after receiving the additional information or, within 15 days after the expiration of the 45-day deadline for submitting additional information, whichever is earlier.</p>

Concurrent Care Claims

If you have a Concurrent Care Claim that is also an Urgent Care Claim to extend a previously approved on-going course of treatment provided over a period of time or number of treatments, KPIC will make a determination as soon as possible, taking into account the medical exigencies, and notify you of the determination within twenty-four (24) hours after receipt of the claim, provided that the claim was made to KPIC at least twenty-four (24) hours prior to the expiration of the prescribed period of time or number of treatments previously approved. If your request for extended treatment is not made at least twenty-four

(24) hours prior to the end of the prescribed period or number of treatments, the request will be treated as an Urgent Care Claim and decided according to the timeframes described above.

If your Concurrent Care Claim is not an Urgent Care Claim, and there is a reduction or termination of the previously approved on-going course of treatment provided over a period of time or number of treatments (other than by Plan amendment or termination) before the end of the period of time or number of treatments, you will be notified by KPIC sufficiently in advance of the reduction or termination to allow you to appeal the denial and receive a determination on appeal before the reduction or termination of the benefit.

Post Service Claims

To obtain payment from the Plan when for Services you have paid for or to obtain review of a claims payment decision, you must follow the procedures outlined in this “Claims and Appeals” section.

If you miss a deadline for filing a claim or appeal, review may be declined. Before you can file a civil action under ERISA section 502(a)(1)(B), you must meet any deadlines and exhaust the claims and appeals procedures set forth in this “Claims and Appeals” section. The Plan does not charge you for claims or appeals, but you must bear the cost of anyone you hire to represent or help you.

How to File a Claim

Network Providers are responsible for submitting claims for their services on your behalf and will be paid directly by the Plan for the services they render. If a Network Provider bills you for a Covered Service (other than for Cost Sharing), please call customer service at the telephone number listed in the “CUSTOMER SERVICE PHONE NUMBERS” section.

For services rendered by Non-Network providers, where the provider agrees to submit a claim on your behalf, eligible claims payment to the provider will require a valid assignment of benefits. Even if the Non-Network Provider agrees to bill on your behalf, you are responsible for making sure that the claim is received within 365 days of the date of service and that all information necessary to process the claim is received.

To receive reimbursement for Services you have paid for, you must complete and mail a claim form (or write a letter) to the Claims Administrator at the address listed in the “CUSTOMER SERVICE PHONE NUMBERS” section, within 365 days after you receive Services. The claim form (or letter) must explain the Services, the date you received them, where you received them, who provided them, and why you think the Trust should pay for them. Include a copy of the bill and any supporting documents. Your claim form (or letter) and the related documents constitute your claim.

Your claim must include all of the following information:

- Patient name, address, and KPIC ID card medical or health record number
- Date(s) of service
- Diagnosis
- Procedure codes and description of the Services
- Charges for each Service
- The name, address, and tax identification number of the provider
- The date the injury or illness began
- Any information regarding other medical coverage

To obtain a medical or pharmacy claim form, visit kp.org/cuhealthplan; select the My Health Manager tab, then My Medical Record. The claim form will inform you about other information that you must include with your claim.

If the Trust pays a Post-Service Claim, it will pay you directly, except that it will pay the provider if one of the following is true:

- Before the claim is processed, a written notice is received indicating you have assigned your right to payment to the provider or
- Your claim includes a written request that the Trust pay the provider

If you have any questions about submitting a claim for payment for a Service from a Non-Network Provider, please call customer service at the telephone number listed on your KPIC ID card or in the "CUSTOMER SERVICE PHONE NUMBERS" section.

Restrictions Against Assignment of Benefits

Benefits, rights and interests under the Plan shall not be subject in any manner to anticipation, alienation, sale, transfer, assignment, pledge, encumbrance, charge, garnishment, or execution of levy of any kind, either voluntary or involuntary, by any person, and any such attempts shall be void. However, a Participant may direct that benefits payable to him be paid to an institution in which he or his covered Dependent is hospitalized or to any other provider of services or supplies authorized under this Plan. Notwithstanding the foregoing, the Plan reserves the right to refuse to honor such direction and to make payment directly to the Participant. No payment by the Trust pursuant to such direction shall be considered recognition by the Plan of a duty or obligation to pay a provider of services or supplies except to the extent the Plan actually chooses to do so.

If a Claim Is Denied

If all or part of your claim is denied, the Plan will send you a written notice. If the notice of denial involves an Urgent Care Claim, the notice may be provided orally (a written or electronic confirmation will follow within 3 days). This notice will include:

- Information sufficient to identify the claim involved;
- The reasons for the denial, including references to specific Plan provisions upon which the denial was based;
- If the claim was denied because you did not furnish complete information or documentation, the notice will specify the additional materials or information needed to support the claim and an explanation of why the information or materials are necessary;
- A description of the Plan's internal and external review procedures and the time limits that apply to them;
- If the claim is denied based on an internal rule, guideline, protocol, or other similar criterion, the notice will either (a) state the specific rule, guideline, protocol, or other similar criterion, or (b) include a statement that the rule, guideline, protocol, or other similar criterion was relied upon in making the adverse determination and that a copy of the rule, guideline, protocol, or other criterion will be provided free of charge upon request;
- If the claim is denied based on a medical necessity or experimental treatment or a similar exclusion or limit, the notice will also include an explanation of the scientific or clinical judgment for the determination, applying the terms of the Plan to the medical circumstances, or include a statement that this explanation will be provided free of charge upon request;
- The notice will also state how and when to request a review of the denied claim;
- If applicable, the notice will also contain a statement of your right to bring a civil action following an adverse benefit determination following completion of all levels of review;
- The availability of, and contact information for, any applicable office of health insurance consumer assistance ombudsman.

How to Appeal a Denied Claim

You may appeal a denied claim by submitting a written request for review to the Plan. You must make the appeal request within 180 days after the date of the denial notice. Send the written request to the Plan at:

Kaiser Permanente Insurance Company – Appeals
3701 Boardman-Canfield Road
Canfield, OH 44406

You may instead fax your appeal to 614-212-7110.

To appeal a pharmacy claim, submit your form to:

Kaiser Permanente
Attn: SFAS National Self-Funding
3840 Murphy Canyon Rd
San Diego, CA 92123
Fax: 858-614-7912

The request must explain why you believe a review is in order and it must include supporting facts and any other pertinent information. The Plan may require you to submit such additional facts, documents, or other material as it may deem necessary or appropriate in making its review.

In addition, under PHS ACT Section 279.3, states with Consumer Assistance Programs may be available in your state to assist you in filing your appeal. A list of state Consumer Protection Agencies is available on KP.org/cuhealthplan (Log into My Health Manager, select Manage My Plan & Coverage, then click on Claims Summary list of the State Assistance Programs under the Resources banner) and listed below.

STATES WITH CONSUMER ASSISTANCE PROGRAMS UNDER PHS ACT SECTION 2793

**** Current as of January 3, 2018 ****

(Periodic updates posted at www.dol.gov/ebsa/healthreform & <http://cciio.cms.gov/programs/consumer/capgrants/index.html>)

The U.S. Department of Labor's Employee Benefits Security Administration (EBSA) may be contacted at:

1-866-444-EBSA (3272) or www.askebsa.dol.gov.

State	Contact Information
Alabama	No program
Alaska	No program
American Samoa	Not yet operational
Arizona	No program
Arkansas	Arkansas Insurance Department, Consumer Services Division 1200 West Third St. Little Rock, AR 72201 (855) 332-2227 Insurance.consumers@arkansas.gov
California	California Consumer Assistance Program Operated by the California Department of Managed Health Care and Department of Insurance 980 9th St, Suite #500 Sacramento, CA 95814 (888) 466-2219 http://www.HealthHelp.ca.gov
Colorado	No program
Connecticut	Connecticut Office of the Healthcare Advocate P.O. Box 1543 Hartford, CT 06144 (866) 466-4446 www.ct.gov/oha healthcare.advocate@ct.gov
Delaware	Delaware Department of Insurance 841 Silver Lake Blvd Dover, DE 19904 (800) 282-8611 consumer@state.de.us

State	Contact Information
District of Columbia	DC Office of the Health Care Ombudsman and Bill of Rights 899 North Capitol Street, NE, 6th Floor, Room 6037 Washington, DC 20002 (877) 685-6391 healthcareombudsman@dc.gov
Florida	Not yet operational
Georgia	Georgia Office of Insurance and Safety Fire Commissioner Consumer Services Division 2 Martin Luther King, Jr. Drive West Tower, Suite 716 Atlanta, Georgia 30334 (800) 656-2298 http://www.oci.ga.gov/ConsumerService/Home.aspx
Guam	Guam Department of Revenue and Taxation 1240 Army Drive Barrigada, Guam 96921 (671) 635-1844
Hawaii	No program
Idaho	No program
Illinois	Illinois Department of Insurance 320 W. Washington St, 4 th Floor Springfield, IL 62767 (877) 527-9431 http://www.insurance.illinois.gov DOI.Director@illinois.gov
Indiana	No program
Iowa	No program
Kansas	Kansas Insurance Department Consumer Assistance Division 420 SW 9 th Street Topeka, KS 66612 (800) 432-2484 (in state) (785) 296-7829 (all others) http://www.ksinsurance.org CAP@ksinsurance.org
Kentucky	Kentucky Department of Insurance, Consumer Protection Division P.O. Box 517 Frankfort, KY 40602 (877) 587-7222 http://healthinsurancehelp.ky.gov DOI.CAPOmbudsman@ky.gov
Louisiana	No program
Maine	Consumers for Affordable Health Care 12 Church Street, PO Box 2490 Augusta, ME 04338-2490 (800) 965-7476 www.maine cahc.org consumerhealth@maine cahc.org

State	Contact Information
Maryland	Maryland Office of the Attorney General Health Education and Advocacy Unit 200 St. Paul Place, 16th Floor Baltimore, MD 21202 (877) 261-8807 http://www.oag.state.md.us/Consumer.HEAU.htm heau@oag.state.md.us
Massachusetts	Massachusetts Consumer Assistance 30 Winter Street, Suite 1004 Boston, MA 02108 (888) 211-6168 www.massconsumerassistance.org
Michigan	Michigan Health Insurance Consumer Assistance Program (HICAP) Michigan Office of Financial and Insurance Regulation P.O. Box 30220 Lansing, MI 48909 (877) 999-6442 http://michigan.gov/ofir Ofir-hicap@michigan.gov
Minnesota	No program
Mississippi	Health Help Mississippi 800 North President St Jackson, MS 39202 (877) 314-3843 http://www.healthhelpms.org healthhelpms@mhap.org
Missouri	Missouri Department of Insurance 301 W. High Street, Room 830 Harry S. Truman State Office Building Jefferson City, MO 65101 (800) 726-7390 www.insurance.mo.gov consumeraffairs@insurance.mo.gov
Montana	Office of the Commissioner of Securities & Insurance 840 Helena Ave Helena, MT 59601 (800) 332-6148 (in-state only) http://www.csi.mt.gov
Nebraska	No program
Nevada	Office of Consumer Health Assistance Governor's Consumer Health Advocate 555 East Washington Ave #4800 Las Vegas, NV 89101 (702) 486-3587 (888) 333-1597 http://www.govcha.nv.gov cha@govcha.nv.gov

State	Contact Information
New Hampshire	New Hampshire Department of Insurance 21 South Fruit Street, Suite 14 Concord, NH 03301 (800) 852-3416 www.nh.gov/insurance consumerservices@ins.nh.gov
New Jersey	New Jersey Department of Banking and Insurance 20 West State Street, PO Box 329 Trenton, NJ 08625 (800) 446-7467 (888) 393-1062 (appeals) http://www.state.nj.us/dobi/consumer.htm ombudsman@dobi.state.nj.us
New Mexico	NMPRC Insurance Division Health Insurance Consumer Assistance Program 1120 Paseo De Peralta Santa Fe, NM 87504 (855) 857-0972 or (888) 427-5772 (505) 476-0326 (fax) http://nmprc.state.nm.us/id.htm mchb.grievance@state.nm.us
New York	Community Service Society of New York, Community Health Advocates 105 East 22nd Street, 8th floor New York, NY 10010 (888) 614-5400 http://www.communityhealthadvocates.org/cha@cssny.org
North Carolina	<u>Mailing Address:</u> North Carolina Department of Insurance Health Insurance Smart NC 1201 Mail Service Center Raleigh, NC 27699-1201 (877) 885-0231 http://ncdoi.com/Smart/Delivery Service/Physical Address: North Carolina Department of Insurance Health Insurance Smart NC 430 N. Salisbury Street Raleigh, NC 27603
North Dakota	No program
Northern Mariana Islands	Not yet operational
Ohio	No program
Oklahoma	Oklahoma Insurance Department Five Corporate Plaza 3625 Northwest 56th Street, Suite 100 Oklahoma City, OK 73112 (800) 522-0071 (in-state only) (405) 521-2991 http://www.ok.gov/oid/Consumers/Consumer_Assistance/index.html

