



# MONTHLY RATES FOR THE 2019-20 PLAN YEAR

## COBRA Rates

Medical Plans	CU Health Plan — Exclusive		CU Health Plan — Extended		CU Health Plan — High Deductible		CU Health Plan — Kaiser	
	COBRA Rate	COBRA Disability	COBRA Rate	COBRA Disability	COBRA Rate	COBRA Disability	COBRA Rate	COBRA Disability
Employee only	\$623.22	\$916.50	\$646.17	\$950.25	\$571.71	\$840.75	\$682.89	\$1,004.25
Employee + Spouse	\$1,260.21	\$1,853.25	\$1,301.52	\$1,914.00	\$1,087.32	\$1,599.00	\$1,374.45	\$2,021.25
Employee + Child(ren)	\$1,141.89	\$1,679.25	\$1,173.00	\$1,725.00	\$1,039.38	\$1,528.50	\$1,217.37	\$1,790.25
Family	\$1,786.02	\$2,626.50	\$1,842.12	\$2,709.00	\$1,561.11	\$2,295.75	\$1,927.80	\$2,835.00

Dental Plans	CU Health Plan — Essential Dental		CU Health Plan — Choice Dental		CU Health Plan — Premier Dental	
	COBRA Rate	COBRA Disability	COBRA Rate	COBRA Disability	COBRA Rate	COBRA Disability
Employee Only	\$29.58	\$43.50	\$53.04	\$78.00	\$47.43	\$69.75
Employee + Spouse	\$59.16	\$87.00	\$106.08	\$156.00	\$84.15	\$123.75
Employee + Child(ren)	\$63.75	\$93.75	\$114.75	\$168.75	\$92.31	\$135.75
Family	\$92.82	\$136.50	\$167.28	\$246.00	\$128.52	\$189.00

Vision Plan	CU Health Plan — Vision	
	COBRA Rate	COBRA Disability
Employee Only	\$6.30	\$9.27
Employee + Spouse	\$11.02	\$16.20
Employee + Child(ren)	\$11.95	\$17.58
Family	\$18.26	\$26.85



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