

## **Check your 2018-19 benefits selections in the portal** <sup>[1]</sup>

June 8, 2018 by [Employee Services](#) <sup>[2]</sup>

During Open Enrollment, you made the smart call on your coverage and may have chosen a new set of plans. Now, you can review your benefits selections in the portal ([my.cu.edu](http://my.cu.edu)).

Here's how:

1. Log in to your [employee portal](#) <sup>[3]</sup>.
2. Select the **CU Resources tab**. (Don't see any tabs? CU Resources is your homepage).
3. Select **Benefits Summary** from the **My Benefits** tile on the screen.
4. Enter the effective date "7/1/2018"
5. Press **Refresh**. Selections made during Open Enrollment will appear.

Benefits confirmations are available year-round through the portal in an effort to reduce paper usage and eliminate printing and postage costs.

If you have questions about your benefits, call an Employee Services benefits professional at 303-860-4200, option 3. We're here to help.

[open enrollment](#) <sup>[4]</sup>, [benefits](#) <sup>[5]</sup>, [benefits enrollment](#) <sup>[6]</sup>, [selections](#) <sup>[7]</sup>

### **Display Title:**

Check your 2018-19 benefits selections in the portal

### **Send email when Published:**

No

---

**Source URL:**<https://www.cu.edu/blog/work-life/check-your-2018-19-benefits-selections-portal>

### **Links**

[1] <https://www.cu.edu/blog/work-life/check-your-2018-19-benefits-selections-portal>

[2] <https://www.cu.edu/blog/work-life/author/9230> [3] <https://my.cu.edu> [4] <https://www.cu.edu/blog/work-life/tag/open-enrollment>

[5] <https://www.cu.edu/blog/work-life/tag/benefits> [6]

<https://www.cu.edu/blog/work-life/tag/benefits-enrollment> [7] <https://www.cu.edu/blog/work-life/tag/selections>