State	Contact Information
Oregon	Oregon Health Connect 1435 NE 81 st Ave. Suite 500 Portland, OR 97213-6759 (855) 999-3210 oregonhealthconnect.org healthconnect@211info.org
Pennsylvania	Pennsylvania Department of Insurance 1209 Strawberry Square Harrisburg, PA 17111 (877) 881-6388 www.insurance.pa.gov
Puerto Rico	Puerto Rico Oficina de la Procuradora del Paciente 1215 Ponce de Leon PDA 18 Santurce, PR 00907 (800) 981-0031 www.pacientes.gobierno.pr querellas@opp.gobierno.pr
Rhode Island	Rhode Island Consumer Assistance Program Rhode Island Parent Information Network, Inc. 1210 Pontiac Avenue Cranston, RI 02920 (855) 747-3224 www.RIREACH.org
South Carolina	South Carolina Department of Insurance Consumer and Individual Licensing Services P.O. Box 100105 Columbia, SC 29202 (800) 768-3467 http://www.doi.sc.gov consumers@doi.sc.gov
South Dakota	No program
Tennessee	Tennessee Department of Commerce and Insurance 500 James Robertson Pkwy Davy Crockett Tower, 4th floor Nashville, TN 37243-0574 (615) 741-2218 (800) 342-4029 (615) 532-7389 (Fax) www.tn.gov/commerce/insurance
Texas	Texas Consumer Health Assistance Program Texas Department of Insurance Mail Code 111-1A 333 Guadalupe P.O. Box 149091 Austin, TX 78714 (855) 839-2427 (855-TEX-CHAP) www.texashealthoptions.com chap@tdi.state.tx.us
Utah	No program

State	Contact Information
Vermont	Vermont Legal Aid 264 North Winooski Ave. Burlington, VT 05402 (800) 917-7787 www.vtlegalaid.org
Virginia	Virginia State Corporation Commission Life & Health Division, Bureau of Insurance P.O. Box 1157 Richmond, VA 23218 (877) 310-6560 http://www.scc.virginia.gov/boi bureauofinsurance@scc.virginia.gov
Virgin Islands	U.S. Virgin Islands Division of Banking and Insurance 1131 King Street Suite 101 Christiansted St. Croix, VI 00820 (340) 773-6459 http://ltg.gov.vi
Washington	Washington Consumer Assistance Program 5000 Capitol Blvd Tumwater, WA 98501 (800) 562-6900 http://www.insurance.wa.gov cap@oic.wa.gov
West Virginia	West Virginia Office of the Insurance Commissioner Consumer Service Division P.O. Box 50540 Charleston, WV 25305 (888) 879-9842 http://www.wvinsurance.gov
Wisconsin	No program
Wyoming	No program

Deemed Exhaustion

If the Plan does not adhere to the Federal Appeals process as described below, it will be deemed that you have exhausted the appeals process. This means that you are no longer required to stay within the mandated internal appeal process. Exception:

- Violations which do not cause and are not likely to cause prejudice or harm and,
- Can be demonstrated were for good cause or due to matters beyond the control of the Plan and,
- The violation occurred in the context of an on-going, good faith exchange of information between the Plan and you.

You may request a written explanation of the violation and it will be provided to you within 10 days of your request. Such explanation will include a specific description of the basis, if any, on which the appeal process is not deemed to be exhausted. If an external review organization or court determines your appeal is not deemed exhausted, you have the right to resubmit your appeal request and continue the internal appeal process.

Procedures on Appeal

As part of the review procedure, you may submit written comments, documents, records, and other information relating to the claim.

Also, you may give testimony in writing or by telephone. Please send your written testimony to the address mentioned in our acknowledgement letter, sent to you within five days after we receive your appeal. To arrange to give testimony by telephone, you should call the phone number mentioned in our acknowledgement letter. We will add the information that you provide through testimony or other means to your appeal file and we will review it without regard to whether this information was filed or considered in our initial decision regarding your request for Services.

Upon request and free of charge, you will be provided reasonable access to, and copies of, all documents, records, and other information (other than legally or medically privileged documents) relevant to your claim.

The Plan will review the claim, considering all comments, documents, records, and other information submitted relating to the claim, without regard to whether that information was submitted or considered in the initial benefit determination.

The review shall not afford deference to the initial claim denial and shall be conducted by the Claims Fiduciary, Harrington Health Services, Inc., who is neither the individual who made the adverse benefit determination that is the subject of the appeal, nor the subordinate of that individual.

In deciding an appeal that is based in whole or in part on a medical judgment, including determinations with regard to whether a particular treatment, drug, or other item is experimental, investigational, or not Medically Necessary, the Claims Fiduciary shall consult with a health care professional who has appropriate training and experience in the field of medicine involved in the medical judgment, and that health care professional shall not be the individual who was consulted in connection with the adverse benefit determination that is the subject of the appeal (nor the subordinate of that individual).

Upon request, the Plan will provide for the identification of any medical or vocational experts whose advice was obtained on behalf of the Plan about the adverse benefit determination, without regard to whether the advice was relied upon in making the benefit determination.

Timing of Initial Appeal Determinations

Plan will act upon each request for a review within the time frames indicated in the chart below:

Urgent Care Claim	Pre-Service Claim	Post-Service Claim
Not later than 72 hours after receiving the appeal.	Not later than 15 days after receiving the appeal	Not later than 30 days after receiving the appeal.

Notice of Determination on Initial Appeal

Within the time prescribed in the “Timing of Initial Appeal Determinations” section, KPIC will provide you with written notice of its decision. If the Plan determines that benefits should have been paid, the Plan will take whatever action is necessary to pay them as soon as possible.

If your claim is denied on review, the notice shall state:

- The reasons for the denial, including references to specific the Plan provisions upon which the denial was based;
- That you are entitled to receive, upon request and free of charge, reasonable access to, and copies of, all documents, records, and other information (other than legally or medically privileged documents) relevant to your claim;
- If an internal rule, guideline, protocol, or other similar criterion was relied upon in making the adverse determination, the notice will either (a) state

the specific rule, guideline, protocol, or other similar criterion, or (b) include a statement that the rule, guideline, protocol, or other similar criterion was relied upon in making the adverse determination and that a copy of the rule, guideline, protocol, or other criterion will be provided free of charge upon request.

- If the claim is denied based on a Medical Necessity, Experimental, or similar exclusion or limit, the notice will also include an explanation of the scientific or clinical judgment for the determination, applying the terms of the Plan to the medical circumstances, or include a statement that such explanation will be provided free of charge upon request.
- For Pre-Service Claims and Post-Service Claims, the notice will also state how and when to request a review of the denial of the initial appeal.
- For Urgent Care Claims, the notice will also describe any voluntary appeal procedures offered by the Plan and your right to obtain the information about those procedures.

How to File a Final Appeal

For Pre-Service Claims and Post-Service Claims, you may appeal the denial of your initial appeal by submitting a written request for review to the Plan. You must make the appeal request within 60 days after the date of notice that your appeal is denied. Send the written request to Plan at:

Kaiser Permanente Insurance Company – Appeals
 3701 Boardman-Canfield Road
 Canfield, OH 44406

You may instead fax your appeal to 614-212-7110.

To appeal a pharmacy claim, submit your form to:

Kaiser Permanente
 Attn: SFAS National Self Funding
 3840 Murphy Canyon Rd
 San Diego, CA 92123
 Fax: 858-614-7912

Timing of Final Appeal Determinations

For Pre-Service Claims and Post-Service Claims, the Plan will act upon each request for a review of the denial of your initial appeal within the time frames indicated in the chart below:

Pre-Service Claim	Post-Service Claim
Not later than 15 days after the appeal is received.	Not later than 30 days after the appeal is received.

Notice of Determination on Final Appeal

Within the time prescribed in the "Timing of Final Appeal Determinations" section, the Plan will provide you with written notice of its decision. If the Plan determines that benefits should have been paid, the Plan will take whatever action is necessary to pay them as soon as possible.

If your claim is denied on review, the notice shall state:

- The reasons for the denial, including references to specific Plan provisions upon which the denial was based.
- That you are entitled to receive, upon request and free of charge, reasonable access to, and copies of, all documents, records, and other information (other than legally or medically privileged documents) relevant to your claim for benefits.
- If an internal rule, guideline, protocol, or other similar criterion was relied upon in making the adverse determination, the notice will either (a) state the specific rule, guideline, protocol, or other similar criterion, or (b) include a statement that the rule, guideline, protocol, or other similar criterion was relied upon in making the adverse determination and that a copy of the rule, guideline, protocol, or other criterion will be provided free of charge upon request.
- If the claim is denied based on a Medical Necessity, Experimental treatment or similar exclusion or limit, the notice will also include an explanation of the scientific or clinical judgment for the determination, applying the terms of the Plan to the medical circumstances, or include a statement that this explanation will be provided free of charge upon request.
- Any voluntary appeal procedures offered by the Plan and your right to obtain the information about those procedures.

Next Steps

If after exhausting the appeals process, you are still not satisfied, your remaining remedies include the right to sue in Federal Court under Section 502(a) of ERISA and voluntary dispute resolution options, such as mediation or independent External Review as described below.

External Review

Your request for external review **must be filed within four months** after the date of receipt of a notice of an adverse benefit determination or final internal adverse benefit determination. If there is no corresponding date four months after the date of receipt of such a notice, then the request must be filed by the first day of the fifth month following the receipt of the notice. For example, if the date of receipt of the notice is October 30, because there is no February 30, the request must be filed by

March 1. If the last filing date would fall on a Saturday, Sunday, or Federal holiday, the last filing date is extended to the next day that is not a Saturday, Sunday, or Federal holiday.

To request an independent external review of Plan denials, visit kp.org/cuhealthplan and login to My Health Manager to find the External Review request form and send the written request to:

Kaiser Permanente Insurance Company – Appeals
3701 Boardman-Canfield Road
Canfield, OH 44406

You may instead fax your appeal to 614-212-7110.

Preliminary Review Of External Review Request

Within five business days following the date of receipt of the external review request, KPIC will complete a preliminary review of the request to determine whether:

(a) The claimant is or was covered under the Plan at the time the health care item or service was requested or, in the case of a retrospective review, was covered under the Plan at the time the health care item or service was provided;

(b) The adverse benefit determination or the final adverse benefit determination does not relate to the claimant's failure to meet the requirements for eligibility under the terms of the Plan (e.g., worker classification or similar determination);

(c) The claimant has exhausted the Plan's internal appeal process unless the claimant is not required to exhaust the internal appeals process; and

(d) The claimant has provided all the information and forms required to process an external review.

Within one business day after completion of the preliminary review, KPIC will issue a notification in writing to the claimant. If the request is complete but not eligible for external review, such notification will include the reasons for its ineligibility and contact information for the Employee Benefits Security Administration (toll-free number 866-444-EBSA (3272)). If the request is not complete, the notification will describe the information or materials needed to make the request complete and KPIC will allow the claimant to perfect the request for external review within the four-month filing period or within the 48-hour period following the receipt of the notification, whichever is later.

Referral To Independent Review Organization

KPIC will assign an independent review organization (IRO) that is accredited by Utilization Review Accreditation Committee (URAC) or by similar nationally-recognized accrediting organization to conduct the external review. Moreover, KPIC will act to guard against bias and to ensure independence. Accordingly, KPIC will maintain contracts with at least three (3) IROs for assignments under the Plan and rotate claims assignments among them (or incorporate other independent, unbiased methods for selection of IROs, such as random selection). In addition, the IRO may not be eligible for any financial incentives based on the likelihood that the IRO will support the denial of benefits.

Contracts between KPIC and IROs will provide for the following:

(a) The assigned IRO will utilize legal experts where appropriate to make coverage determinations under the Plan.

(b) The assigned IRO will timely notify the claimant in writing of the request's eligibility and acceptance for external review. This notice will include a statement that the claimant may submit in writing to the assigned IRO within ten business days following the date of receipt of the notice additional information that the IRO must consider when conducting the external review. The IRO is not required to, but may, accept and consider additional information submitted after ten business days.

(c) Within five business days after the date of assignment of the IRO, KPIC will provide to the assigned IRO the documents and any information considered in making the adverse benefit determination or final internal adverse benefit determination. Failure by KPIC to timely provide the documents and information will not delay the conduct of the external review. If KPIC fails to timely provide the documents and information, the assigned IRO may terminate the external review and make a decision to reverse the adverse benefit determination or final internal adverse benefit determination. Within one business day after making the decision, the IRO will notify the claimant and KPIC.

(d) Upon receipt of any information submitted by the claimant, the IRO will within one business day forward the information to KPIC. Upon receipt of any such information, KPIC may reconsider its adverse benefit determination or final internal adverse benefit determination that is the subject of the external review. Reconsideration by KPIC will not delay the external review. The external review may be terminated because of the reconsideration only if KPIC decides, upon completion of its reconsideration, to reverse its adverse benefit determination or final internal adverse benefit determination and provide coverage or payment. Within one business day after making such a decision, KPIC will provide written notice of its decision to the claimant and the assigned IRO. The assigned IRO will terminate the external review upon receipt of the notice from KPIC.

