

## **Ombuds Resources** <sup>[1]</sup>

We want to provide CU System Administration employees the tools they need to tackle workplace struggles in a safe, neutral place.

That's why System Administration employees have access to all services provided by the [CU Denver| Anschutz Ombuds Office](#) <sup>[2]</sup>.

### **What is the Ombuds Office?**

This helpful resource provides informal and confidential resources to System staff to address sensitive workplace topics in an independent, safe space. Some matters Ombuds professionals can address include:

- Interpersonal conflicts
- Working Conditions
- Disciplinary Actions
- Sexual Harassment
- Conflict Resolution
- Discrimination Issues
- Policy and procedure clarification

### **What services does Ombuds provide?**

Services include tailored department or group training, confidential one-on-one consultations, facilitated conversations, conflict management, climate and cultural development and more.

Find a list of available services [here](#) <sup>[3]</sup>.

### **How do I make an appointment?**

You can make an appointment by visiting the [Ombuds Office](#) <sup>[2]</sup> located at Lawrence Street Center, Suite 1003, 1380 Lawrence St., or over the phone at 303-315-0046.

Find more information on available services, training opportunities and more on the [Ombuds website](#) <sup>[2]</sup>.

#### **Groups audience:**

Employee Services

#### **Right Sidebar:**

ES: HR - Contact

ES:HR - Campus HR Contact Information

ES: HR - Contact CU System HR

[resources/ombuds-resources](#)

### **Links**

[1] <https://www.cu.edu/employee-services/collaborative-hr-services/cu-system/employee-resources/ombuds-resources>

[2] <http://www.ucdenver.edu/about/departments/OmbudsOffice/Pages/OmbudsOffice.aspx>

[3] <http://www.ucdenver.edu/about/departments/OmbudsOffice/Pages/Services.aspx>