

## **Password Management** <sup>[1]</sup>

### **A strong password can protect against cyberattacks.**

CU System employees are required to reset their username and password every 180 days with a new minimum password length of 12 characters.

Employees can reset their password themselves following these [self-service password instructions](#) <sup>[2]</sup>. If you experience any issues, contact the UIS Service Desk at 303-860-4357 (HELP) .

Passwords must have:

- At least one uppercase letter
- At least one lowercase letter
- At least one numeral
- At least one special character
- At least 12 characters in length
- Cannot be one of your previous passwords

Follow these [password creation tips](#) <sup>[3]</sup> to maximize your protection against cybercrime.

**Locked out? [Recover your password](#) <sup>[2]</sup> to regain access to your account.**

### **Resetting a CIW Password?**

You can reset your password by following the [step-by-step instructions](#) <sup>[4]</sup>.

If you encounter issues with resetting your CIW password, please contact [access@cu.edu](mailto:access@cu.edu) <sup>[5]</sup>.

#### **Groups audience:**

University Information Services

#### **Right Sidebar:**

UIS - Campus Help Desks

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**Source URL:**<https://www.cu.edu/passwords>

#### **Links**

<sup>[1]</sup> <https://www.cu.edu/passwords> <sup>[2]</sup> [https://www.cu.edu/docs/how-reset-your-cu-system-account-](https://www.cu.edu/docs/how-reset-your-cu-system-account-password)

[password](https://www.cu.edu/blog/tech-tips/step-your-password%E2%80%99s-strength) <sup>[3]</sup> <https://www.cu.edu/blog/tech-tips/step-your-password%E2%80%99s-strength>

<sup>[4]</sup> <https://www.cu.edu/docs/resetting-your-ciw-password>

<sup>[5]</sup> <mailto:access@cu.edu?subject=CIW%20Password%20Reset>