(e) The IRO will review all the information and documents timely received. In reaching a decision, the assigned IRO will review the claim de novo and not be

bound by any decisions or conclusions reached during the Plan's internal claims and appeals process applicable under section 2719 of the PHS Act. In addition to the document and information provided, the assigned IRO, to the extent information or documents is available and the assigned IRO considers them appropriate, the IRO will consider the following in reaching a decision:

- The claimant's medical records;
- The attending health care professional's recommendation;
- Reports from appropriate health care professionals and other documents submitted by the Plan, claimant or the claimant's treating provider;
- The terms of the claimant's Plan to ensure that the IRO's decision is not contrary to the terms of the Plan, unless the terms are inconsistent with applicable law;
- Appropriate practice guidelines, which will include applicable evidence-based standards and may include any other practice guidelines developed by the Federal government, national or professional medical societies, boards, and associations;
- Any applicable clinical review criteria developed and used by the Plan, the criteria are inconsistent with the terms of the Plan or with applicable law; and
- The opinion of the IRO's clinical reviewer or reviewers after considering information described in this notice to the extent the information or documents are available and the clinical reviewer or reviewers consider appropriate.

(f) The assigned IRO will provide written notice of the final external review decision within 45 days after the IRO receives the request for the external review. The IRO will deliver the notice of final external review decision to the claimant and the Plan.

(g) The assigned IRO's decision notice will contain:

- A general description of the reason for the request for external review, including information sufficient to identify the claim (including the date or, dates of service, the health care provider, the claim amount (if applicable), the diagnosis code and its corresponding meaning, the treatment code, and its corresponding meaning, and the reason for the previous denial);
- The date the IRO received the assignment to conduct the external review and the date of the IRO decision;
- References to the evidence of documentation, including the specific coverage provision and evidence-based standards considered in reaching its decision;

- A discussion of the principal reason or reasons for its decision, including the rationale for its decision and any evidence-based standards, that were relied on in making its decision;
- A statement that the determination is binding except to the extent that other remedies may be available under State or Federal law to either the Plan or to the claimant;
- A statement that judicial review may be available to the claimant; and
- Current contact information, including phone number, for any applicable ombudsman established under the PHS Act section 2793.

(h) After a final external review decision, the IRO will retain records of all claims and notices associated with the external review process for six years; the IRO will make such records available for examination by the claimant, Plan or Federal oversight agency upon request, except where such disclosure would violate Federal privacy laws.

Reversal Of Plan's Decision

Upon receipt of a notice of a final external decision reversing the adverse benefit determination or final internal adverse benefit determination, KPIC will immediately provide coverage or payment (including immediately authorizing or immediately paying benefits) for the claim.

Expedited External Review

If after exhausting of the internal Urgent Appeal process, you are still not satisfied, you may be eligible for an expedited external appeal.

Request For Expedited External Review

KPIC will allow a claimant to make a request for an expedited external review with the Plan at the time the claimant receives:

(a) An adverse benefit determination if the adverse benefit determination involves a medical condition of the claimant for which the timeframe for completion of an expedited internal appeal would seriously jeopardize the life or health of the claimant or would jeopardize the claimant's ability to regain maximum function and the claimant has filed a request for an expedited internal appeal or;

(b) A final internal adverse benefit determination, if the claimant has a medical condition where the timeframe for completion of a standard external review would seriously jeopardize the life or health of the claimant or would jeopardize the claimant's ability to regain maximum function, or if the final internal adverse benefit determination concerns an admission, availability of care, continued stay, or health care item or service for which the claimant received emergency services, but has not been discharged from a facility.

Preliminary Review

Immediately upon receipt of the request for expedited external review, KPIC will determine whether the request meets the reviewability requirements set forth above

for standard external review. KPIC will immediately send a notice that meets the requirements set forth above for standard external review to the claimant or its eligibility determination.

Referral To Independent Review Organization

Upon a determination that a request is eligible for external review following the preliminary review, KPIC will assign an IRO pursuant to the requirements set forth above for standard review. KPIC will provide or transmit all necessary documents and information considered in making the adverse benefit determination or final internal adverse benefit determination to the assigned IRO electronically or by telephone or facsimile or any other available expeditious method.

The assigned IRO, to the extent the information or documents are available and the IRO considers them appropriate, will consider the information or documents described above under the procedures for standard review. In reaching a decision, assigned IRO will review the claim de novo and is not bound by any decisions or conclusions reached during the Plan's internal claims and appeals process.

Notice Of Final External Review Decision

KPIC's contract with the assigned IRO will require the IRO to provide notice of the final external review decision, in accordance with the requirements set forth in the standard external review above, as expeditiously as the claimant's medical condition or circumstances require, but in no event more than 72 hours after the IRO receives the request for an expedited external review. If the notice is not in writing, within 48 hours after the date of providing that notice, the assigned IRO will provide written confirmation of the decision to the claimant and Plan.

Your Claim After External Review

You may have certain additional rights if you remain dissatisfied after you have exhausted all levels of review including external review. If you are enrolled through a plan that is subject to the Employee Retirement Income Security Act (ERISA), you may file a civil action under section 502(a) of the federal ERISA statute. To understand these rights, you should check with your benefits office or contact the Employee Benefits Security Administration (part of the U.S. Department of Labor) at 1-866-444-EBSA (3272). Alternatively, if your plan is not subject to ERISA (for example, most state or local government plans and church plans or all individual plans), you may have a right to request review in state court.

BINDING ARBITRATION

Arbitration Agreement for Participants and Dependents Assigned to the Kaiser Permanente Colorado Region

Those assigned to the Kaiser Permanente Colorado Region will, except for Small Claims Court cases, cases subject to a Medicare appeals procedure, cases subject to the Health Care Availability Act, must consent to binding arbitration under Colorado law and not lawsuit or court process, except as applicable law provides for judicial review of arbitration proceedings for any dispute between, heirs or relatives, or other associated parties on the one hand and Kaiser Permanente Parties on the other hand (Kaiser Permanente Insurance Company, Kaiser Foundation Health Plan of Colorado, Kaiser Foundation Hospitals, Colorado Permanente Medical Group, P.C., or other associated parties), for alleged violation of any duty relating to or arising from a relationship to any of the Kaiser Permanente Parties as a participant in this medical plan, a member, or a patient, including any claim for premises liability, or relating to the delivery of services or items, irrespective of legal theory. Participants agree to give up right to a jury trial and accept the use of binding arbitration.

CONTINUATION OF COVERAGE

What is COBRA Continuation Coverage?

Under federal law, the Consolidated Omnibus Budget Reconciliation Act of 1985, as amended and the parallel continuation coverage requirement under the Public Health Service Act (“COBRA”), you and/or your Dependents will be given the opportunity to continue health insurance when there is a “qualifying event” that would result in loss of coverage under the Plan. You and/or your Dependents will be permitted to continue the same coverage under which you or your Dependents were covered on the day before the qualifying event occurred, unless you move out of that Plan’s coverage area or the Plan is no longer available. You and/or your Dependents cannot change coverage options until the next open enrollment period.

When is COBRA Continuation Available?

For you and your Dependents, COBRA continuation is available for up to 18 months from the date of the following qualifying events if the event would result in a loss of coverage under the Plan:

- Your termination of employment for any reason, other than gross misconduct, or
- Your reduction in work hours.

For your Dependents, COBRA continuation coverage is available for up to 36 months from the date of the following qualifying events if the event would result in a loss of coverage under the Plan:

- Your death;
- Your divorce or legal separation;
- Your entitlement to Medicare (Part A, Part B, or both); or
- For a Dependent child, failure to continue to qualify as a Dependent under the Plan.

Who is Entitled to COBRA Continuation?

Only a “qualified beneficiary” (as defined by federal law) may elect to continue health insurance coverage. A qualified beneficiary may include the following individuals who were covered by the Plan on the day the qualifying event occurred:

You, your spouse, and your Dependent children. Each qualified beneficiary has their own right to elect or decline COBRA continuation coverage even if you decline or are not eligible for COBRA continuation. Although these individuals do not have an independent right to elect COBRA continuation coverage, if you elect COBRA continuation coverage for yourself, you may also cover your Dependents even if they

are not considered qualified beneficiaries under COBRA. However, such individuals' coverage will terminate when your COBRA continuation coverage terminates. The sections titled "Secondary Qualifying Events" and "Medicare Extension for Your Dependents" are not applicable to these individuals.

Some individuals may not be qualified beneficiaries for purposes of COBRA continuation unless they meet the federal definition of "qualified beneficiary". However, most individuals are eligible through your Employer for continuation coverage under the same time conditions and time periods as COBRA.

Secondary Qualifying Events

If, because of your termination of employment or reduction in work hours, your Dependent(s) have elected COBRA continuation coverage and one or more Dependents experience another COBRA qualifying event, the affected Dependent(s) may elect to extend their COBRA continuation coverage for an additional 18 months (7 months if the secondary event occurs within the disability extension period) for a maximum of 36 months from the initial qualifying event. The second qualifying event must occur before the end of the initial 18 months of COBRA continuation coverage or within the disability extension period discussed below. Under no circumstances will COBRA continuation coverage be available for more than 36 months from the initial qualifying event. Secondary qualifying events are: your death; your divorce or legal separation; you become entitled to Medicare benefits (under Part A, Part B or both); or, for a Dependent child, failure to continue to qualify as a Dependent under the Plan.

Disability Extension

If, after electing COBRA continuation coverage due to your termination of employment or reduction in work hours, you or one of your Dependents is determined by the Social Security Administration (SSA) to be totally disabled under Title II or XVI of the SSA or determined by the Public Employees' Retirement Association (PERA) Disability Program Administrator, you and all of your Dependents who have elected COBRA continuation coverage may extend such continuation for an additional 11 months, for a maximum of 29 months from the initial qualifying event. To qualify for the disability extension, all of the following requirements must be satisfied:

- SSA/PERA must determine that the disability occurred during the first 60 days after the disabled individual elected COBRA continuation coverage; and
- A copy of the written SSA/PERA determination must be provided to the COBRA Plan Administrator within 60 calendar days after the date the SSA/PERA determination is made AND before the end of the initial 18-month continuation period. If the SSA/PERA later determines that the individual is no longer disabled, you must notify the COBRA Plan Administrator within 30 days after the date the final determination is made by SSA/PERA. The 11-month disability extension will terminate for all covered persons on the first day of the month that is more than 30 days after the date the SSA/PERA makes a final determination

that the disabled individual is no longer disabled. All causes for “Termination of COBRA Continuation” listed below will also apply to the period of disability extension.

Medicare Extension for Your Dependents

When the qualifying event is your termination of employment or reduction in work hours and you became enrolled in Medicare (Part A, Part B or both) within the 18 months before the qualifying event, COBRA continuation coverage for your Dependents will last for up to 36 months after the date you became enrolled in Medicare. Your COBRA continuation coverage will last for up to 18 months from the date of your termination of employment or reduction in work hours.

Termination of COBRA/Continuation Coverage

COBRA/continuation coverage will be terminated upon the occurrence of any of the following:

- the end of the COBRA/continuation period of 18, 29 or 36 months, as applicable;
- failure to pay the required premium within 30 calendar days after the due date;
- when the Trust ceases to provide any group health plan, including successor plans to any employee;
- after electing COBRA/continuation coverage, a qualified beneficiary enrolls in Medicare (Part A, Part B, or both);
- after electing COBRA/continuation coverage, a qualified beneficiary becomes covered under another group health plan, unless the qualified beneficiary has a condition for which the new plan limits or excludes coverage under a preexisting condition provision. In such case coverage will continue until the earliest of: the end of the applicable maximum period, the date the pre-existing condition provision is no longer applicable; or the occurrence of an event described in one of the first three bullets above;
- any reason the Plan would terminate coverage of a Member or beneficiary who is not receiving continuation coverage (e.g., fraud).

Moving Out of Kaiser’s Service Area or Elimination of a Service Area

If you and/or your Dependents move out of Kaiser’s service area or Kaiser eliminates a service area in your location, you may elect to continue COBRA/continuation coverage under another CU Health Plan you are eligible for, otherwise your COBRA/continuation coverage under the Plan will be limited to emergency and urgent services only. Because the Plan does not provide out-of-network coverage, nonemergency and non-urgent services will not be covered under the Plan outside of Kaiser’s service area.

Plan Notification Requirements

The Plan, through your Employer (for the initial notification), and the COBRA Plan Administrator (for the COBRA continuation coverage election notice) is required to provide you and/or your Dependents with the following notices:

- An initial notification of COBRA/continuation rights must be provided within 90 days after your (or your spouse/partner's) coverage under the Plan begins (or the Plan first becomes subject to COBRA/continuation requirements, if later).
 - If you and/or your Dependents experience a qualifying event before the end of that 90-day period, the initial notice must be provided within the time frame required for the COBRA/continuation coverage election notice as explained below.
- A COBRA/continuation coverage election notice must be provided to you and/or your Dependents:
 - Within 44 days after loss of coverage under the Plan for your termination of employment or reduction of hours, your death, your becoming entitled to Medicare and Employer bankruptcy, and
 - No later than 14 days after the end of the period in which you and/or your qualified beneficiary(ies) notify the COBRA Plan Administrator of certain other qualifying events as described below.

How to Elect COBRA/Continuation Coverage

The COBRA/continuation coverage election notice will list the individuals who are eligible for COBRA/continuation coverage and inform you of the applicable premium. The notice will also include instructions for electing COBRA/continuation coverage. You must notify the COBRA Plan Administrator of your election no later than the due date stated on the COBRA/continuation coverage election notice. If a written election notice is required, it must be post-marked no later than the due date stated on the COBRA/continuation coverage election notice. If you do not make proper notification by the due date shown on the notice, you and your Dependents will lose the right to elect COBRA/continuation coverage. If you reject COBRA/continuation coverage before the due date, you may change your mind as long as you furnish a completed election form before the due date. Each qualified beneficiary has an independent right to elect COBRA/continuation coverage. COBRA/continuation coverage may be elected for only one, several, or for all Dependents who are qualified beneficiaries. Parents may elect to continue coverage on behalf of their Dependent children. You or your spouse or partner may elect COBRA/continuation coverage on behalf of all the qualified beneficiaries. You are not required to elect COBRA/continuation coverage in order for your Dependents to elect COBRA/continuation coverage.

How Much Does COBRA/Continuation Coverage Cost?

Each qualified beneficiary may be required to pay the entire cost of COBRA/continuation coverage. The amount may not exceed 102% of the cost of the group health plan (including both Employer and Member contributions) for coverage of a similarly situated active Member or family Member. The premium during the 11-

month disability extension may not exceed 150% of the cost of the group health plan (including both Employer and Member contributions) for coverage of a similarly situated active Member or family Member. For example: If the Member alone elects COBRA/continuation coverage, the Member will be charged 102% (or 150%) of the active Member premium. If the spouse or one Dependent child alone elects COBRA/continuation coverage, he or she will be charged 102% (or 150%) of the active Member premium. If more than one qualified beneficiary elects COBRA/continuation coverage, they will be charged 102% (or 150%) of the applicable family premium.

When and How to Pay COBRA/Continuation Premiums

First payment for COBRA/continuation coverage

If you elect COBRA/continuation coverage, you do not have to send any payment with the election form. However, you must make your first payment no later than 45 calendar days after the date of your election. (This is the date the Election Notice is postmarked, if mailed.) If you do not make your first payment within those 45 days, you will lose all COBRA/continuation rights under the Plan.

Subsequent payments

After you make your first payment for COBRA/continuation coverage, you will be required to make subsequent payments of the required premium for each additional month of coverage. Payment is due on the first day of each month. If you make a payment on or before its due date, your coverage under the Plan will continue for that coverage period without any break.

Grace periods for subsequent payments

Although subsequent payments are due by the first day of the month, you will be given a grace period of 30 days after the first day of the coverage period to make each monthly payment. Your COBRA/continuation coverage will be provided for each coverage period as long as payment for that coverage period is made before the end of the grace period for that payment. However, if your payment is received after the due date, your coverage under the Plan may be suspended during this time. Any providers who contact the Plan to confirm coverage during this time may be informed that coverage has been suspended. If payment is received before the end of the grace period, your coverage will be reinstated back to the beginning of the coverage period. This means that any claim you submit for benefits while your coverage is suspended may be denied and may have to be resubmitted once your coverage is reinstated. If you fail to make a payment before the end of the grace period for that coverage period, you will lose all rights to COBRA/continuation coverage under the Plan.

You Must Give Notice of Certain Qualifying Events

If you or your Dependent(s) experience one of the following qualifying events, you must notify your Employer within 60 calendar days after the later of the date the

qualifying event occurs or the date coverage would cease as a result of the qualifying event:

- Your divorce or legal separation; or
- Your child ceases to qualify as a Dependent under the Plan.

The occurrence of a secondary qualifying event as discussed under “Secondary Qualifying Events” above (this notice must be received prior to the end of the initial 18- or 29-month COBRA period). (Also refer to the section titled “Disability Extension” for additional notice requirements.)

Notice must be made in writing and must include: the name of the Plan, name and address of the Member covered under the Plan, name and address(es) of the qualified beneficiaries affected by the qualifying event; the qualifying event; the date the qualifying event occurred; and supporting documentation (e.g., divorce decree, birth certificate, disability determination, etc.).

Newly Acquired Dependents

If you acquire a new Dependent through marriage, partnership, birth, adoption or placement for adoption while your coverage is being continued, you may cover such Dependent under your COBRA/continuation coverage. However, only your newborn or adopted Dependent child is a qualified beneficiary and may continue COBRA/continuation coverage for the remainder of the coverage period following your early termination of COBRA/continuation coverage or due to a secondary qualifying event. COBRA/continuation coverage for your Dependent spouse and any Dependent children who are not your children (e.g., grandchildren) will cease on the date your COBRA coverage ceases and they are not eligible for a secondary qualifying event.

COBRA Continuation for Retirees Following Employer’s or Trust’s Bankruptcy

If you are covered as a retiree, and a proceeding in bankruptcy is filed with respect to your Employer or the Trust under Title 11 of the United States Code, you may be entitled to COBRA continuation coverage. If the bankruptcy results in a loss of coverage for you, your Dependents or your surviving spouse within one year before or after such proceeding, you and your covered Dependents will become COBRA qualified beneficiaries with respect to the bankruptcy. You will be entitled to COBRA continuation coverage until your death. Your surviving spouse and covered Dependent children will be entitled to COBRA continuation coverage for up to 36 months following your death. However, COBRA continuation coverage will cease upon the occurrence of any of the events listed under “Termination of COBRA Continuation” above.

Health Coverage Tax Credit (“HCTC”)

The Trade Act of 2002 created a new tax credit for certain individuals who become eligible for trade adjustment assistance and for certain retired Members who are receiving pension payments from the Pension Benefit Guaranty Corporation (PBGC)

(eligible individuals). The Trade Adjustment Assistance Extension Act of 2011 increased the amount of the HCTC, expanded those eligible to receive it, and extended the COBRA coverage. Eligible individuals can either take a tax credit or get advance payment of 72.5% of premiums paid for qualified health insurance, including continuation coverage. If you have questions about these tax provisions, you may call the Health Coverage Tax Credit Customer Contact Center toll-free at 1-866-628-4282. TDD/TYY callers may call toll-free at 1-866-626-4282. More information about the HCTC is also available at www.irs.gov by entering the keyword "HCTC". In addition, if you initially declined COBRA continuation coverage and, within 60 days after your loss of coverage under the Plan, you are deemed eligible by the U.S. Department of Labor or a state labor agency for trade adjustment assistance (TAA) benefits and the tax credit, you may be eligible for a special 60 day COBRA election period. The special election period begins on the first day of the month that you become TAA-eligible. If you elect COBRA coverage during this special election period, COBRA coverage will be effective on the first day of the special election period and will continue for 18 months, unless you experience one of the events discussed under "Termination of COBRA Continuation" above. Coverage will not be retroactive to the initial loss of coverage. If you receive a determination that you are TAA-eligible, you must notify your Employer immediately.

Interaction with Other Continuation Benefits

You may be eligible for other continuation benefits under state law. Refer to the Termination section for any other continuation benefits.

USERRA Continuation Coverage

Under the Uniformed Services Employment and Reemployment Rights Act of 1994 (USERRA), if you go on a qualifying military leave of absence as defined by USERRA, you may continue your coverage under the Plan for up to 24 months during the military leave to the extent required by USERRA. You must make contributions required, if any, for coverage in the manner specified by the Participant's Employer. You may reinstate your coverage on return from leave to the extent required by USERRA. For more information regarding your rights and obligations under USERRA, you should contact the COBRA Plan Administrator.

MISCELLANEOUS PROVISIONS

Overpayment Recovery

Any overpayment made for Services will be recovered from anyone who receives such an overpayment or from any person or organization obligated to pay for the Services.

Qualified Medical Child Support Order

The Plan will provide coverage as required by any qualified medical child support order ("QMCSO"), as defined in ERISA §609(a). Your Employer has detailed procedures for determining whether an order qualifies as a QMCSO. Participants and beneficiaries can obtain, without charge, a copy of these procedures from your Employer.

NOTICES

Newborn Baby and Mother Protection Act

Group health plans, such as the Plan, generally may not, under federal law, restrict benefits for any hospital stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a cesarean section. However, federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable). In any case, the Plan may not, under federal law, require that a provider obtain authorization from the Plan for prescribing a length of stay not more than 48 hours (or 96 hours). Coverage of childbirth hospital Services is subject to all provisions of this Benefits Booklet, such as the provisions concerning exclusions, Copayments, and Coinsurance.

Women's Health and Cancer Rights Act of 1998

The Women's Health and Cancer Rights Act of 1998 was passed into law on October 21, 1998. This Federal law requires all group health plans that provide coverage for a mastectomy must also provide coverage for the following Services:

- All stages of reconstruction of the breast on which the mastectomy was performed
- Surgery and reconstruction of the other breast to produce a symmetrical appearance
- Prostheses
- Treatment of physical complications of the mastectomy, including lymphedema

The Plan provides coverage for mastectomies and related Services. Coverage is subject to all provisions of this Benefits Booklet, such as the provisions concerning exclusions, Copayments, and Coinsurance.

SERVICES AREAS

Participants must live in a Kaiser Service Area at the time of enrollment. You cannot continue enrollment as a Participant if you move outside a Kaiser Permanente Service Area. To verify if your home or work address is within the Kaiser Service Area, check kp.org.

Service Areas for Northern Colorado

County	City
ALBANY	JELM
KIMBALL	BUSHNELL, KIMMBALL
LARAMIE	PINEBLUFFS
LARIMER	BELLEVUE, BERTHOUD, CARR, DRAKE, ESTES PARK, FORT COLLINS, GLEN HAVEN, LAPORTE, LIVERMORE, LOVELAND, MASONVILLE, RED FEATHER LAKES, ROCKY MTN. NATIONAL PARK, SEVERANCE, TIMNATH, VIRGINIA DALE, WELLINGTON, WINDSOR
MORGAN	HOYT, ORCHARD, WIGGINS
WELD	AULT, BRIGGSDALE, CARR, EATON, EVANS, FORT MORGAN, GALETON, GARDEN CITY, GILL, GREELEY, GROVER, HEREFORD, JOHNSTOWN, KERSEY, LA SALLE, LOVELAND, LUCERNE, MEAD, MILLIKEN, NEW RAYMER, NUNN, ORCHARD, PIERCE, PLATTEVILLE, RAYMER, ROGGEN, SEVERANCE, STONEHAM, WINDSOR

Service Areas for Denver Boulder Colorado

County	City
ADAMS	AURORA, BENNETT, BRIGHTON, BROOMFIELD, COMMERCE CITY, DENVER, DUPONT, EASTLAKE, HENDERSON, , THORNTON, WESTMINSTER
ARAPAHOE	AURORA, BENNETT, DENVER, ENGLEWOOD, LITTLETON, WATKINS
BOULDER	ALLENSPARK, BOULDER, BOLDERADO SPRINGS, HYGIENE, JAMESTOWN, LAFAYETTE, LONGMONT, LOUISVILLE, LYONS, NEDERLAND, NIWOT, PINECLIFFE, WARD
BROOMFIELD	BROOMFIELD
CLEAR CREEK	IDAHO SPRINGS

DENVER	DENVER, LITTLETON
DOUGLAS	CASTLE ROCK, ENGLEWOOD, FRANKTOWN, LITTLETON, LONE TREE, LOUVIERS, PARKER, SEDALIA
ELBERT	ELIZABETH, KIOWA
GILPIN	BLACK HAWK, CENTRAL CITY, ROLLINSVILLE
JEFFERSON	ARVADA, BROOMFIELD, BUFFALO CREEK, CONIFER, DENVER, EVERGREEN, GOLDEN, IDLEDALE, INDIAN HILLS, KITTREDGE, LITTLETON, MORRISON, PINE, WHEAT RIDGE
LARIMER	LYONS
PARK	BAILEY, PINE
WELD	BRIGHTON, DACONO, ERIE, FIRESTONE, FORT LUPTON, FREDERICK, GILCREST, HUDSON, KEENESBURG, LONGMONT

Service Areas for Southern Colorado

COUNTY	CITY
CROWLEY	OLNEY SPRINGS
CUSTER	WETMORE
DOUGLAS	LARKSPUR
EL PASO	CALHAN, CASCADE, COLORADO SPRINGS, ELBERT, FOUNTAIN, GREEN MOUNTAIN FALLS, MANITOU SPRINGS, MONUMENT, PALMER LAKE, PEYTON, RAMAH, U S A F ACADEMY, YODER,
ELBERT	ELBERT, RAMAH
FREMONT	BROOKSIDE, CANON CITY, COAL CREEK, COALDALE, COTOPAXI, FLORENCE, HILLSIDE, HOWARD, PENROSE, ROCKVALE,
HUERFANO	RYE,
LINCOLN	RUSH,
OTERO	FOWLER,
PARK	GUFFEY, LAKE GEORGE,
PUEBLO	AVONDALE, BEULAH, BOONE, COLORADO CITY, PUEBLO, RYE,
TELLER	CRIPPLE CREEK, DIVIDE, FLORISSANT, VICTOR, WOODLAND PARK

Service Areas for Mountain Colorado

COUNTY	CITY
EAGLE	AVON, BEAVER CREEK, BOND, BURNS, CORDILLERA, EAGLE, EDWARDS, GILMAN, GYPSUM, MC COY, MINTURN, RED CLIFF, VAIL, WOLCOTT
ROUTT	MCNCOY
SUMMIT	BLUE RIVER, BRECKENRIDGE, DILLON, FRISCO, HEENEY, KEYSTONE, MONTEZUMA, SILVERTHORNE

Pharmacy Claim Form



PRESCRIPTION REIMBURSEMENT REQUEST FORM

Use this form to request reimbursement for covered medications purchased at retail cost. Complete one form per member. **Please print clearly. Additional information and instructions on back, please read carefully.**

1 Member Information

RxGroup (see ID card)			Member ID (see ID card)								
Last Name		First Name		MI							
Mailing Street Address				Apt. #							
City	State	ZIP	Prescription is for <input type="radio"/> Self <input type="radio"/> Spouse <input type="radio"/> Dependent	Gender <input type="radio"/> M <input type="radio"/> F							
Date of Birth (mm/dd/yyyy)			<table border="1"> <tr> <td> </td><td> </td><td> </td><td> </td><td> </td><td> </td> </tr> </table>								

2 Physician and Pharmacy Information

Prescribing Physician Name		Dispensing Pharmacy Name	
Prescribing Physician Phone Number with Area Code		Dispensing Pharmacy Phone Number with Area Code	

3 Reason For Request

- Select appropriate options for your request:
- I did not use my Prescription Drug ID card
 - I used a non-participating pharmacy (please explain) _____
 - I filled a compound prescription (your pharmacist must complete section B on the back of this form)
 - I purchased medication outside of the United States
Country _____ Currency used _____
 - My primary coverage is with another insurance carrier (coordination of benefits claim; see section C on back for details)
 - I am submitting an Explanation of Benefits (EOB) from another Health Plan or Medicare
 - I am submitting a copy receipt
 - I was waiting for a drug approval
 - I was retroactively enrolled with the plan
 - My pharmacy billed the wrong plan
 - Other (please explain) _____

4 Acknowledgement

I certify that the medication(s) for which reimbursement is requested were received for use by the patient above, and that I (or the patient, if not myself) am eligible for prescription drug benefits. I also certify that the medications received were not for treatment of an on-the-job injury. I recognize reimbursement will be paid directly to me and assignment of these benefits to a pharmacy or any other party is void.

Signature: _____ Date: _____

ORX5262-KPL_130909



Medical Claim Form

Medical Claim Form Self-Funded Plan		 KAISER PERMANENTE		
IMPORTANT: PLEASE READ THE FOLLOWING BEFORE COMPLETING THIS FORM. PLEASE PRINT IN INK. Please submit one claim form per patient. All questions must be answered for prompt processing. Attach itemized bills from your provider. Note: See your Plan documents for applicable claims filing requirements.				
SEND THIS COMPLETED CLAIM FORM TO: KAISER PERMANENTE INSURANCE COMPANY (KPIC) SELF-FUNDED CLAIMS ADMINISTRATOR P.O. BOX 30547 SALT LAKE CITY, UT 84130-0547 CUSTOMER SERVICE NUMBER: 1-866-213-3062 Note: This form only needs to be completed if the provider is not submitting a claim on your behalf or you are requesting reimbursement for out of pocket expenses.				
PARTICIPANT DATA				
NAME OF PLAN		PLAN ID	WORK PHONE () ()	HOME PHONE () ()
PARTICIPANT NAME	LAST	FIRST	MIDDLE	SOCIAL SECURITY NUMBER
HOME ADDRESS	STREET		CITY	STATE
				ZIP-CODE
MARITAL STATUS <input type="checkbox"/> Single <input type="checkbox"/> Married <input type="checkbox"/> Divorced <input type="checkbox"/> Widowed <input type="checkbox"/> Separated			OTHER COVERAGE? <input type="checkbox"/> Yes <input type="checkbox"/> No If Yes, complete section below	
PATIENT DATA				
PATIENT NAME	LAST	FIRST	MIDDLE	SEX <input type="checkbox"/> Male <input type="checkbox"/> Female
				PHONE NUMBER
DATE OF BIRTH		AGE	DISABLED DEPENDENT Yes No	
RELATIONSHIP TO EMPLOYEE <input type="checkbox"/> Spouse <input type="checkbox"/> Domestic Partner <input type="checkbox"/> Son <input type="checkbox"/> Daughter <input type="checkbox"/> Other (Describe) _____				
If this patient is a dependent child, is he/she a full time college student? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, name of school: _____				
Were these charges incurred as a result of an on-the-job illness or injury? <input type="checkbox"/> Yes <input type="checkbox"/> No Other accident <input type="checkbox"/> Yes <input type="checkbox"/> No If the claim is the result of any kind of accident or injury, complete the following information: Date: _____ Time: _____ Description of what happened: _____				
OTHER COVERAGE DATA – PLEASE READ INSTRUCTIONS ON BACK				
IS THIS PATIENT EMPLOYED? <input type="checkbox"/> Yes <input type="checkbox"/> No	IF YES, GIVE NAME AND ADDRESS OF EMPLOYER			
IS THIS PATIENT OR ANY OTHER FAMILY MEMBER COVERED BY OTHER HEALTH COVERAGE OR PLAN? Yes No Complete Section				
Name of Insured or Participant	Name/Address of Insurance Company or Plan		ID Number	Group Number
IS THE PATIENT COVERED BY MEDICARE? <input type="checkbox"/> Yes <input type="checkbox"/> No				
AUTHORIZATION SIGNATURE FOR INFORMATION RELEASE: I hereby authorize KPIC, its third party administrators, my Plan, and any health care provider that provided services in connection with this claim to disclose to KPIC, its third party administrators, and any other source of coverage for those services, medical records and information pertaining to the services and patient identified in this claim, for the purpose of adjudication and payment of the claim. I understand that treatment, payment, enrollment, eligibility for benefits may not be conditioned on my providing or refusing to provide this authorization. This authorization is effective immediately and shall remain in effect for one year, unless a different date is specified here _____. This authorization may be revoked by the patient at any time, effective upon receipt, except to the extent that a disclosing party or others have acted in reliance upon this authorization. I understand that the recipient of information may not lawfully further use or disclose the health information unless another authorization is obtained from me or unless such use or disclosure is specifically required or permitted by law. A copy of this authorization is as valid as the original. The patient has a right to a copy of this authorization.				
PATIENT/PARTICIPANT SIGNATURE: (Parent or guardian, if minor)			DATE:	

PROVIDER INFORMATION (OPTIONAL)							
HAS UTILIZATION MANAGEMENT BEEN CONTACTED FOR PRECERTIFICATION? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, Authorization Number: _____							
DIAGNOSIS OR NATURE OF ILLNESS OR INJURY: RELATE ITEMS 1, 2, 3 OR 4 TO THE DIAGNOSIS CODE BELOW BY ENTERING THE ITEM NUMBER FOR EACH SERVICE 1. _____ 2. _____ 3. _____ 4. _____							
DATE(S) OF SERVICE		PLACE OF SERVICE	PROCEDURES, SERVICES OR SUPPLIES CPT/HCPCS/ MODIFIER	DIAGNOSIS CODE	FULL DESCRIPTION OF PROCEDURE/SERVICE	DAYS/ UNITS	CHARGE AMOUNT
FROM	THROUGH						
MO DY YR	MO DY YR						
PROVIDER FEDERAL TAX I.D. NUMBER _SSN _EIN			PATIENT'S ACCT NUMBER		TOTAL CHARGES \$	AMT PAID \$	BALANCE DUE \$
NAME, SIGNATURE, CREDENTIALS OF TREATING PHYSICIAN/SUPPLIER PRINTED NAME: _____ CREDENTIALS _____ SIGNED: _____ DATE: _____				PROVIDER BILLING NAME, ADDRESS, ZIP CODE AND PHONE#			

HOW TO FILE YOUR CLAIM
<p>ANY PERSON WHO KNOWINGLY FILES A STATEMENT OF CLAIM CONTAINING ANY MISPRESENTATION OR ANY FALSE, INCOMPLETE OR MISLEADING INFORMATION, OR OMITTING A MATERIAL FACT, MAY BE SUBJECT TO CIVIL OR CRIMINAL PROSECUTION AND PENALTIES.</p> <p>This form is designed to help you file a claim for health care services received by you or an enrolled family member. If a doctor, hospital or other healthcare provider has already filed a claim directly with KPIC on your behalf, please do not submit a Member Medical Claim Form for the same services. Please see your Plan documents for applicable claim filing requirements.</p> <ol style="list-style-type: none"> Complete the Participant Data and Patient Data sections of the claim form. See instructions below regarding the Other Coverage Data section. Complete and sign the Authorization section. Either have the provider complete the Provider Information section, or attach itemized bills provided by the provider. Each bill/receipt must include: <ul style="list-style-type: none"> The name of the patient Date expenses were incurred Nature of encounter (i.e. office visit, x-ray, etc.) Any other information your Plan requires. For reimbursement of any out-of-pocket expenses you incurred, you must include a copy of a receipt from the provider, and evidence of your payment to the provider, such as a credit card receipt. Send the completed claim form, itemized bills and attachments to: <p style="text-align: center;">KAISER PERMANENTE INSURANCE COMPANY (KPIC) SELF-FUNDED CLAIMS ADMINISTRATOR P.O. BOX 30547 SALT LAKE CITY, UT 84130-0547</p> <p><i>Note: Please be aware that if the provider holds a contract to provide services for your Plan, payment of a claim will always be made to the provider, even if you paid the provider directly. In that circumstance, you will need to seek reimbursement from the provider.</i></p>
INSTRUCTIONS FOR OTHER COVERAGE
<p>If the patient has coverage under any other plan, in addition to the Plan administered by KPIC, you may be able to receive benefits under both plans. This may happen if both spouses or domestic partners (where applicable) work and both carry family coverage through their respective employers or have other coverage. If you filed a claim with the other coverage, you will need to submit the explanation of benefits or other communication from the other coverage showing their adjudication of the claim, in addition to this Claim Form and copies of itemized bills and receipts.</p>

VERSION 5.2
LAST REVISION 9/11/08
CEL

Non-Discrimination Notices

The University of Colorado, as Plan Sponsor of the University of Colorado Health and Welfare Plan (“the University”), complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. The University does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

The University provides free aids and services to people with disabilities to communicate effectively, such as qualified sign language interpreters and written information in other formats (large print, audio, accessible electronic formats, other formats). The University also provides free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages.

If you need these services, contact the HIPAA Privacy Officer with CU Health Plan Administration.

If you believe that the University has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

HIPAA Privacy Officer
CU Health Plan Administration
1999 Broadway, Suite 820
Denver, CO 80202
(303) 860-4199
(303) 860-4177 (fax)
cuhealthplan@cu.edu

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the HIPAA Privacy Officer with CU Health Plan Administration is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201
1-800-368-1019, 800-537-7697 (TDD)
Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

Kaiser Permanente

Kaiser Permanente Insurance Company (KPIC) complies with applicable federal civil rights law and does not discriminate on the basis of race, color, national origin, age, disability, or sex. KPIC does not exclude people or treat them differently because of race, color, national origin, age, disability or sex. We also:

- Provide no cost aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats, such as large print, audio, and accessible electronic formats

- Provide no cost language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, call: 1-866-213-3062 for TTY 711

If you believe that KPIC has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with the KPIC Civil Rights Coordinator, 3701 Boardman-Canfield Rd, Canfield OH 44406 telephone number 1-866-213-3062. You can file a grievance by mail or phone. If you need help filing a grievance, the KPIC Civil Rights Coordinator is able to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW, Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 1-800-537-7697 (TDD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

Consumer Assistance Tools

Help in your Language

English: You have the right to get help in your language at no cost. If you have questions about your benefits, or you are required to take action by a specific date, call the number provided for your state or region to talk to an interpreter.

አማርኛ (Amharic): ያለምንም ክፍያ በቋንቋዎ እርዳታ የማግኘት መብት አለዎት። ስለ ጥቅምጥቅምዎ ጥያቄዎች ካሉዎት፣ ወይም በተወሰነ ቀን እንዲያከናውኑ የሚጠበቅዎ ድርጊት ካለ፣ ስቴትዎ ወይም ክልልዎ ከተርጓሚ ጋር እንዲነጋገር በተሰጠዎ ስልክ ቁጥር ይደውሉ።

العربية (Arabic): لك الحق في الحصول على المساعدة بلغتك دون تحمل أي تكاليف. إذا كانت لديك استفسارات بشأن المزايا الخاصة بك أو قد طلب منك اتخاذ إجراء خلال تاريخ محدد، يُرجى الاتصال بالرقم المخصص لولايتك أو منطقتك للتحدث إلى مترجم فوري.

Northern California Region.....	1-800-663-1771
Southern California Region.....	1-800-533-1833
Colorado Region.....	1-877-883-6698
Mid-Atlantic States Region.....	1-877-740-4117
Northwest Region.....	1-866-800-3402
Georgia Region.....	1-866-800-1486
TTY.....	711

Հայերեն (Armenian): Դուք ունեք Ձեր լեզվով անվճար օգնություն ստանալու իրավունք: Եթե Դուք հարցեր ունեք Ձեր նպաստների, կամ Դուք պարտադրված եք գործողություններ ձեռնարկել վիճակի որոշակի ամսաթիվ, սպաս զանգահարեք Ձեր նահանգի կամ շրջանի համար տրամադրված հեռախոսահամարով՝ թարգմանչի հետ խոսելու համար:

ᐃᓂᓄᓄ - wùdù (Bassa): Ɔ mɔ̀ ni kpé bé m̀ ké gbo-kpá-kpá dyé dè m̀ miɔ̀un niin biɔ̀di-wùdù mù pidyi. Ɔ jù ké m̀ dyi dyi-diè-dè bé bé dè dè b́á kpáná b́é m̀ kɔ̀ m̀ ké dyée jè dyi, mɔ̀ ɔ̀ jù ké wa dyi niin m̀ me nyu dè dè b́é b́ó wé jèè dè kɔ̀e ní, níi, m̀ me d́á nɔ̀bá b́é wa toá b́ó ni b́ó d́ó d́ó mɔ̀ b́ó ni gbèèè biie, b́é m̀ ké nyo-wuɔ̀uún-zá-nyò dè gbo wùdù.

বাংলা (Bengali): বিনা খরচে আপনার নিজের ভাষায় সাহায্য পাওয়ার অধিকার আপনার আছে। আপনার সুবিধাগুলির সম্পর্কে আপনার যদি কোল প্রশ্ন থাকে, অথবা একটি নির্ধারিত দিনের মধ্যে যদি আপনার কোল পদক্ষেপ গ্রহণ করার প্রয়োজন হয়, তাহলে দোভাষীর সঙ্গে কথা বলতে আপনার রাজ্য বা অঞ্চলের জন্য প্রদত্ত নম্বরটিতে কোল করুন।

Your health benefits are self-insured by your employer, union, or Plan sponsor. Kaiser Permanente Insurance Company provides certain administrative services for the Plan and is not an insurer of the Plan or financially liable for health care benefits under the Plan. • Kaiser Permanente Insurance Company (KPIC), Ordway Building, One Kaiser Plaza, Oakland, CA 94612

Cebuano (Bisaya): Anaa moy katungod nga mangayo og tabang sa inyo pinulongan ug kini walay bayad. Kung naa mo pangutana bahin sa inyo benepisyo o may mga butang nga nanginahanglan sa inyo paglihok sa dili pa usa ka piho nga petsa, palihug lang pagtawag sa mga numero sa telepono nga gihatag sa imong estado ("state") o rehiyon ("region") para makigstorya sa usa ka interpreter.

中文 (Chinese): 您有權免費以您的語言獲得幫助。如果您對您的福利有任何疑問，或者您被要求在具體日期之前採取措施，請致電您所在的州或地區的電話，與口譯員進行溝通。

Chuuk (Chuukese): Mei wor omw pwuung omw kopwe neuneu aninis non kapasen fonuomw (Chuukese), ese kamo. Ika mei wor omw kapas eis usun omw pekin insurance, are ika a men auchea omw kopwe fori pwan ekoch foror mei namot ngeni omw plan, ke tongeni kori ewe nampa ren omw state ika neni (asan) pwe eman chon awewe epwe anisuk non kapasen fonuomw.

Français (French): Une assistance gratuite dans votre langue est à votre disposition. Si vous avez des questions à propos de vos avantages ou si vous devez prendre des mesure à une date précise, appelez le numéro indiqué pour votre Etat ou votre région pour parler à un interprète.

Deutsch (German): Sie haben das Recht, kostenlose Hilfe in Ihrer Sprache zu erhalten. Falls Sie Fragen bezüglich Ihres Leistungsanspruchs haben oder Sie bis zu bestimmten Stichtagen handeln müssen, rufen Sie die für Ihren Bundesstaat oder Ihre Region aufgeführte Nummer an, um mit einem Dolmetscher zu sprechen.

ગુજરાતી (Gujarati): તમને કોઈ પણ ખર્ચ વગર તમારી ભાષામાં મદદ મેળવવાનો અધિકાર છે. જો તમને તમારા લાભો વિશે પ્રશ્નો હોય, અથવા કોઈ ચોક્કસ તારીખથી તમને પગલાં લેવાની જરૂર હોય, તો દુભાષિયા સાથે વાત કરવા તમારા સ્ટેટ અથવા રીજીયન માટે પુરો પાડવામાં આવેલ નંબર પર ફોન કરો.

Kreyòl Ayisyen (Haitian Creole): Ou gen dwa pou jwenn èd nan lang ou gratis. Si ou gen nenpòt kesyon sou aplikasyon ou an oswa asirans ou ak Kaiser Permanente, oswa si nan avi sa a gen bagay ou sipoze fè avan yon sèten dat, rele nimewo nou mete pou Eta oswa rejyon ou a pou w ka pale ak yon entèprèt.

'ōlelo Hawai'i (Hawaiian): He pono a ua loa'a no kekahi kōkua me kāu 'ōlelo inā makemake a he manuahi no ho'i. Inā he mau nīnau kāu e pili ana i kāu pono keu i ka polokalamu ola kino, a i 'ole inā ke ha'i nei iā'oe e hana koke aku i kēia ma mua o kekahi lā i waiho 'ia, e kelepona aku i ka helu i loa'a nei no kāu moku'āina a i 'ole pana'āina no ka wala'au 'ana me kekahi kanaka unuhi 'ōlelo.

हिन्दी (Hindi): आपको बिना कोई कीमत चुकाए आपकी भाषा में मदद पाने का अधिकार है। यदि आप आपके लाभ के बारे में कोई सवाल पूछना चाहते हैं या आपको किसी निश्चित तारीख तक कोई कारवाई करने की आवश्यकता है, तो आप आपके राज्य या क्षेत्र के लिए दिये गए नंबर पर फोन करके किसी दुभाषिण से बात करें।

Hmoob (Hmong): Koj muaj cai tau txais kev pab txhais ua koj hom lus pub dawb. Yog koj muaj lus nug txog koj cov txiaj ntsig, lossis koj yuav tsum tau ua raws li hnuv hais tseg ntawd, hu rau tus nab npawb xovtooj ntawm lub xeev lossis hauv ib cheeb tsam uas tau muab rau koj mus tham nrog ib tug kws txhais lus.

Igbo (Igbo): ! nwere ikike inweta enyemaka n'asusụ gị na akwughị ụgwọ ọ bụla. Ọ bụrụ na ! nwere ajụjụ gbasara elele gị, ma ọ bụ na achọrọ ka ! mee ihe tupu otu ụbọchị, kpọọ nomba enyere maka steeti ma ọ bụ mpaghara gị i ji kwukọrịta okwu n'etiti onye ọkọwa okwu.

Iloko (Ilocano): Adda dda ti karbenganyo a dumawat iti tulong iti pagsasaoyo nga awan ti bayadanyo. No addaankayo kadagiti saludsod maipanggep kadagiti benepisioyo wenno, mangkalikagum kadakayo a rumbeng nga aramidenyo ti addang iti espesipiko a petsa, tawagan ti numero nga inpaay para ti estado wenno rehiyon tapno makipatang ti maysa mangipatarus iti pagsasao.

Italiano (Italian): Hai il diritto di ricevere assistenza nella tua lingua gratuitamente. In caso di domande riguardanti le tue agevolazioni o se devi intervenire entro una data specifica, chiama il numero fornito per il tuo stato o la tua regione per parlare con un interprete.

日本語 (Japanese): あなたは、費用負担なしでご利用の言語で支援を受ける権利を保持しています。給付に関してご質問があるか、または、あなたが特定の日付までに行動を起こすよう依頼されている場合、お住まいの州または地域に対して提供された電話番号に電話して、通訳とお話ください。

ខ្មែរ (Khmer): អ្នកមានសិទ្ធិទទួលបានជំនួយជាភាសារបស់អ្នកដោយឥតគិតថ្លៃ។ បើសិនអ្នកមានសំណួរណាមួយអំពីអត្ថប្រយោជន៍របស់លោកអ្នក ឬត្រូវបានតម្រូវឱ្យអ្នក ចាត់វិធានការត្រឹមកាលបរិច្ឆេទជាក់លាក់ សូមទូរស័ព្ទទៅលេខដែលបានផ្តល់ជូនសម្រាប់រដ្ឋឬតំបន់របស់អ្នកដើម្បីនិយាយទៅកាន់អ្នកបកប្រែ ។

한국어 (Korean): 귀하에게는 한국어 통역 서비스를 무료로 받으실 수 있는 권리가 있습니다. 귀하의 보험 혜택이나 이 통지서의 요구대로 어느 날짜까지 조치를 취해야만 하는 경우, 제공된 귀하의 주 및 지역 전화번호로 연락해 통역사와 통화하십시오.

ລາວ (Laotian): ທ່ານມີສິດທີ່ຈະໄດ້ຮັບການຊ່ວຍເຫຼືອໃນພາສາຂອງທ່ານໂດຍບໍ່ເສັຽຄ່າ. ຖ້າວ່າ ທ່ານມີຄຳຖາມກ່ຽວກັບສິນປະໂຫຍດຂອງທ່ານ, ຫຼື ທ່ານຈຳເປັນຕ້ອງດຳເນີນການພາຍໃນວັນທີ່ທີ່ເຈາະຈົງໃດໜຶ່ງ, ໃຫ້ໂທຕາມໝາຍເລກທີ່ໂທໄວ້ສຳລັບລັດ ຫຼື ເຂດຂອງທ່ານ ເພື່ອຂໍລິມັດຖານພາສາ.

Kajin Majöl (Marshallese): Ewör jimwe eo am in bök jipañ ilo kajin eo am ejjeløk wōñāän. Ñe ewör am kajjitök kōn jibañ ko am, ak ñe kwoj aikuuj in makūtkūt mokta jān juon raan eo emōj an kallikkar, kaļok nōmba eo ej leļok ñan state eo am ak jikūm bwe kwōn maroñ kōnono ippān juon ri-ukōt.

Naabeehó (Navajo): Doo bik'é asiniláágo ata' hane' bee níká i' doolwoł. Bee naa áháyánigíí dóó bee níká aná'álwo'ígíí bína'idilkidgo, éi doodago náás yoolkáálgi hait'éegoda i'dííliil ní'di'nígo, bik'ehgo béésh bee hane'í naaltsos bikáá'íjji' hodíílnih nitsaa hahoodzooji' éi doodago aadi nahós'a'di áko ata' halne'í bich'í' hadíidzih.

नेपाली (Nepali): तपाईंले कुनै खर्च बिना आफ्नो भाषामा सहायता पाउने अधिकार छ। यदि सुविधाहरूका बारेमा तपाईंको कुनै प्रश्नहरू भए, अथवा कुनै निर्धारित मिति भित्र तपाईंले कुनै कारवाही गर्न आवश्यक भए, कुनै दोभाषेसँग कुरा गर्न तपाईंको राज्य वा क्षेत्रका लागि उपलब्ध नम्बरमा फोन गर्नुहोस्।

Afaan Oromoo (Oromo): Baasii malee afaan keetiin gargaarsa argachuudhaaf mirga qabda. Waa'ee tajaajila keetii ilaalchisee gaaffii yoo qabaatte, yookaan yoo guyyaa murtaa'ee irratti tarkaanfii akka fudhattu gaafatamte, lakkoofsa bilbilaa naannoo yookaan goodina keetiif kenname bilbiluudhaan turjumaana haasofsii.

فارسی (Persian): شما حق دارید که بدون هیچ هزینه ای به زبان خود کمک دریافت کنید. اگر درباره مزایای خود سوالی داشته یا لازم است تا تاریخ مشخصی اقدامی بعمل آورید، برای صحبت با یک مترجم شفاهی با شماره تلفن ارائه شده برای ایالت یا منطقه خود تماس بگیرید.

lokaiahn Pohnpei (Pohnpeian): Komw anehki pwung en rapahki sounkawehwe en omw palien lokaia ni sohte isaihs. Ma mie iren owmi kalelapak ohng kosoandi me pid kamwau pe kan, de anahne komwi en mwekid ohng rahn me kileledi, ah komw anahne koahl nempe me sansalehr (insert number here) ohng owmi palien wehi pwe komwi en lokaiaiang owmi tungoal soun kawehwe.

Português (Portuguese): Você tem o direito de obter ajuda em seu idioma sem nenhum custo. Se você tiver dúvidas sobre seus benefícios, ou caso seja necessário que você tome alguma medida até uma data específica, ligue para o número fornecido para seu estado ou região para falar com um intérprete.

ਪੰਜਾਬੀ (Punjabi): ਤੁਹਾਨੂੰ ਬਿਨਾਂ ਕਿਸੇ ਸੁਲਕ ਤੇ ਆਪਣੀ ਭਾਸ਼ਾ ਵਿਚ ਮਦਦ ਪਾਉਣ ਦਾ ਹੱਕ ਹੈ. ਜੇਕਰ ਤੁਹਾਡੇ ਆਪਣੇ ਫਾਇਦਿਆਂ ਬਾਰੇ ਸਵਾਲ ਹਨ, ਜਾਂ ਤੁਹਾਨੂੰ ਕਿਸੇ ਨਿਸ਼ਚਿਤ ਮਿਤੀ ਤੱਕ ਕਾਰਵਾਈ ਕਰਨ ਦੀ ਲੋੜ ਪਵੇ, ਤਾਂ ਦੁਭਾਸ਼ੀਏ ਨਾਲ ਗੱਲ ਕਰਨ ਲਈ ਆਪਣੇ ਰਾਜ ਜਾਂ ਇਲਾਕੇ ਲਈ ਮੁਹੱਈਆ ਕਰਵਾਏ ਗਏ ਨੰਬਰ ਤੇ ਫ਼ੋਨ ਕਰੋ.

Română (Romanian): Aveți dreptul de a solicita ajutor care să vă fie oferit în mod gratuit în limba dumneavoastră. Dacă aveți întrebări legate de beneficiile dumneavoastră sau vi se solicită să luați măsuri până la o anumită dată, sunați la numărul de telefon furnizat pentru statul sau regiunea dumneavoastră pentru a sta de vorbă cu un interpret.

Русский (Russian): У вас есть право получить бесплатную помощь на своем языке. Если у вас имеются вопросы относительно ваших преимуществ либо необходимо выполнение каких-либо действий к определенной дате, позвоните по номеру телефона для своего штата или региона, чтобы поговорить с переводчиком.

Faa-Samoa (Samoan): E iai lou 'aia e maua fua se fesoasoani i lou lava gagana. Afai e iai ni fesili e uiga i ou penefiti, pe e manaomia ona'e gaoioi a o le'i oo i se aso filifilia, vili le numera ua saunia atu mo lou setete po o vaipanoa e talanoa i se faaliliu.

Español (Spanish): Usted tiene derecho a obtener ayuda en su idioma sin costo alguno. Si tiene preguntas acerca de sus beneficios o si se le solicita que tome alguna medida antes de una fecha determinada, llame al número de teléfono que se proporciona para su estado o región para hablar con un intérprete.

Tagalog (Tagalog): Mayroon kang karapatang humingi ng tulong sa iyong wika nang walang bayad. Kung mayroon kang mga katanungan tungkol sa iyong mga benepisyo o kinakailangan mong magsagawa ng aksyon sa tiyak na petsa, tumawag sa numerong ibinigay para sa iyong estado o rehiyon para makipag-usap sa isang interpreter.

ไทย (Thai): ท่านมีสิทธิที่จะได้รับความช่วยเหลือในภาษาของท่านโดยไม่เสียค่าใช้จ่าย หากท่านมีคำถามเกี่ยวกับสิทธิประโยชน์ของท่าน หรือท่านจำเป็นต้องดำเนินการภายในวันที่ที่กำหนดไว้ โปรดติดต่อหมายเลขที่ให้ไว้สำหรับรัฐหรือเขตพื้นที่ของท่านเพื่อคุยกับล่าม

Lea Faka-Tonga (Tongan): 'Oku 'i ai ho totonu ke ma'u ha fakatonulea ta'etotongi. Kapau 'oku 'i ai ha'o fehu'i 'o fekau'aki mo ho ngaahi penefiti, pe ko ha me'a na'e fiema'u ke fai ki ha 'aho na'e tukupau atu ke fakahoko ia, taa ki he fika kuo 'oatu ki ho siteiti pe ko e vahefonua ke talanoa mo ha fakatonulea.

Українська (Ukrainian): У Вас є право на отримання допомоги на Вашій рідній мові безкоштовно. Якщо Ви маєте питання стосовно Ваших переваг, чи якщо Вам необхідно здійснити певну дію до конкретної дати, подзвоніть по номеру телефону, що відповідає Вашій країні чи регіону, щоб поговорити з перекладачем.

اردو (Urdu): آپ کو کوئی بھی قیمت ادا کرنے بغیر اپنی زبان میں مدد حاصل کرنے کا حق ہے۔ اگر آپ کے ذہن میں اپنے فوائد کے متعلق کوئی سوالات ہیں، یا آپ کو ایک مخصوص تاریخ تک عمل انجام دینے کی ضرورت ہے تو، کسی مترجم سے بات چیت کرنے کے لئے آپ کی ریاست یا علاقہ کے لئے فراہم کئے گئے نمبر پر کال کریں۔

Tiếng Việt (Vietnamese): Quý vị có quyền được nhận trợ giúp miễn phí bằng ngôn ngữ của mình. Nếu quý vị có các câu hỏi về các lợi ích của mình, hoặc quý vị được yêu cầu thực hiện vào một ngày cụ thể, hãy gọi đến số điện thoại được cung cấp cho bang hoặc khu vực của quý vị để trò chuyện với phiên dịch viên.

Yorùbá (Yoruba): O ní ètò láti gba ìrànwọ́ ní èdè rẹ lófẹ́. Tí o bá ní ibéèrè nípa àwọn ànfàní rẹ tàbí o ní láti gbé ìgbésẹ́ kan ní ojò kan pátó, pe nọmbà tí a pèsè fún ipinlẹ́ rẹ tàbí agbègbè láti bá ògbùfọ́ kan sọrọ́.

SUMMARY CHART

This section summarizes Cost Sharing and benefit limits such as day limits, visit limits and benefit maximums. It does not describe all the details of your benefits. To learn what is covered for each benefit (including exclusions and limitations), please refer to the identical heading in the “Benefits and Cost Sharing” section and to the “General Exclusions and Limitations” section of this Benefits Booklet.

University of Colorado Health and Welfare Plan		
Effective Date: 7/1/2019		
This is a Summary of Benefits for your Kaiser Permanente EPO Plan		
OVERALL PLAN FEATURES		
Plan Accumulation Type	Plan Year	
Plan Year Out-of-Pocket Maximum		
Per Person	\$7,900	
Per Family	\$15,800	
Each family member has an individual Out-of-Pocket Maximum amount within the family Out-of-Pocket Maximum. The individual cannot contribute to the family Out-of-Pocket Maximum more than the amount of a single Out-of-Pocket Maximum.		
Copayments: One Copayment per provider is charged per day.		
Visits: If multiple visits occur on the same day, each visit counts toward the applicable benefit limit.		
ROUTINE PREVENTIVE EXAMS AND SERVICES		
See Kaiser Permanente Colorado Health Care Reform Preventive Services for a comprehensive list of Preventive Services. Preventive Lab and X-ray screenings not specifically listed within the Kaiser Permanente Colorado Health Care Reform Preventive section are treated the same as non-preventive Lab and X-ray Services. Frequency and Age Limits managed by Network Provider except where noted.		
Benefit Type	You Pay and/or Maximums	Applies to OOP
Wellness Exams – Adults (Including Well Woman) Includes vision and hearing screenings. See Vision Refraction Exam for refractions and Hearing Exams for audiologic testing.	\$0	N/A
Wellness Exams – Children Includes vision and hearing screenings. See Vision Refraction Exam for refractions and Hearing Exams for audiologic testing.	\$0	N/A
Preventive Screenings Applies to Adults and Children.	\$0	N/A
Immunizations (Preventive) Applies to Adults and Children.	\$0	N/A
OUTPATIENT SERVICES (Office or Outpatient Facility / Clinics)		
Primary Care Cost Share will be charged for Family Practice, General Internal Medicine and General Pediatrics specialties. Specialty Care Cost Share will be charged for visits with all other medical specialties. Note: Nurse Practitioner and Physician Assistant may be treated as primary or specialty based on their supervising physician status.		
Office Visits		
Office Visit	\$30 Primary Care	Yes
Office Visit	\$40 Specialty Care	Yes
Referred Hospital Clinic Visits		
Provider	\$30 Primary Care	Yes
Facility Clinic Charges	\$40 Specialty Care	Yes
	\$0	N/A

Benefit Type	You Pay and/or Maximums	Applies to OOP
Allergy Injection as part of an Office Visit (Includes serum) Injection only (administration and materials) Testing Serum Only	<p style="text-align: center;">\$0</p> <p style="text-align: center;">\$10</p> <p style="text-align: center;">\$40</p> <p style="text-align: center;">\$0</p>	<p style="text-align: center;">N/A</p> <p style="text-align: center;">Yes</p> <p style="text-align: center;">Yes</p> <p style="text-align: center;">N/A</p>
Biofeedback Services Medical and Mental Health Services Mental Health provider Medical provider	<p style="text-align: center;">\$30 Primary Care</p> <p style="text-align: center;">\$40 Specialty Care</p>	<p style="text-align: center;">Yes</p> <p style="text-align: center;">Yes</p>
Cardiac Rehab	<p style="text-align: center;">\$30 Primary Care</p> <p style="text-align: center;">\$40 Specialty Care</p>	<p style="text-align: center;">Yes</p> <p style="text-align: center;">Yes</p>
Chemotherapy Services Office Visit Provided during an Office Visit Injection only	<p style="text-align: center;">\$40</p> <p style="text-align: center;">\$0</p> <p style="text-align: center;">\$40</p>	<p style="text-align: center;">Yes</p> <p style="text-align: center;">N/A</p> <p style="text-align: center;">Yes</p>
Dermatology Ultraviolet light treatment All other dermatology services	<p style="text-align: center;">\$30 Primary Care</p> <p style="text-align: center;">\$40 Specialty Care</p>	<p style="text-align: center;">Yes</p> <p style="text-align: center;">Yes</p>
Dialysis Services Home Dialysis	<p style="text-align: center;">\$40</p> <p style="text-align: center;">\$0</p>	<p style="text-align: center;">Yes</p> <p style="text-align: center;">N/A</p>
Health Education Health education visits are covered for all diagnoses. Applicable Office Visit Cost Share based on provider type. Office Visit Office Visit	<p style="text-align: center;">\$30 Primary Care</p> <p style="text-align: center;">\$40 Specialty Care</p>	<p style="text-align: center;">Yes</p> <p style="text-align: center;">Yes</p>
Hearing Exam Audiometry exam and medical exam Audiologist Otolaryngologist	<p style="text-align: center;">\$30 Primary Care</p> <p style="text-align: center;">\$40 Specialty Care</p>	<p style="text-align: center;">Yes</p> <p style="text-align: center;">Yes</p>
House Calls	<p style="text-align: center;">\$30 Primary Care</p> <p style="text-align: center;">\$40 Specialty Care</p>	<p style="text-align: center;">Yes</p> <p style="text-align: center;">Yes</p>
Infusion Services Requires skilled or medical administration. Office Visit Office Visit Provided during an Office Visit Infusion only Infusion only Home Infusion, Infusion materials, drugs and supplies	<p style="text-align: center;">\$30 Primary Care</p> <p style="text-align: center;">\$40 Specialty Care</p> <p style="text-align: center;">\$0</p> <p style="text-align: center;">\$30 Primary Care</p> <p style="text-align: center;">\$40 Specialty Care</p> <p style="text-align: center;">\$0</p>	<p style="text-align: center;">Yes</p> <p style="text-align: center;">Yes</p> <p style="text-align: center;">N/A</p> <p style="text-align: center;">Yes</p> <p style="text-align: center;">Yes</p> <p style="text-align: center;">N/A</p>
Injections and Immunizations Non-routine Office Visit Office Visit Provided during an Office Visit Injection only Injection only Epidural Steroid Injections	<p style="text-align: center;">\$30 Primary Care</p> <p style="text-align: center;">\$40 Specialty Care</p> <p style="text-align: center;">\$0</p> <p style="text-align: center;">\$30 Primary Care</p> <p style="text-align: center;">\$40 Specialty Care</p> <p style="text-align: center;">\$250 per visit</p>	<p style="text-align: center;">Yes</p> <p style="text-align: center;">Yes</p> <p style="text-align: center;">N/A</p> <p style="text-align: center;">Yes</p> <p style="text-align: center;">Yes</p> <p style="text-align: center;">Yes</p>
Travel Immunizations Office Visit Office Visit Provided during an Office Visit Immunization only	<p style="text-align: center;">\$30 Primary Care</p> <p style="text-align: center;">\$40 Specialty Care</p> <p style="text-align: center;">\$0</p> <p style="text-align: center;">\$0</p>	<p style="text-align: center;">Yes</p> <p style="text-align: center;">Yes</p> <p style="text-align: center;">N/A</p> <p style="text-align: center;">N/A</p>

Benefit Type	You Pay and/or Maximums	Applies to OOP
Male Sterilization Office visit Office Visit Outpatient Surgery	\$30 Primary Care \$40 Specialty Care \$250 per visit	Yes Yes Yes
Nutrition Visits Office Visit Office Visit	\$30 Primary Care \$40 Specialty Care	Yes Yes
Pulmonary Rehab Limits	\$5 Initial evaluation and up to 6 education sessions, up to 12 exercise sessions and a final evaluation to be completed within a 2-3-month period. Participation in a pulmonary rehab program is limited to once per lifetime.	Yes N/A
Radiation Therapy	\$40	Yes
Respiratory Therapy	\$40	Yes
Vision Refraction Exam NOTE: Medical care for eye illness or injury are covered under the Medical benefit by provider specialty	\$30 Optometrist \$40 Ophthalmologist	Yes Yes
HOSPITAL / SURGERY SERVICES		
Inpatient Hospital Includes room and board for semi-private rooms; ICU/CCU, Acute Rehab, Inpatient Professional Services, Medically Necessary Private Duty Nursing, Ancillary Services, Supplies. Additional cost for private rooms is not covered unless Medically Necessary. Per day Per day Cost Share limits	\$250 \$1,000 per admission	Yes Yes
Ambulance Emergency Ground and Air Ambulance Scheduled Ground and Air Ambulance Non-Network Hospital to Network hospital (repatriation)	\$0 \$0 \$0	N/A N/A N/A
Emergency Services Accident and Illness. High cost radiology procedure Cost Share is applied in addition to ED Cost Share Copayment waived if admitted.	\$250 Yes	Yes N/A
Urgent and After Hours Care Urgent Care and After-Hours settings	\$30	Yes
Outpatient Surgery Performed in Outpatient Hospital or Ambulatory Surgery Center. Cost Share also applies to these surgeries provided at KPCO medical clinics: Endovenous Ablation with Radiofrequency, Transurethral Microwave Therapy, Endometrial Ablation with Hysteroscopy, Fistulization Sclera (Trabeculectomy with Mytomycin)	\$250 per visit	Yes
Colonoscopy (all non-inpatient places of service)	\$0	N/A
Abortion Medically Necessary. Excludes Elective procedures. Office Visit Office Visit Outpatient Surgery Inpatient Hospital per day Inpatient Hospital per day Cost Share limits	\$30 Primary Care \$40 Specialty Care \$250 per visit \$250 per day \$1,000 per admission	Yes Yes Yes Yes Yes
Bariatric Surgery Office Visit Outpatient Surgery Inpatient Hospital per day	\$40 Specialty Care 30% 30%	Yes Yes Yes

Benefit Type	You Pay and/or Maximums	Applies to OOP
Temporomandibular Surgery (TMD/TMJ) Office Visit Outpatient Surgery Inpatient Hospital per day Inpatient Hospital per day Cost Share limits	\$40 Specialty Care \$250 per visit \$250 per day \$1,000 per admission	Yes Yes Yes Yes
Organ Transplants Organ acquisition, diagnostic testing for donor and recipient Office Visit Outpatient Surgery Inpatient Hospital per day Inpatient Hospital per day Cost Share limits	\$40 Specialty Care \$250 per visit \$250 per day \$1,000 per admission	Yes Yes Yes Yes
Travel and Lodging for Organ Transplants Includes coverage for recipient, care-giver and donor for transportation, lodging and daily expenses. Daily expenses include incidental expenses such as meals and does not include personal expenses.	Travel, lodging and daily expense limits, as well as reimbursements are coordinated and determined by the regional Transplant Coordinator.	N/A
MATERNITY Includes most Routine Pre-Natal and Post-Partum care. Delivery charges and Non-routine Maternity Care and Routine Care not included under preventive Care would be covered at the appropriate cost share.		
Routine Pre-Natal and Post-Partum Care Pre-natal and first post-partum visit Home Perinatology Visits	\$0 \$30 Primary Care \$40 Specialty Care	N/A Yes Yes
Hospital Inpatient Includes contracted Birthing Center if available Per day (facility) Includes well baby facility fees when billed with mother Per day Cost Share limits Professional Newborn well baby nursery facility and professional services (when billed separately from mother)	\$250 \$1,000 per admission \$0 \$0	Yes Yes N/A N/A
DIAGNOSTIC TESTS & PROCEDURES Includes Preventive Lab and X-ray screenings not specifically listed under Preventive Screenings: These Services are treated the same as Lab and X-ray Services in this section.		
Diagnostic Lab & X-ray	\$0	N/A
Diagnostic Tests performed in the Office	\$30 Primary Care \$40 Specialty Care	Yes Yes
High Tech/Advanced Radiology - CT, MRI, Nuclear Medicine and PET	\$100 per procedure	Yes
FERTILITY SERVICES Services for Fertility include those related to or part of Artificial Insemination and Surgery. Services to rule out the underlying medical causes of Infertility are part of the medical benefit. Fertility drugs (see Pharmacy section), ZIFT and IVF are not covered.		
Hospital Charges Per day Office Visit Diagnostic Lab & X-ray Outpatient hospital or Ambulatory Surgery Center (ASC) Artificial Insemination	50% 50% 50% 50% 50%	Yes Yes Yes Yes Yes

MENTAL HEALTH & SUBSTANCE USE DISORDER SERVICES Includes Marriage Counseling		
Benefit Type	You Pay and/or Maximums	Applies to OOP
Mental Health - Inpatient Includes Residential Treatment Per day Per day Cost Share limits Partial Hospitalization Per day Mental Health - Intensive Outpatient Includes all Services provided during the day	\$250 \$1000 per admission \$30 \$30 per day	- Yes Yes Yes Yes
Mental Health – Outpatient/Office Cost share may also apply to office visits with MH/CD diagnoses. Individual Visit Cost Share Group Visit Cost Share	\$30 per day \$15 per day	Yes Yes
Substance Use Disorder - Inpatient (Including Residential Treatment) Detox covered under-medical benefits Per day Per day Cost Share limits Substance Use Disorder - Partial Hospitalization Per day Substance Use Disorder - Intensive Outpatient Includes all Services provided during the day. Substance Use Disorder – Outpatient/Office Cost share may also apply to office visits with MH/CD diagnoses. Individual Visit Cost Share Group Visit Cost Share	\$250 per day \$1000 per admission \$30 per day \$30 per day \$30 per day \$15 per day	Yes Yes Yes Yes Yes Yes
MULTIDISCIPLINARY REHABILITATION - Organized Multidisciplinary Service program in a designated or Skilled Nursing Facility.		
Inpatient Hospital Per day Per day Cost Share limits	\$250 per day \$1000 per admission	Yes Yes
Outpatient Rehab Therapy Limits	\$30 per day None	Yes N/A
PHYSICAL, OCCUPATIONAL & SPEECH THERAPIES – For Rehabilitative and Habilitative Care (Includes: Therapies for Congenital Defects and Birth Abnormalities and Early Intervention Services Provided by Kaiser). Outpatient Cost Share for therapies is applied on a one Copayment per provider per day basis.		
Physical Therapy Visit Maximum Visit limits do not apply for the treatment of autism	\$30 20 Rehabilitative visits per Plan year* 20 Habilitative visits per Plan Year*	Yes N/A
Occupational Therapy Visit Maximum Visit limits do not apply for the treatment of autism	\$30 20 Rehabilitative visits per Plan year* 20 Habilitative visits per Plan Year*	Yes N/A
Speech Therapy Visit Maximum Visit limits do not apply for the treatment of autism	\$30 20 Rehabilitative visits per Plan year* 20 Habilitative visits per Plan Year*	Yes N/A
* Visit limits apply to Members eligible for Early Intervention Services after separate EIS visits are exhausted.		

EARLY INTERVENTION SERVICES (EIS) Provided through a CCB (Community Centered Board) Covered children, from birth up to age three (3), who have significant delays in development or have a diagnosed physical or mental condition that has a high probability of resulting in significant delays in development as defined by State law, are covered for Early Intervention Services (EIS).		
Benefit Type	You Pay and/or Maximums	Applies to OOP
Physical/Speech/Occupational Therapy Plan year maximum combined with social, educational, nutritional and other Services.	\$0 55 visits per plan year	N/A N/A
SKILLED CARE		
Home Health Care Visit definition: 28 hours per week combined over any number of days per week and furnished less than eight (8) hours per day. Additional time up to 35 hours per week but fewer than eight (8) hours per day may be Authorized on a case-by-case basis. Visit Maximum	\$0 unlimited	N/A N/A
Hospice Hospital Inpatient Home Based	\$0 \$0	N/A N/A
Hospice Special Services Program Respite Services- Home Based Respite Services- Hospital Inpatient	\$0 \$0	N/A N/A
Skilled Nursing Facility Per day Day Maximum	\$0 100 days per Plan year	N/A N/A
OTHER SERVICES		
Acupuncture Self referred visits (to any willing provider including Out of Network) Visit Maximum	\$30 20 visits per contract year	Yes N/A
Chiropractic Care Self referred visits with a Network or contracted provider Visit Maximum	\$30 20 visits per contract year	Yes N/A
Accidental Injury to Teeth Repair of sound and natural teeth directly related to an accidental injury	Not covered	N/A
Autism A diagnosis of ASD is required for benefits to apply toward the maximum benefit amount. Applied Behavioral Analysis Physical/Occupational/Speech Therapy Visit maximum	\$30 \$30 None	Yes Yes N/A
Durable Medical Equipment <i>Colorado DME/P&O formulary applies</i> Breast Feeding Pump	\$0 \$0	N/A N/A
Oxygen	\$0	N/A

Benefit Type	You Pay and/or Maximums	Applies to OOP
Prosthetics and Orthotics Includes colostomy/ostomy and urological supplies.	\$0	N/A
<p>Out of Area Benefit (for dependents only): Coverage for pharmacy, routine and follow-up care Outside the Service Area (within the U.S.)</p> <p>Office Visit Primary care, Specialty, Mental Health/Chemical Dependency, Well Child prevention, Gyn and Allergy injection visits Immunizations and flu shots are covered. All other visits not covered.</p> <p>Office Visit limits procedures and labs are excluded) Diagnostic X-ray Service limits (X-ray and Ultrasound only)</p> <p>Prescription Drug Preventive Drugs Diabetic testing supplies (meters, test strips) Physical, Occupational & Speech Therapies Visit Maximum</p>	<p>See Below</p> <p>\$30 copay</p> <p>5 per plan year 20% 5 per plan year</p> <p>50% \$0 20% \$30</p> <p>5 combined- physical, occupational and speech therapy visits</p>	<p>Yes</p> <p>Yes</p> <p>N/A</p> <p>Yes N/A</p> <p>Yes N/A</p>
<p>Hearing Aids - Initial and replacement hearing aids for minor children with a verified hearing loss. Age Limits Benefit Limits</p>	<p>\$0</p> <p>Persons under age of 18 years Two hearing aids for each ear every 60 months unless alterations to existing hearing aid cannot adequately meet the needs of the child</p>	<p>N/A</p> <p>N/A</p> <p>N/A</p>
<p>Telehealth Telephone Video Email, Chat, Online Communications</p>	<p>\$0 \$0 \$0</p>	<p>N/A N/A N/A</p>
<p>Vision Hardware - Contact Lenses Fitting exam is not covered. Medically Necessary Eyewear.</p>	Not covered	N/A
<p>Vision Hardware - Frames and Eyeglass Lenses</p>	Not covered	N/A
<p>OUTPATIENT PRESCRIPTION DRUGS Obtained from Network Pharmacies and on the KP formulary (list of approved drugs), unless otherwise specified. Note: Member will pay their copay or the full cost of the medication, whichever is less.</p>		
<p>2 Tier-Note: Certain medications may be limited to 30-day supply</p>		
<p><i>Generic - Per Prescription Maximum</i></p>	<p>\$15 up to 30-day supply</p>	<p>Yes</p>
<p><i>Specialty Rx</i></p>	<p>20% for specialty Rx, including Self-Administered injectables, up to a maximum of \$75 per Rx, up to 30-day supply</p>	<p>Yes</p>
<p><i>Brand - Per Prescription Maximum</i></p>	<p>\$35 up to 30-day supply</p>	<p>Yes</p>

Benefit Type	You Pay and/or Maximums	Applies to OOP
Mail Order Drugs -2 Tier Mail Order Note: Certain medications may be limited to 30-day supply. Not all medications are available via Mail Order		
<i>Generic - Per Prescription Maximum</i>	\$15 up to 30-day supply and \$30 from 31 up to 90-day supply	Yes
<i>Specialty Rx</i>	20% for specialty Rx, including Self-Administered injectables, up to a maximum of \$75 per Rx, up to 30-day supply	Yes
<i>Brand - Per Prescription Maximum</i>	\$35 up to 30-day supply and \$70 from 31 up to 90-day supply	Yes
Blood Factors	\$0	N/A
Diabetic Coverage – Some diabetic supplies may be covered under Durable Medical Equipment		
Oral Medications and Insulin	\$0	N/A
Diabetic testing supplies (meters, test strips)	\$0	N/A
Diabetic administration devices (syringes)	\$0	N/A
Medical Foods Amino acid modified products	\$3.00 per product per day for formula.	Yes
Fertility Drug Coverage	Not covered	N/A
Growth Hormone	Generic: \$15 up to 30-day supply Brand: \$35 up to 30-day supply	Yes
Sexual Dysfunction - Quantity Limits Apply	Not covered	N/A
ACA Mandated Drugs*		
Preventive Over the Counter Products - Preventive Over the Counter products are covered at a network pharmacy when prescribed by your provider.		
Aspirin		
Oral Fluoride	\$0	N/A
Folic Acid	\$0	N/A
Iron Supplements	\$0	N/A
Vitamin D	\$0	N/A
Female Contraceptives (spermicides, female condoms and sponges)	\$0	N/A
Bowel Prep (for Colonoscopies)	\$0	N/A
Contraceptive Devices (diaphragms, cervical caps, etc.) and Contraceptive Drugs	\$0	N/A
Emergency Contraception*	\$0	N/A
Preventive Breast Cancer Drugs	\$0	N/A
Smoking Cessation	\$0	N/A
Statins (Cholesterol Lowering Agents)	\$0	N/A
For items or injections dispensed by Pharmacy and requiring skilled administration in the Physician's Office (Implantable contraceptives, administered meds, etc.) office visit Cost Share for administration may apply.		
* With prescription, no cost share. Without prescription, Participant pays retail cost		